

Chapter 18

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CHAPTER XVIII

FRUITAGE

Wherefore by their fruits ye shall know them. - JESUS.

That ye might walk worthy of the Lord unto all pleasing, being fruitful in every good work, and increasing in the knowledge of God. -

PAUL.

Let us get up early to the vineyards: let us see if the vine flourish, whether the tender grape appear, and the pomegranates bud forth. -

SOLOMON'S SONG.

NOTE

This version first appeared in the 1907 edition and it remained unchanged thereafter.

Chapter XVIII, page 600, lines unnumbered before first paragraph.

The three quotations are entirely in italics except for the words 'JESUS', 'PAUL', and 'SOLOMON'S SONG'.

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CHAPTER XVIII.

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the 1990s, the number of people in the world who are under 15 years of age is expected to increase by 1.5 billion (United Nations 1999).

There is a growing awareness of the need to address the needs of children in the 21st century. The United Nations Convention on the Rights of the Child (1989) has been signed by 112 countries, and the United Nations Millennium Declaration (2000) has set out a commitment to 'ensure that all children, everywhere, have access to primary education by the year 2015'. The United Nations Secretary-General Kofi Annan (1999) has called for 'a new global compact for children'.

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For the assurance and encouragement of the reader, a few of these letters are here republished from THE CHRISTIAN SCIENCE JOURNAL and CHRISTIAN SCIENCE SENTINEL. The originals are in the possession of the Editor, who can authenticate the testimonials which follow.

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Chapter XVIII, page 600, lines 6-10 (unnumbered).

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This version first appeared in the 226th edition in 1902 and it remained unchanged until the 1907 edition. Chapter XVIII, page 600, lines 6-11 (unnumbered).

RHEUMATISM HEALED

I was a great sufferer from a serious form of rheumatic trouble my hands being affected to such an extent that it was impossible for me even to dress without assistance. The trouble finally reached the knees, and I became very lame and had to be assisted in and out of bed. I went to the different health resorts for the benefit I hoped to derive from the baths and waters that were prescribed by physicians, but found no permanent relief. I was placed under an X-ray examination, and was told that the joints were becoming ossified. I then consulted a celebrated specialist, who after a thorough examination said my condition would continue to grow worse and that I would become completely helpless.

At that time a copy of "Science and Health with Key to the Scriptures" by Mrs. Eddy was loaned me. I read it more from curiosity than with the thought of any physical benefit. As the truth was unfolded to me, I realized that the mental condition was what needed correcting, and that the Spirit of truth which inspired this book was my physician. My healing is complete, and the liberation in thought is manifest in a life of active usefulness rather than the bondage of helpless invalidism and suffering. I owe to our beloved Leader, Mrs. Eddy, gratitude which words cannot express. Her revelation of the practical rather than the merely theoretical application of Jesus' words, "Ye shall know the truth, and the truth shall make you free," proved to be my redeemer. I did not

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even have to apply to a practitioner, but am most grateful for the helpful words of loving friends. - E.B.B., Pasadena, Cal.

NOTE

This testimony first appeared in the 1910 edition and it remained unchanged thereafter.

Pages 600 and 601.

NOTE - MISSING
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3rd line - ADD PUNCT.
comma NOT in 1910 ed
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SAH before 1910.
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CANCER HEALED

I have long felt that I would like to express my gratitude for what Christian Science has done for me. I was led to investigate this wonderful truth by the need of physical healing. I was suffering from malignant cancer in the left breast. I had tried five of our local physicians, but with no relief; in fact I became much worse. I consulted a noted physician in Albany three times and used the medicines which he prescribed. I had known something of Christian Science, but each time I expressed a desire to try it, I met with family opposition. Finally, on returning from my last visit to this doctor, I said, "I know that you cannot help me, and why should I not be permitted to try God?" The opposition was then overcome, because they were discouraged and ready to let me try that which seemed to be the last hope. My husband suggested going after a practitioner, but I already had the wonderful book that Mrs. Eddy has given to the world, - Science and Health, - and the next morning I began to read it. In just three days I removed the plasters, and in three weeks there was not even a scar left. Two ladies, hearing about my healing, called to see if it were true, and asked me to show them the evidence, so that they could tell their friends that they had seen for themselves that there was no scar. I was most grateful that I could do so.

My heart is filled with gratitude to God, and to Mrs. Eddy, for this wonderful truth that has been revealed to

us, by which we may find the peace that passeth all understanding. - Mrs. N.C.C., Oneonta, N.Y.

NOTE

This testimony first appeared in the 1907 edition and it remained unchanged until the 1910 edition.

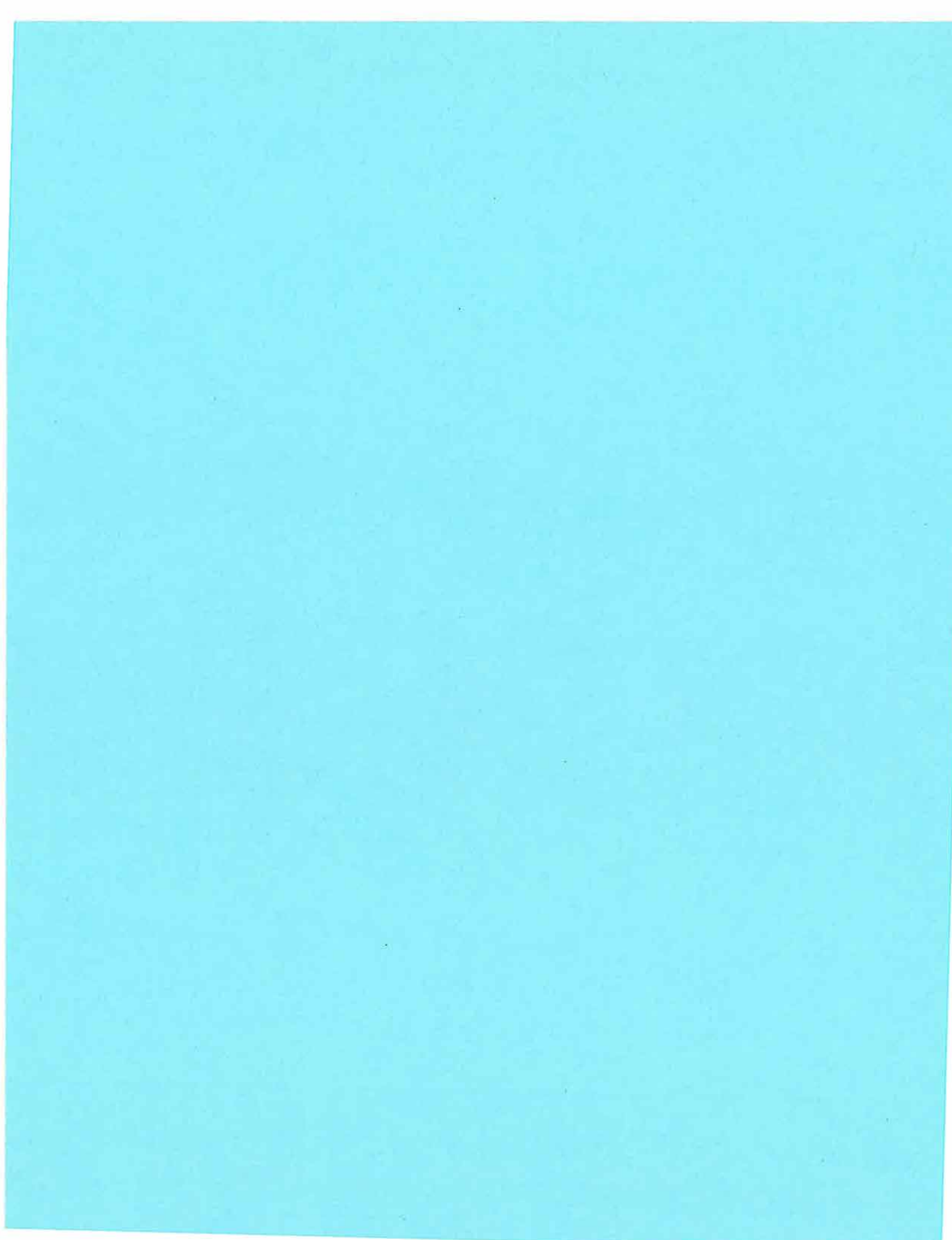
Chapter XVIII, page 600-601.

ALSO NOTE

This is one of only two testimonies which were dropped and replaced by different testimonies after the introduction of the 1907 edition. This testimony, CANCER HEALED, was replaced with the present opening testimony, RHEUMATISM HEALED, in the 1910 edition.

The other testimony which was changed after the 1907 edition is found on pages 639-640 in the final edition as well as in the earlier 1907 edition when a different testimony was used. In the 1907 edition, when Mrs. Eddy replaced all the testimonies in FRUITAGE with new ones, the testimony DEPRAVED APPETITES AND MANY ILLS HEALED was found on the pages 639-640. Then in 1908 this was dropped in favor of the current testimony, STOMACH TROUBLE HEALED.

No other changes in the chapter FRUITAGE occurred after the 1907 edition was introduced except these two cases noted.



ASTIGMATISM AND HERNIA HEALED

It is nearly five years since I bought my first copy of Science and Health, the reading of which cured me of chronic constipation, nervous headache, astigmatism, and hernia, in less than four months.

Where would I be now, had not this blessed truth been brought to me by much persuasion of a very dear friend? I certainly should have been deep in the slough of despond, if not in the grave. Am I truly thankful for all the good that has come to me and mine? I try to let my works testify of that; but to those whom I do not meet in person, I can truly say, Yes; I am indeed more thankful than words can express for the glorious healing that has come to me, both physical, mental, and moral, and I also convey herein, my song of gratitude to the dear Leader who has through her fidelity to Truth enabled me to touch at least the hem of Christ's garment. - B.S.J., Sioux City, Iowa.

NOTE

This testimony first appeared in the 1907 edition and it remained unchanged thereafter.

Pages 601 and 602.

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the 1990s, the number of people with a mental health problem has increased by 50% (Mental Health Foundation 1999). The prevalence of mental health problems in the UK is estimated to be 10% (Mental Health Foundation 1999).

There is a growing awareness of the need to address the needs of people with mental health problems. The Department of Health (1999) has set out a strategy for mental health care, which aims to improve the lives of people with mental health problems and to reduce the burden of mental health problems on society. The strategy is based on three main principles: (1) to promote the recovery of people with mental health problems; (2) to provide a range of services to meet the needs of people with mental health problems; and (3) to ensure that people with mental health problems are treated with respect and dignity.

The strategy is based on the following assumptions: (1) that people with mental health problems are individuals with unique experiences and needs; (2) that people with mental health problems are capable of recovery; (3) that people with mental health problems should be treated with respect and dignity; and (4) that people with mental health problems should be given the opportunity to participate in decisions about their care and treatment. The strategy is based on the following principles: (1) to promote the recovery of people with mental health problems; (2) to provide a range of services to meet the needs of people with mental health problems; and (3) to ensure that people with mental health problems are treated with respect and dignity.

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SUBSTANCE OF LUNGS RESTORED

It was about fifteen years ago that Christian Science first came to my notice. At that time I had been a chronic invalid for a good many years. I had acute bowel trouble, bronchitis, and a number of other troubles. One physician had told me that my lungs were like wet paper, ready to tear at any time, and I was filled with fear, as my mother, two brothers, and a sister had been victims of consumption. I tried many physicians and every material remedy that promised help, but no help came until I found a copy of Mrs. Eddy's book, Science and Health. The book was placed in my hands by one who did not then appreciate it, and I was told that it would be hard for me to understand it. I commenced reading it with this thought, but I caught beautiful glimpses of Truth, which took away my fear and healed me of all those diseases, and they have never returned.

I would also like to tell how I was healed of a sprained ankle. The accident occurred in the morning, and all that day and during the night I gave myself Christian Science treatment, as best I could. The next morning it seemed to be no better, being very sore, badly swollen, and much discolored. Feeling that I had done all I could, I decided to stop thinking about it. I took my copy of Science and Health and began reading. Very soon I became so absorbed in the book that I forgot all about my ankle; it went entirely out of my thought, for I had

a glimpse of all God's creation as spiritual, and for the time being lost sight of my material selfhood. After two hours I laid the book down and walked into another room. When next I thought of my ankle, I found it was not hurting me. The swelling had gone down, the black and blue appearance had nearly vanished, and it was perfectly well. It was healed while I was "absent from the body" and "present with the Lord." This experience was worth a great deal to me, for it showed me how the healing is done. - C.H., Portland, Ore.

NOTE

This version first appeared in the 1907 edition and it remained unchanged thereafter.

Chapter XVIII, page 602 and 603.

FIBROID TUMOR HEALED IN A FEW DAYS

My gratitude for Christian Science is boundless. I was afflicted with a fibroid tumor which weighed not less than fifty pounds, attended by a continuous hemorrhage for eleven years. The tumor was a growth of eighteen years.

I lived in Fort Worth, Tex., and I had never heard of Christian Science before leaving there for Chicago in the year 1887. I had tried to live near to God, and I feel sure He guided me in all my steps to this healing and saving truth. After being there several weeks I received letters from a Texas lady who had herself been healed, and who wrote urging me to try Christian Science.

Changing my boarding-place, I met a lady who owned a copy of Science and Health, and in speaking to her of having seen the book, she informed me she had one, and she got it and told me I could read it. The revelation was marvellous and brought a great spiritual awakening. This awakened sense never left me, and one day when walking alone it came to me very suddenly that I was healed. When I reached my boarding-place, I found my hostess and told her I was healed. She looked the picture of amazement. The tumor began to disappear at once, the hemorrhage ceased, and perfect strength was manifest.

There was no joy ever greater than mine for this Christ-cure, for I was very weary and heavy laden. I thought

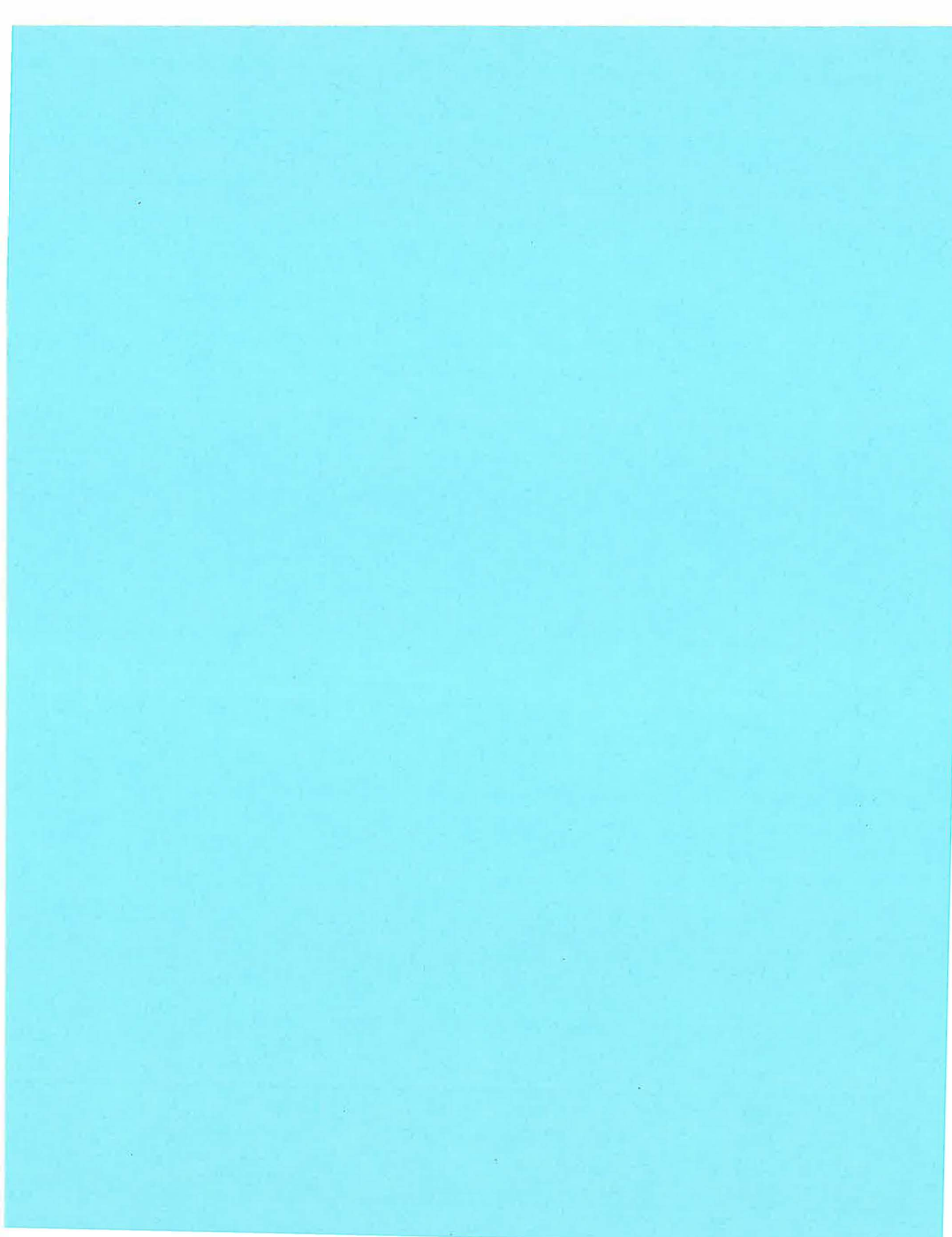
very little of either sleeping or eating, and my heart was filled with gratitude, since I knew I had touched the hem of his garment.

I must add that the reading of Science and Health, and that alone, healed me, and it was the second copy I ever saw. - S.L., Fort Worth, Tex.

NOTE

This testimony first appeared in the 1907 edition and it remained unchanged thereafter.

Chapter XVIII, page 603 and 604.



INSANITY AND EPILEPSY HEALED

While an inmate of the State asylum for the insane at Middletown, Conn., an epileptic, and at times confined to my bed with bilious attacks, pronounced incurable by the doctors (at least six in number), the book, Science and Health with Key to the Scriptures, by Mrs. Eddy was placed in my hands. After reading a few pages, I became very much impressed with the truth therein stated, and although I was surrounded with opposition, I knew that "underneath are the everlasting arms." Since that time - past the middle of the year 1899 - I have kept pressing on, until I have been healed by reading Science and Health. At times I was beset by what seemed unconquerable opposition, until the first week in October, 1904, when, upon going to my home in Darien for a visit, I was given my liberty, and I am now earning my living in this city. After having been subject to epileptic attacks since 1892, and at one time pronounced dying by the doctor in charge, I am now well. I have had no fit, or symptoms of any, since the first week in May, 1904.

I trust that this testimony to the healing power of Truth, realized by reading Science and Health (for I had no treatment), may reach the eye of some to whom the battle seems long, and inspire them with fresh courage and a realization of the worth of the victory. I am filled with inexpressible gratitude and love to God, and to Mrs. Eddy. - Mrs. B.B.C., Stamford, Conn.

NOTE

This testimony first appeared in the 1907 edition and it remained unchanged thereafter.

Chapter XVIII, page 604 and 605.

SPINAL TROUBLE AND INDIGESTION HEALED

For many years I have relied wholly upon Christian Science for healing; and I am glad to acknowledge the spiritual help and many other benefits received from following its teachings. I have great cause to be grateful to God and to our revered Leader, Mrs. Eddy, for these blessings, which her discovery and love for humanity made possible. I had read but a few pages in our textbook, "Science and Health with Key to the Scriptures," when I saw that it was the truth, and that it contained something I had thought could never be found in this existence. Proofs of healing came immediately, and I was able to do much useful work without a sense of burden or fatigue.

As time went on I learned the nothingness of discouragement, and understood in a measure that God is my Life and that all action is in divine Mind. I was healed of spinal trouble; and nervousness and weakness faded away and were replaced by health and strength. A larger sense of joy and gratitude did much towards overcoming indigestion, which had caused suffering for a number of years. A sprained ankle was cured in a few hours by applying what I understood of Christian Science, and by holding steadfastly to the statement our Leader makes on page 384 of Science and Health, that "God never punishes man for doing right, for honest labor, or for deeds of kindness." The following day I walked two miles with no sense of discomfort.

Beliefs of heredity and lack have been overcome, and self-will, self-love, and pride are less in evidence. - Miss G.W., Brookline, Mass.

NOTE

This version of testimony was never a part of Science and Health until after Mrs. Eddy's passing, at which time the Board of Directors determined to remove the testimony Mrs. Eddy had selected, INSANITY AND EPILEPSY HEALED, and substitute this testimony in its place. SPINAL TROUBLE AND INDIGESTION HEALED was selected by the Board and placed into Science and Health in the year 1925. The reasoning for this change was given by the Board of Directors in an article entitled AN IMPORTANT DECISION found in the Christian Science Sentinel, dated January 8, 1955.

A CASE OF MENTAL SURGERY

I have felt for some time I should give my experience in mental surgery. In May, 1902, going home for lunch, on a bicycle, and while riding down a hill at a rapid gait, I was thrown from the wheel, and falling on my left side with my arm under my head, the bone was broken about half-way between the shoulder and elbow. While the pain was intense, I lay still in the dust, declaring the truth and denying that there could be a break or accident in the realm of divine Love, until a gentlemen came to assist me, saying, he thought I had been stunned. I was only two and a half blocks from home, so I mounted my wheel again and managed to reach it. On arriving there I lay down and asked my little boy to bring me our textbook. He immediately brought Science and Health, which I read for about ten minutes, when all pain left.

I said nothing to my family of the accident, but attended to some duties and was about half an hour late in returning to the office, this being my only loss of time from work. My friends claimed that the arm had not been broken, as it would have been impossible for me to continue my work without having it set, and carrying it in a sling until the bone knit together. Their insistence almost persuaded me that I might have been mistaken, until one of my friends invited me to visit a physician's office where they were experimenting with an X-ray ma-

chine. The physician was asked to examine my left arm to see if it differed from the ordinary. On looking through it, he said, "Yes, it has been broken, but whoever set it made a perfect job of it, and you will never have any further trouble from that break." My friend then asked the doctor to show how he could tell where the break had been. The doctor pointed out the place as being slightly thicker at that part, like a piece of steel that had been welded. This was the first of several cases of mental surgery that have come under my notice, and it made a deep impression on me.

For the benefit of others who may have something similar to meet, I will say that I have overcome almost constant attacks of sick headaches, extending back to my earliest recollection. - L.C.S., Salt Lake City, Utah.

NOTE

This testimony first appeared in the 1907 edition and it remained unchanged thereafter.

Chapter XVIII, page 605, 606, and 607.

CATARACT QUICKLY CURED

I wish to add my testimony to those of others, and hope that it may be the means of bringing some poor sufferer to health, to happiness, and to God. I was healed through simply reading this wonderful book, Science and Health. I had been troubled periodically for many years with sore eyes, and had been to many doctors, who called the disease iritis and cataract. They told me that my eyes would always give me trouble, and that I would eventually lose my sight if I remained in an office, and advised me to go under an operation. Later on I had to wear glasses at my work, also out of doors as I could not bear the winds, and my eyes were gradually becoming worse. I could not read for longer than a few minutes at a time, otherwise they would smart severely. I had to rest my eyes each evening to enable me to use them the next day; in fact gas-light was getting unbearable because of the pain, and I made home miserable. A dear brother told me about Christian Science, and said that if I would read Science and Health it would help me. He procured for me the loan of the book. The first night I read it, it so interested me I quite forgot all about my eyes until my wife remarked that it was eleven o'clock. I found that I had been reading this book for nearly four hours, and I remarked immediately after, "I believe my eyes are cured," which was really the case. The next day, on looking at my eyes, my wife noticed that the cataract had disappeared. I put away

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my outdoor glasses, which I have not required since, and through the understanding gained by studying Christian Science I have been able to do away with my indoor glasses also, and have had no return of pain in my eyes since. This is now a year and a half ago. - G.F.S., Liverpool, England.

NOTE

This version first appeared in the 1907 edition and it remained unchanged thereafter.

Chapter XVIII, page 607-608.

VALVULAR HEART DISEASE HEALED

Fourteen years ago my heart awoke to gratitude to God and the dear Leader at the same time. After a patient and persistent effort of three months' duration, to procure a copy of Science and Health (during which time I had visited every bookstore, and many of the second-hand bookstores in the city of St. Paul), and had failed to find it, I at last remembered that the stranger who told me I might be healed, had mentioned a name, and McVicker's Theatre Building in Chicago as being in some way connected with the work. I sent there for information regarding a book called Health and Science, and the return mail brought me the book, Science and Health, and in it I at once found sure promise of deliverance from valvular heart disease, with all the accompaniments, such as extreme nervousness, weakness, dyspepsia, and insomnia. I had suffered from these all my life, finding no permanent relief, even, in material remedies, and no hope of cure at any time. Only those who have been healed in such bondage and have been liberated by the same means, can know the eager joy of the first perusal of that wonderful book.

Half a day's reading convinced me that I had found the way to holiness and health. I read on, thinking only of the spiritual enlightenment, content to wait until I should be led to some person who would heal me; but old things had passed away, and all things had become new. I was completely healed before I had met a Scien-

tist, or one who knew anything about Christian Science, and before I had read a line of any other Christian Science literature except one leaf of a tract; so it is absolutely certain that the healing was entirely impersonal, as was also the teaching, which enabled me to begin at once demonstrating the power of Truth to destroy all forms of error. - E.J.W., North Yakima, Wash.

NOTE

This testimony first appeared in the 1907 edition and it remained unchanged thereafter.

Chapter XVIII, page 608-609.

THE TRUE PHYSICIAN FOUND

It is with a deep sense of gratitude that I send the particulars of my healing through Christian Science. While visiting friends in the southwestern part of Ontario, about three years ago, my attention was called to Christian Science and the wonderful healing it was doing. I had lived in New York for twenty-five years, but had never heard of Christian Science before, to my recollection.

Up to that time, for seventeen years, I had suffered with indigestion and gastritis in the worst form, often being overcome from a seeming pressure against the heart. I had asthma for four years, also had worn glasses for four years. It seemed to me that I had swallowed every known medicine to relieve my indigestion, but they only gave me temporary benefit. I purchased a copy of Science and Health; and simply from the reading of that grand book I was completely healed of all my physical ailments in two weeks' time. I have used no medicine from that day to this, and with God's help, and the wonderful light revealed to me through the reading of Mrs. Eddy's book, I never expect to again. I used to smoke eight or ten cigars a day, and also took an occasional drink, but the desire for these has gone, - I feel forever. I travel on the road, and am constantly being invited to indulge, but it is no effort to abstain, and in many instances I find that my refusal helps others.

While I fully appreciate the release from my physical troubles, this pales into insignificance in comparison with the spiritual uplifting Christian Science has brought me. I had not been inside a church for more than ten years, to attend regular services, until I entered a Christian Science church. What I saw and realized there, seemed so genuine that I loved Christian Science from the very start. I have never taken a treatment, - every inch of the way has been through study and practical demonstration, and I know that all can do the same thing if they will try.

Since I have been in Science I have overcome a case of ulcerated tooth in one night through the reading of Science and Health; also a severe attack of grip in thirty-six hours by obeying the Scripture saying, "Physician, heal thyself." - B.H.N., New York, N.Y.

NOTE

This version first appeared in the 1907 edition and it remained unchanged thereafter.

Chapter XVIII, page 609-610.

CANCER AND CONSUMPTION HEALED

I was a great sufferer for many years from internal cancer and consumption. I was treated by the best of physicians in New York, Minneapolis, and Duluth, and was finally given up as incurable, when I heard of Christian Science. A neighbor who had been healed of consumption, kindly loaned me Science and Health by Mrs. Eddy, which I read and became interested in. In three months' time, I was healed, the truth conveyed to me by this book being the healer, and not only of these diseases, but I was made whole mentally as well. I have not been in bed one day since, or rather in eleven years. I have had many good demonstrations during this time, have passed through many a "fiery trial," but this blessed truth has caused me to stand, at times seemingly alone, and God was with me.

I will mention a demonstration of painless childbirth which I have had since coming to Idaho. Perhaps it may help some sister who is looking through the Journal for a demonstration of this kind, as I was before my baby came. Good help being scarce here, I did my housework up to the time I was confined, and was in perfect health. I awoke my husband one morning at five o'clock, and at half past five baby was born, no one being present but my husband and myself. It was quite a surprise to the rest of the family to see me sitting by the fire with a new baby on my lap. My son got the breakfast, of which I ate heartily; at noon I joined the family in the dining-

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room. I was out on the porch the second day, around the yard the third day, and have been perfectly well ever since, which has been now over three years. To one who had previously passed through agony untold, with a physician in attendance, this seemed wonderful. I hope this will interest some one who is seeking the truth, and I wish to express my sincere love for our beloved Leader, who has given us the "Key to the Scriptures." - E.C.C., Lewiston, Idaho.

NOTE

This version first appeared in the 1907 edition and it remained unchanged thereafter.

Chapter XVIII, page 610-612.

A REMARKABLE CASE

Nine years ago my only child was hovering between life and death. Some of the best physicians in Boston had pronounced his case incurable, saying that if he lived he would always be an invalid and a cripple. One of the diseases was gastric catarrh. He was allowed to eat but very few things, and even after taking every precaution, he suffered to the extent that he would lie in spasms for half a day. He also had rickets; physicians saying that there was not a natural bone in his body.

It was while he was in what seemed to be his greatest agony, and when I was in the darkest despair, that I first heard of Christian Science. The bearer of the joyful tidings could only tell me to come and hear of the wonderful things that Christian Science was doing. I accepted the invitation, for I was willing to try anything to save my child, and the following Friday evening I attended my first meeting, which was in The Mother Church of Christ, Scientist. Long before the service began every seat was filled, which was amazing to me, being an ordinary weekly meeting, and that night I realized from the testimonies given that Christian Science was the religion for which I had been searching for years. The next day I went to find a practitioner, but was unable to get the one who had been recommended, he being too busy. On my way home I thought of some of the testimonies which I had heard the night before, - of people being

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healed by simply reading Science and Health. I resolved at once to borrow a copy, and not dreaming of the sacrifice that my friend would make by conferring such a favor, I went and asked her for a loan of Science and Health. I never saw any one part so reluctantly with a book as my friend did with her copy of the textbook.

I read it silently and audibly, day and night, in my home, and although I could not seem to understand it, yet the healing commenced to take place at once. The little mouth which had been twisted by spasms grew natural and the child was soon able to be up, playing and romping about the house as any child should. About this time we decided to move to the far West.

I was young in Science at the time, and my husband greatly feared that the journey would cause a relapse for the child, but instead, he continued to improve. I constantly read the Bible, Science and Health, and Miscellaneous Writings, the two weeks we traveled, and we were the only ones in our car who, throughout the journey, did not get train sick. The child's limbs grew perfectly straight, he ate anything he wanted, and for years he has been a natural, healthy child in every way. He has passed through some of the worst forms of contagion untouched and unharmed.

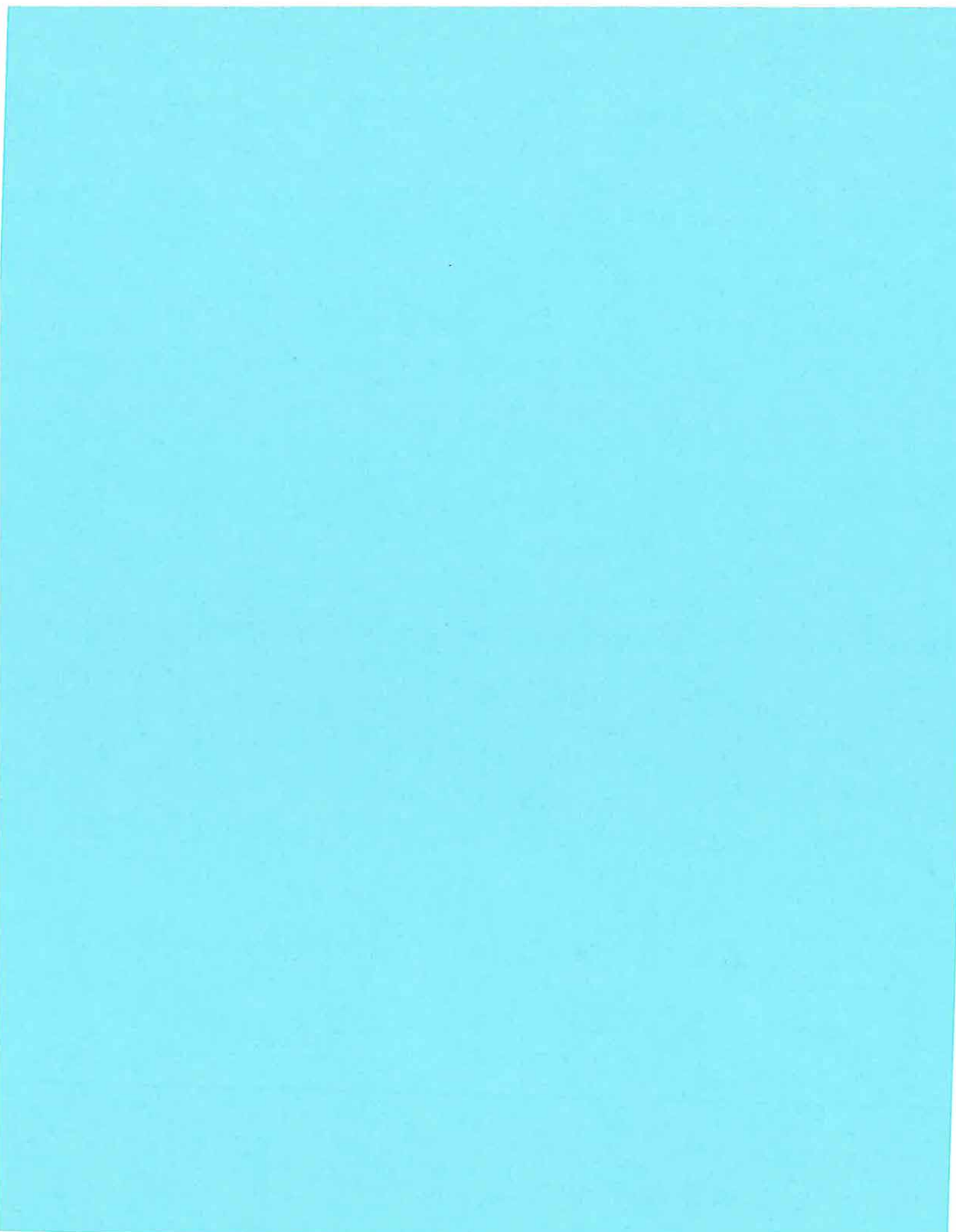
I had been reading Science and Health several months, before I gave any thought to myself and my numerous complaints. I had never been very strong, and some of

my ailments were supposed to be hereditary and chronic, hence I dragged through many tedious years with a belief in medical laws and hereditary laws resting upon me. Just before I commenced reading Science and Health I spent a half day in having my eyes examined by one of the leading oculists in Boston. His verdict was that my eyes were in a dreadful condition, and that I would always need to wear glasses. In the meantime I commenced to read Science and Health, and when I thought of my eyes, I had no need for glasses. The years that I have been in Science I have used my eyes incessantly, without requiring the aid of glasses. I was healed of all my complaints whilst seeking the truth for my child, and many of them have never returned. Those that appeared simply came to the surface to be destroyed. Teeth have been restored and facial blemishes removed, unconsciously, simply by reading Science and Health. All of this is, however, nothing to compare with the spiritual uplifting which I have received, and I have everything to be thankful for. - M.T.W., Los Angeles, Cal.

NOTE

This testimony first appeared in the 1907 edition and it remained unchanged thereafter.

Chapter XVIII, page 612-614.



INTENSE SUFFERING OVERCOME

For about five years I was afflicted with sciatic rheumatism, in such a severe form that my body was drawn out of shape. When able to be around, I walked with the assistance of a cane. The attacks were periodical, recurring every few months; any exposure to rain or dampness would bring one. At one time I was in bed eleven weeks, suffering intensely all the time except when relieved by hypodermic injections. When I had these attacks, my regular physician was always in attendance. My daughter consulted another physician, who said there would have to be an operation which would include the exposing and scraping of the sciatic nerve. There was also another physician who, knowing of the case, examined my heart and claimed that it was weak and that I was liable to pass on at any time from heart trouble.

After suffering three years I heard of Christian Science, but did not avail myself of it for two years, when I decided to give up all other means and rely wholly upon it. It was not convenient to call a practitioner, so I took Science and Health and applied its teachings as best I could. In three days the trouble completely left me and there has never been the slightest return. My health has been good ever since, and I am at present in perfect physical health. I have been benefited in every way by Christian Science, physically, mentally, and spiritually, and would not be without my understand-

16-1

ing of it for anything. - Mrs. E.A.K., Billings,
Mont.

NOTE

This testimony first appeared in the 1907 edition and it
remained unchanged thereafter.

Chapter XVIII, page 614-615.

HEALED OF RHEUMATISM AND BRIGHT'S DISEASE

I am very thankful to God for what He has done for me. I was suddenly left alone, with many troubles and trials, and I took up the study of the Bible. I was trying to understand it, prior to joining some church, as it seemed to me this would be expected. I had attended all sorts of churches from my childhood up, but never could find any that met my need. As time passed on, my condition became very alarming. Sciatic rheumatism, that had troubled me for some years, became so severe I could scarcely do anything. Then there appeared some complications, so distressing that I was unable to walk far, and had to sit down frequently by the way. I thought I had Bright's disease, - such excruciating pains, no tongue could tell my sufferings. With all these things upon me, death seemed very near. I had never joined any church, and I thought it now too late, as I would have to wait six months on probation, and I would be dead before that.

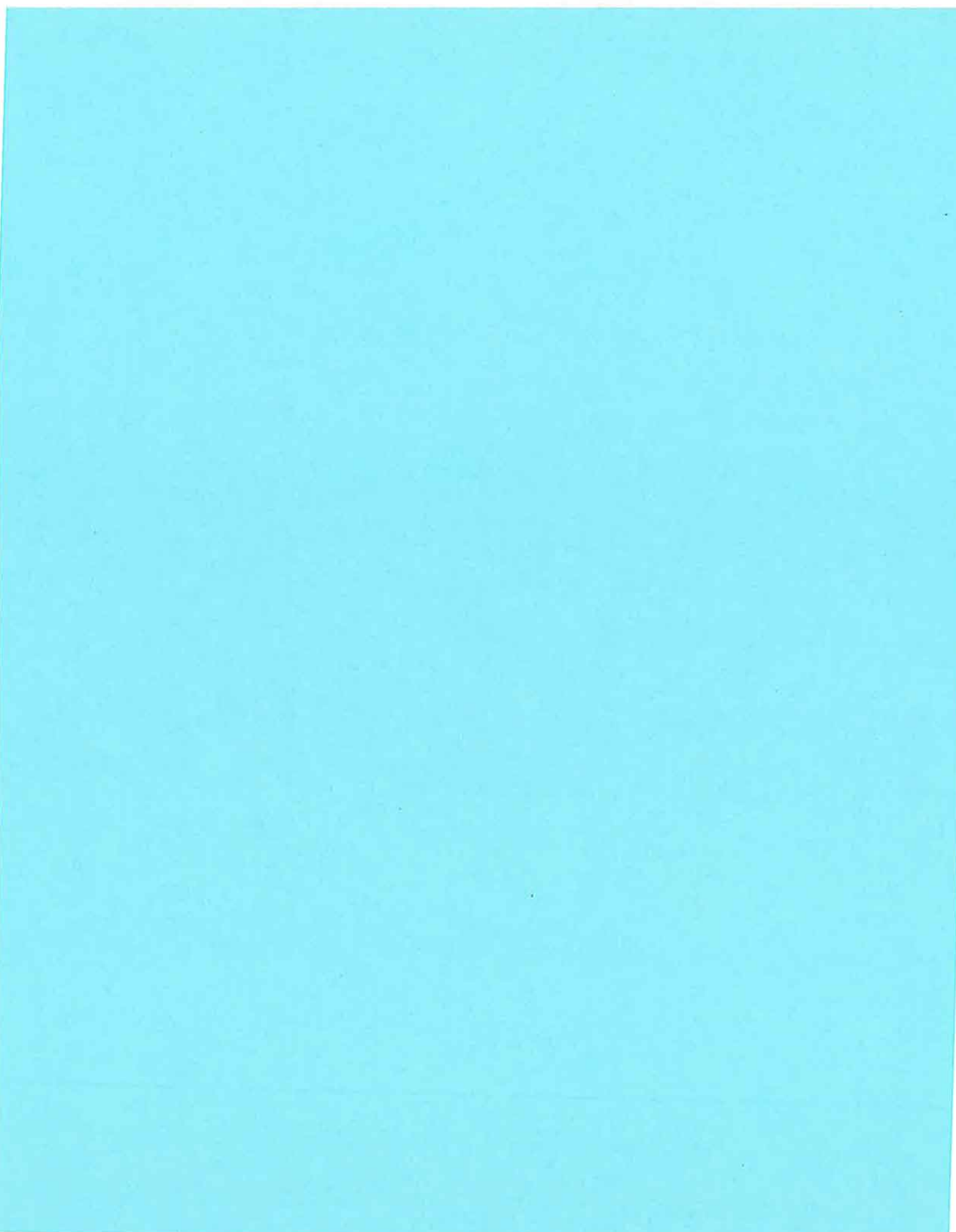
About this time I made some inquiries of my sister in reference to Christian Science, as she had already turned to that faith, and I soon found that it was just what I had been looking for. I saw at once that it declared the truth and nothing but the truth. I commenced reading Science and Health, also the New Testament. I wanted to find out what Jesus said, as I did not expect then to live long. I did not go to the meetings, nor did I read Science and Health to be cured, - not thinking of that, - but to be

saved from an everlasting hell hereafter. My sister urged me to have a practitioner, but I kept on reading, and praying to God in silence, and what happened? Where had the diseases gone? I persisted in reading Science and Health, together with the Bible, with the knowledge that God as revealed by Christ Jesus can do everything, that He made everything that was made, that He can and does heal the afflicted. He has healed me, thanks to His most holy name. - G.J.H., Charleston, Ill.

NOTE

This testimony first appeared in the 1907 edition and it remained unchanged thereafter.

Chapter XVIII, page 615-616.



GRATEFUL FOR MANY BLESSINGS

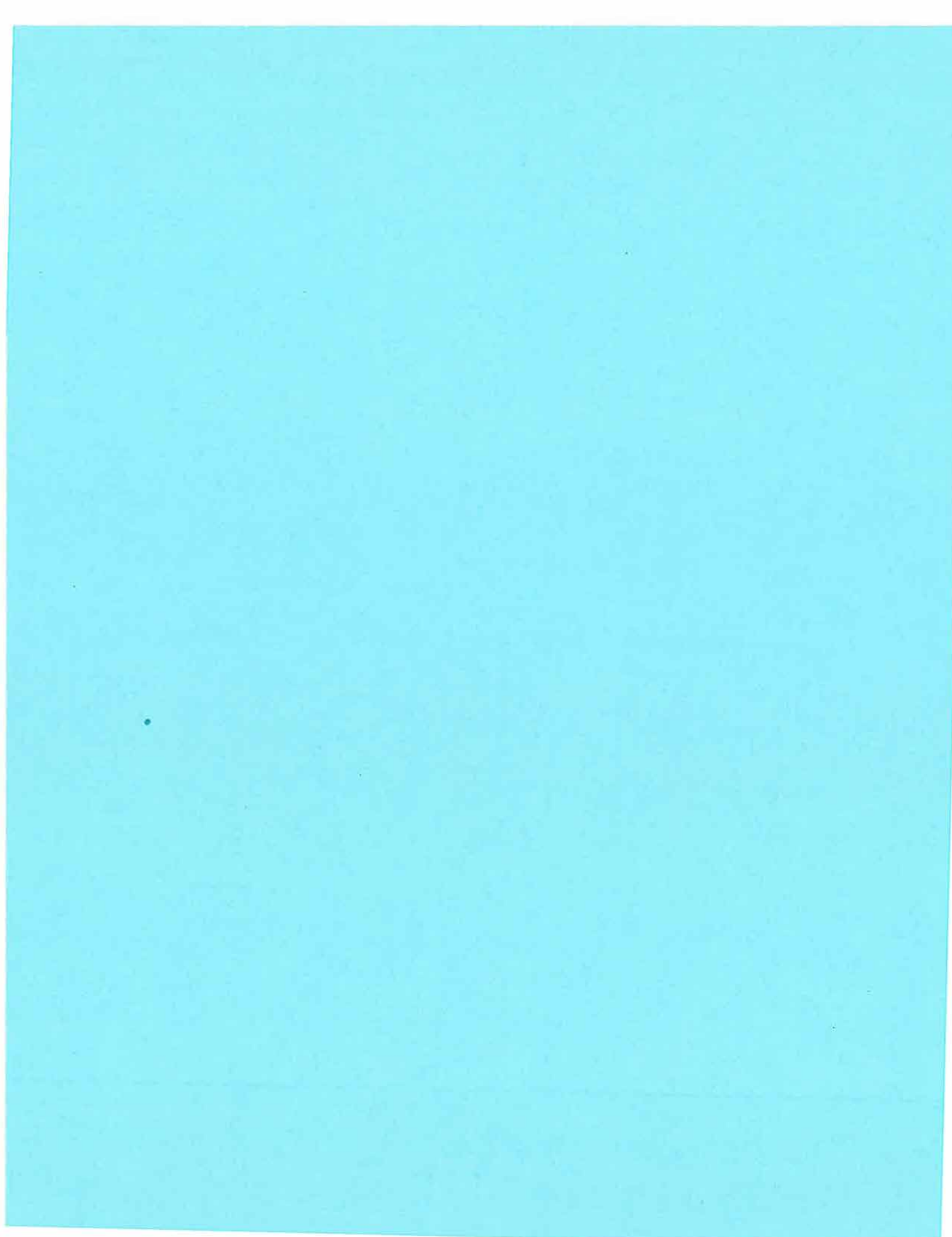
In the year 1901, Christian Science found me a hopeless invalid. I had suffered for seven years previous with a very painful back, the result of an operation. I could get no rest or sleep at night, as I could not lie down, but had to sit propped in a chair with pillows around me. Only those who have suffered as I did can know the full misery of it. I had come to the end of material means and never hoped to get well. One day, however, while out walking, it was my good fortune to come to a Christian Scientist's house, and there the teaching was explained to me. I was advised to buy Science and Health, which I did, and the study of this book has healed my back entirely. Christian Science has also cured me of long-standing catarrh of the throat, and neuralgia with which I had been afflicted from childhood. Before coming into Science I had doctored with three of the best physicians in Seattle, but none could give me relief.

I am no longer a sufferer, but rejoice exceedingly in Christian Science. God's promise has been fulfilled to me, "But unto you that fear my name shall the Sun of righteousness arise with healing in his wings." - E.O., Georgetown, Wash.

NOTE

This version first appeared in the 1907 edition and it remained unchanged thereafter.

Chapter XVIII, page 616-617.



FREED FROM NEURASTHENIC AND OTHER TROUBLES

Christian Science found in me a minister's son who had failed to profit by continuous teaching in the old thought. Some years ago I was pronounced by a professor of materia medica, whose works are in general use, a neurasthenic. I had been in this condition more or less for eight years, and up to two years ago, when Christian Science was first brought to my attention (thanks to Almighty God) through a kind friend, I was almost constantly taking medicine and had in all eleven physicians who undoubtedly did their best, but without avail, notwithstanding almost all known drugs were prescribed, and further I had tried very many patent medicines. I was also put through forms of hygienic treatment and other things that offered inducements. At the time of coming into Science I was taking three times daily forty minims of cod-liver oil and three of creosote, also three drops of Fowler's solution of arsenic, and on the month or so previous had bought eighteen dollars' worth of patent medicine. I was restricted to the simplest means of diet, - all stews, fries, sweets, berries, and tomatoes I had not touched for two years.

I started to read Science and Health, and before I had half finished the book once I was eating everything that any one does. I read the book eleven times straight ahead and many times skipping about. The book has done the work and I am a well man. - C.E.M., Philadelphia, Pa.

NOTE

This testimony first appeared in the 1907 edition and it remained unchanged thereafter.

Chapter XVIII, page 617-618.

MANY ILLS OVERCOME

I have received much help, spiritually and physically, through Christian Science. I had what the doctors diagnosed as muscular rheumatism, dropsy, and constipation of thirty years' standing. A dear friend whom I had known as an invalid had been healed by Christian Science and advised me to read Science and Health. I did so, having a desire to know the truth. One of my troubles was that I could not sleep. I began reading the Bible and the Christian Science textbook, and troubles of every kind disappeared before I had read Science and Health through. The thought came, What about the old remedies? but truth prevailed, and I took all the material remedies I had and threw them away. That was seven years ago, and I have not had any use for them since. My husband was healed of the tobacco habit of fifty years' standing, also of kidney trouble, by reading Science and Health. I have not words to express the gratitude I feel to-day for the many blessings that have come to our home. - Mrs. M.K.O., Seattle, Wash.

NOTE

This testimony first appeared in the 1907 edition and it remained unchanged thereafter.

Chapter XVIII, page 618-619.

A HELPFUL HEALING

I became interested in Christian Science about eleven years ago, and was healed of neuralgia of the stomach, from which I had suffered from a child. As I grew older, the spells became more frequent and more severe; the only relief physicians could give me was by hypodermic injections of morphine. Finally, after each spell, I would be prostrated for a day or two with the after-effect of the morphine. I was entirely healed of this trouble through the study of Science and Health. I think I never realized what fear meant until I began to try and put into practice my understanding of Christian Science for my children. I have proved, however, many times, that fear can neither help nor hinder in our demonstration of truth. The first time I realized this was in the overcoming of a severe case of croup for my little boy. I was awakened one night by the sound that seems to bring terror to every mother's heart, and found the little fellow sitting up in bed, gasping for breath. I got up, took him in my arms, and went into the next room. My first thought was, "O if only there was another Christian Scientist in town!" But there was not, and the work must be done and done quickly. I tried to treat him, but was so frightened I could not think; so I picked up Science and Health, which lay on the table beside me, and began reading aloud. I had read but a few lines when these words came to me as though a voice spoke, "The word of God is quick, and powerful,

and sharper than any two-edged sword." Almost immediately after, the little one said, "Mamma, sing 'Shepherd,'" - our Leader's hymn, that both the big and the little children love. I began singing, and commencing with the second line, the little voice joined me. I shall never forget the feeling of joy and peace that came over me, when I realized how quickly God's word, through Science and Health and the beautiful hymn, had accomplished the healing work. This is only one of many instances in which the power of God's word to heal has been demonstrated in our home. - A.J.G., Riverside, Cal.

NOTE

This testimony first appeared in the 1907 edition and it remained unchanged thereafter.

Chapter XVIII, page 619-620.

RELIEF FROM MANY ILLS

Paul said, "Be ye transformed by the renewing of your mind." In my own case deafness has been overcome by an enlarged understanding of God's word, as explained by Mrs. Eddy in Science and Health. Many times I have been enabled to turn to God, to know it was His will to help in trouble, and obtained the needed benefit. Catarrh has disappeared; tonsillitis, which very frequently laid me aside from duties in the schoolroom and home, is no longer manifest. When temptation comes (for Christian Science is both preventive and curative), I turn to that wonderful book, Science and Health, and my precious Bible, grown dearer since read in the new light of spiritual understanding, until I know that my mind is renewed, because the action is changed and the inflammation has abated.

Thus in my experience in Christian Science, I have seen the transformation begun, and Truth is able to perfect that which is begun in me so gloriously. - Mrs. C.A. McL., Brooklyn, Nova Scotia.

NOTE

This version first appeared in the 1907 edition and it remained unchanged thereafter.

Chapter XVIII, page 620-621.

The first part of the paper discusses the importance of maintaining accurate records of all transactions. It emphasizes that proper record-keeping is essential for the success of any business and for the protection of the interests of all parties involved. The author argues that without accurate records, it is impossible to make informed decisions or to identify areas for improvement.

The second part of the paper focuses on the importance of maintaining accurate records of all transactions. It emphasizes that proper record-keeping is essential for the success of any business and for the protection of the interests of all parties involved. The author argues that without accurate records, it is impossible to make informed decisions or to identify areas for improvement.

The third part of the paper discusses the importance of maintaining accurate records of all transactions. It emphasizes that proper record-keeping is essential for the success of any business and for the protection of the interests of all parties involved. The author argues that without accurate records, it is impossible to make informed decisions or to identify areas for improvement.

The fourth part of the paper focuses on the importance of maintaining accurate records of all transactions. It emphasizes that proper record-keeping is essential for the success of any business and for the protection of the interests of all parties involved. The author argues that without accurate records, it is impossible to make informed decisions or to identify areas for improvement.

The fifth part of the paper discusses the importance of maintaining accurate records of all transactions. It emphasizes that proper record-keeping is essential for the success of any business and for the protection of the interests of all parties involved. The author argues that without accurate records, it is impossible to make informed decisions or to identify areas for improvement.

The sixth part of the paper focuses on the importance of maintaining accurate records of all transactions. It emphasizes that proper record-keeping is essential for the success of any business and for the protection of the interests of all parties involved. The author argues that without accurate records, it is impossible to make informed decisions or to identify areas for improvement.

The seventh part of the paper discusses the importance of maintaining accurate records of all transactions. It emphasizes that proper record-keeping is essential for the success of any business and for the protection of the interests of all parties involved. The author argues that without accurate records, it is impossible to make informed decisions or to identify areas for improvement.

The eighth part of the paper focuses on the importance of maintaining accurate records of all transactions. It emphasizes that proper record-keeping is essential for the success of any business and for the protection of the interests of all parties involved. The author argues that without accurate records, it is impossible to make informed decisions or to identify areas for improvement.

The ninth part of the paper discusses the importance of maintaining accurate records of all transactions. It emphasizes that proper record-keeping is essential for the success of any business and for the protection of the interests of all parties involved. The author argues that without accurate records, it is impossible to make informed decisions or to identify areas for improvement.

The tenth part of the paper focuses on the importance of maintaining accurate records of all transactions. It emphasizes that proper record-keeping is essential for the success of any business and for the protection of the interests of all parties involved. The author argues that without accurate records, it is impossible to make informed decisions or to identify areas for improvement.

HEALTH AND PEACE ATTAINED

For fifteen years I was a great sufferer physically and mentally. Eminent physicians treated me for hereditary consumption, torpid liver, and many other diseases. I sought relief at famous springs, the ozone of Florida, and the pure air of Colorado, but in vain. My life was one ceaseless torture.

During all this time, however, I was an earnest seeker after Truth. I examined every religious teaching with a calm and unprejudiced attention. From an orthodox Protestant I became a skeptic, and a follower of Voltaire, Tom Paine, and Ingersoll; yet all the while I retained faith in a supreme intelligent Being who made all. Sick, weary, doubting, and despairing, I accidentally went into a Christian Science church in New York City, on a Wednesday evening, not knowing what kind of a place it was. Seeing a large number of people going into the building, I followed, supposing that a marriage ceremony had attracted the crowd. Being informed it was their regular Wednesday evening service, I inquired as to the denomination. I concluded that it was another new fad, but after investigation I procured a copy of Science and Health, promising I would read it carefully. I began reading the book on Tuesday and finished on Friday of the same week. I was still in the dark. I laid the book down, involuntarily closed my eyes, and silently prayed to God.

I remained in that attitude a few moments, when I

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felt like the mariner who had been tossed for days upon a boisterous sea, the clouds bending low, the billows rolling high, all nature wrapped in darkness; in his despair he kneels and commits his soul to God, when he suddenly beholds the North Star breaking through the clouds, enabling him to guide his ship to the shores of safety. Many things were made plain to me. I saw that there is one Fatherhood of God and one brotherhood of man; that though "once I was blind, now I see;" that there was no more pain, nor aches, no fear, nor indigestion. I slept that night like a babe and awoke next morning refreshed. There are now no traces whatever of my former complaint and I feel like a new being. - L.P., New York, N.Y.

NOTE

This testimony first appeared in the 1907 edition and it remained unchanged thereafter.

Chapter XVIII, page 621-622.

The first part of the paper discusses the importance of maintaining accurate records of all transactions. It is essential for the business to have a clear and concise record of all income and expenses, as this will be necessary for the preparation of the tax return. The second part of the paper discusses the importance of keeping up to date with the latest tax laws and regulations. It is important to consult with a tax professional to ensure that the business is compliant with all applicable laws. The third part of the paper discusses the importance of maintaining proper documentation for all transactions. This includes keeping receipts, invoices, and other documents that will be needed to support the tax return. The fourth part of the paper discusses the importance of keeping up to date with the latest tax software and programs. This will ensure that the business is able to accurately calculate its tax liability. The fifth part of the paper discusses the importance of keeping up to date with the latest tax forms and schedules. This will ensure that the business is able to accurately complete its tax return. The sixth part of the paper discusses the importance of keeping up to date with the latest tax rates and deductions. This will ensure that the business is able to take full advantage of all available tax benefits. The seventh part of the paper discusses the importance of keeping up to date with the latest tax credits and exemptions. This will ensure that the business is able to take full advantage of all available tax benefits. The eighth part of the paper discusses the importance of keeping up to date with the latest tax penalties and interest. This will ensure that the business is able to avoid any unnecessary penalties or interest. The ninth part of the paper discusses the importance of keeping up to date with the latest tax procedures and processes. This will ensure that the business is able to efficiently and effectively complete its tax return. The tenth part of the paper discusses the importance of keeping up to date with the latest tax advice and guidance. This will ensure that the business is able to make the most informed decisions regarding its tax liability.

HEALTH AND PEACE GAINED

About nine years ago I was drawn to Christian Science by a relative whose many afflictions had given place to health and harmony, and whose loving gratitude was reflected in every word and deed. The thought came to me, God indeed healeth all our diseases.

My first reading of Science and Health was without understanding. I was full of darkness and gloom, and it was laid aside for a time. The good seed had been sown, however, and ere long the reading was resumed, and with such interest that my afflictions disappeared "like mist before the morning sun." Asthma (thought to be hereditary), neuralgia in an aggravated form, and besides these, the tobacco and liquor habit of many years' standing left me. Bless the Lord, "He sent his word" and healed me, - for the reading of Science and Health brought to my consciousness the truth that makes free. - S., Shellman, Ga.

NOTE

This testimony first appeared in the 1907 edition and it remained unchanged thereafter.

Chapter XVIII, page 622-623.

CONSUMPTION QUICKLY CURED

I became interested in Christian Science nearly five years ago through the healing of my wife of what the doctors called consumption in its last stages. I had tried everything that I could get in the way of materia medica, and every doctor would tell me nearly the same story about the case. At last they recommended for her only a higher, drier climate, and when she would be at her worst to give her something to quiet her.

I tried different climates, but she was no better, indeed worse. At last she struggled along until the first of March, 1899. She had taken to her bed again. For two days and nights she suffered, and I called a physician. He came and diagnosed the case, and said that he could do nothing for her but give her some morphine tablets to make her rest. I gave her two of them according to direction, and just before the time to give her the third, she called me to her bedside, and said, "Don't give me any more of that stuff, for it does me more harm than good," so I turned and placed them in the fire, though I did not know anything about Christian Science. We had heard of it, but that was all. I gave her the last tablet at eight o'clock that night, and about nine o'clock the next day a lady who had been healed in Christian Science visited her, and introduced her to this great truth. She accepted it and thought she would try it. The lady loaned her Science and Health. She got the book about ten o'clock

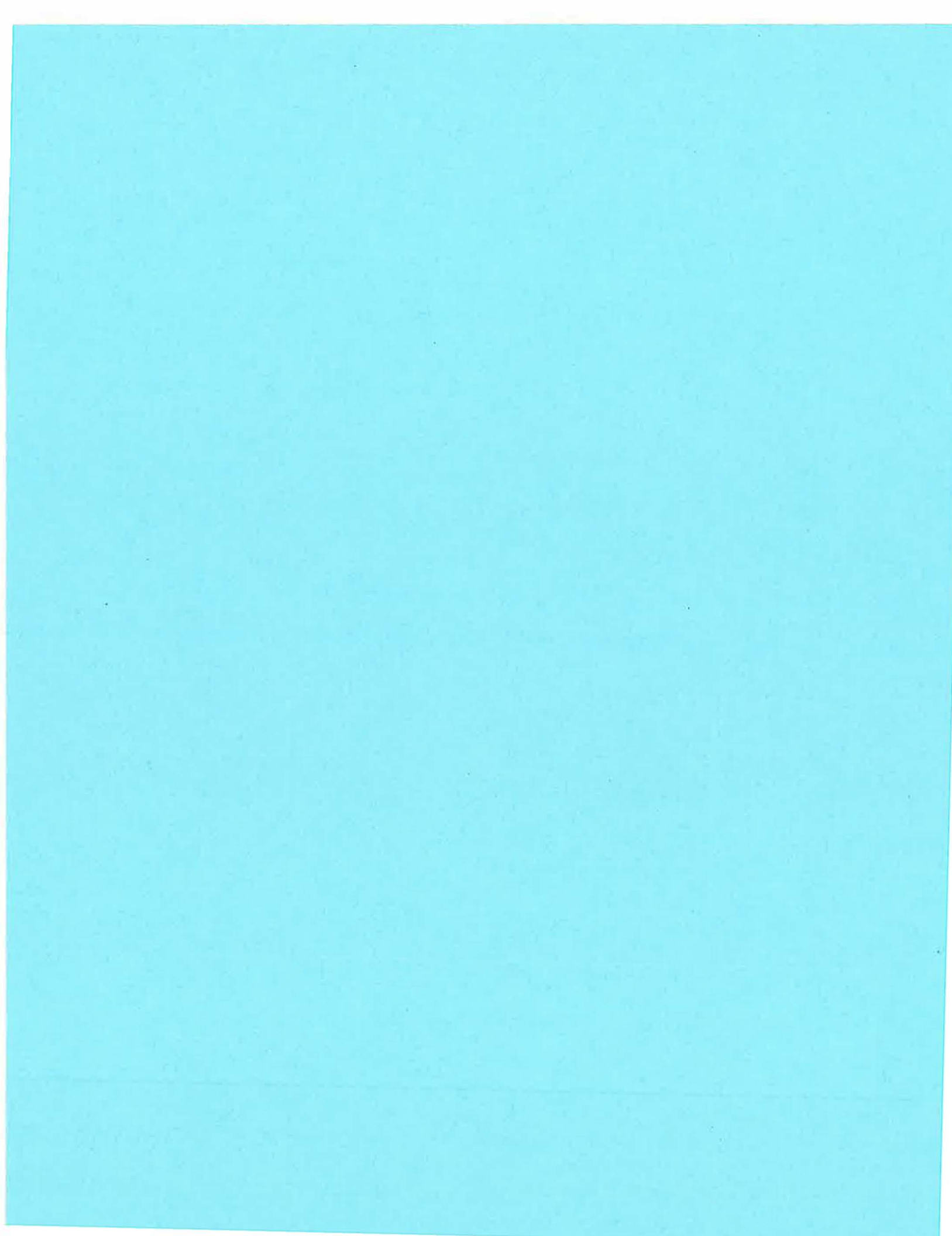
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that day and read it until dinner was called. She ate a hearty dinner, the first in about three days, and that same evening she dressed herself, walked into the dining-room, ate a hearty supper and enjoyed it. She slept well that night. She borrowed this lady's copy of Science and Health two hours each day for eight days, and was healed. The first day that she read Science and Health she weighed about ninety-five pounds. Three months later she weighed one hundred and thirty-five pounds. - A.J.D., Houston, Tex.

NOTE

This testimony first appeared in the 1907 edition and it remained unchanged thereafter.

Chapter XVIII, page 623-624.



A PROFITABLE STUDY

It may help others to know that some one was really healed of severe illness through Christian Science. It is over nine years since we first became interested in the Science, and it would be hard to find a healthier person than I am now. I can go all day, from morning till night, upheld by the thought that "they that wait upon the Lord shall renew their strength." I can truly say that I scarcely know what physical weariness is any more. Before I came into Science the physicians said that one lung was gone, and that the other was affected with tuberculosis; so, from their standpoint, there was little left for me to hope for. We had tried every remedy that they had suggested. I had gone to the mountains, but could not stay there on account of the altitude; and when they did not know what else to do, they said we would better go to England - that the ocean air would be beneficial. So we spent three months in the British Isles, and when I came back I seemed much better, but this only lasted a short time. In little more than a month, I was worse than ever, and my mother was told that I had but a few weeks, or at most months, to live.

At that time, a lady, a stranger to us, suggested that we try Christian Science. There was no prejudice against it, as we did not even know what it was. We knew of no Scientists in the Western town where we were living, and when we were told that we could send to Kansas City

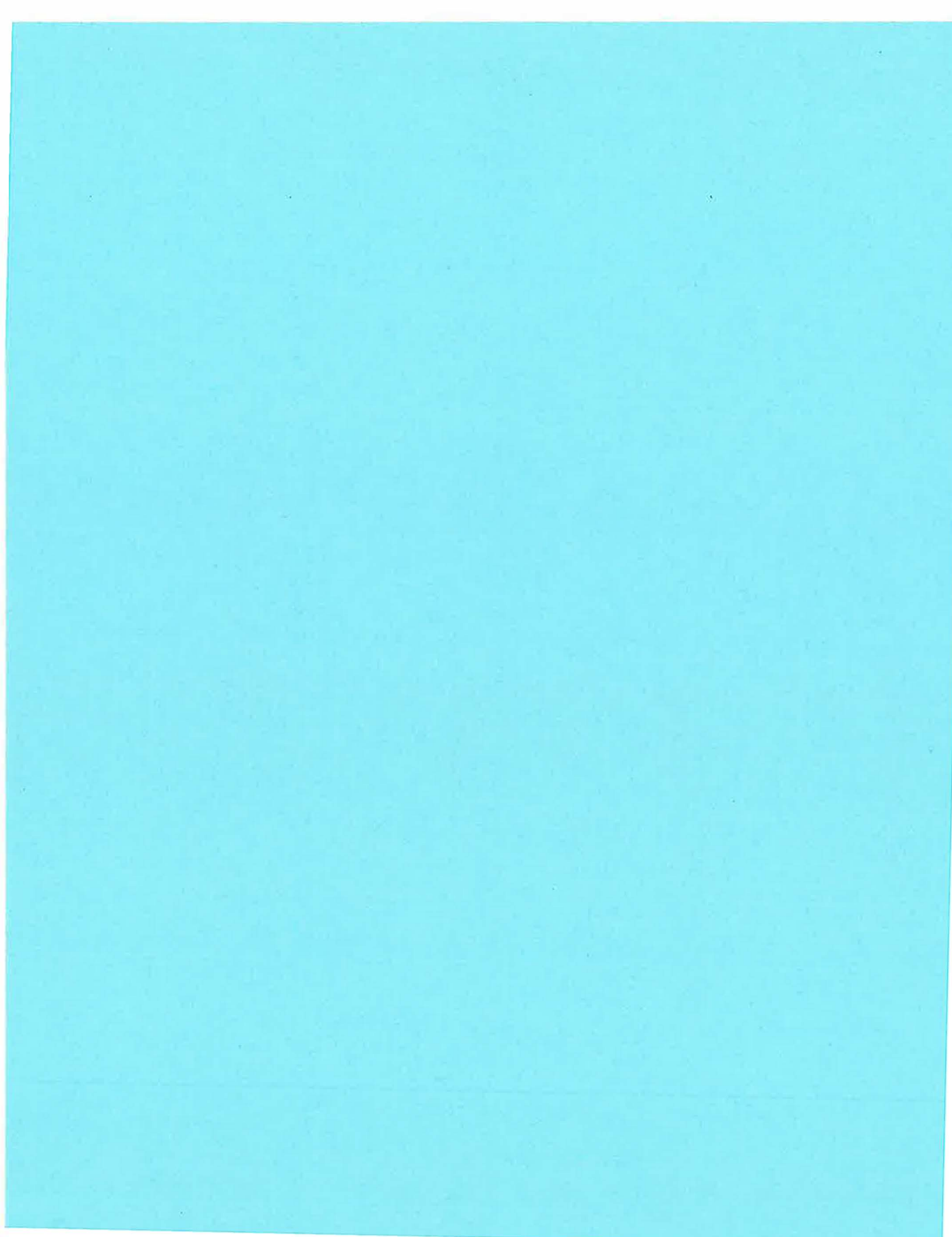
for absent treatment, we thought it was absurd. We were then told that many people had been healed through the reading of the Christian Science textbook, Science and Health, and to us this seemed a little worse than the absent treatment, but as we had tried everything we had heard of up to that time, my mother sent for the book.

It came in the middle of October and we began to read it together. It seemed to me from the first that it was something I had always believed, but did not know how to express - it seemed such a natural thing. My improvement was very gradual, but I felt I was recovering. After the Christmas holidays I started in at school and went the whole term without missing a day, - something I had never done before. I finished my school course without missing a day - in fact, I have not spent a day in bed since that time. I feel absolutely certain that I have two sound, healthy lungs now. The hollows in my chest have filled out, and I breathe perfectly on both sides; rarely have a cold to meet, and have not a sign of a cough.

People sometimes say, "Oh, well, maybe you never had consumption." Well, I had all the symptoms, and they are every one gone through the reading of Science and Health. - E.L.B., Chicago, Ill.

NOTE

This testimony first appeared in the 1907 edition and it remained unchanged thereafter.



HEALED OF INFIDELITY AND MANY PHYSICAL ILLS

I feel compelled to write my testimony and hope that I may be accepted as one more witness to the Truth as contained in Science and Health with Key to the Scriptures.

In the year 1883 I first heard of Christian Science. I was sitting in a saloon in Leadville, Col., reading a daily paper of that place. My eyes lighted upon an article which spoke of some peculiar people in Boston who claimed to have discovered how to heal as Jesus healed. I do not remember much of the article, but those words stayed with me.

I had drifted out to Colorado from New York City (my home), where I had been under treatment of many leading physicians. The last one, who was too honest to take my money knowing that he could not cure me, advised me to keep away from doctors and quit taking medicine, as nothing but death could cure me. My trouble was pronounced by some to be Bright's disease, by others gravel on the kidneys with very acute inflammation of the bladder and prostate gland.

In the spring of 1888 my wife and myself were spending the evening at the house of a gentleman whose wife had been healed in the East by Christian Science. The gentleman took a book from its bookcase saying, "Here is a work on Christian Science." It proved to be Science and Health. I knew as soon as I had read the title-page that this was the very book we wanted. We immediately sent for the book, and when it arrived we obeyed the angel

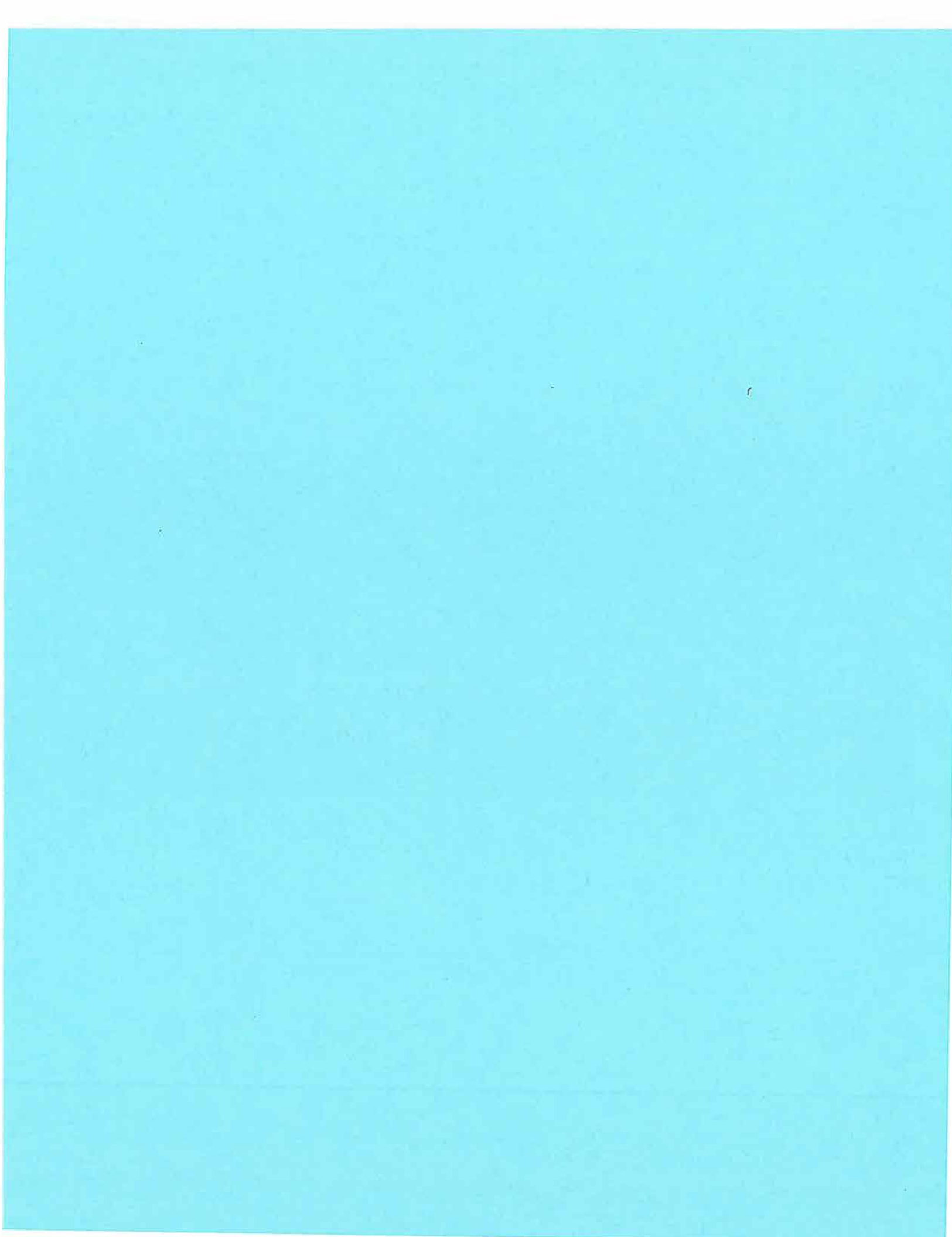
and feasted on it. I was very much prejudiced against the Bible, and my first demonstration over self was to consent to read the four Gospels. My wife bought me a New Testament and I began to read it. What a change came over me! All my prejudice was gone in an instant! When I read the Master's words, I caught his meaning and the lesson he tried to convey. It was not difficult for me to accept the whole Bible, for I could not help myself, I was just captured. The disease with which I had been troubled for years tormented me worse than ever for about six months, as if trying to turn me aside; but I lost all fear of it.

I kept up my study of Science and Health and the disease disappeared. I can honestly say that Science and Health was my only healer, and it has been my only teacher. - R.A.C., Los Angeles, Cal.

NOTE

This testimony first appeared in the 1907 edition and it remained unchanged thereafter.

Chapter XVIII, page 626-627.

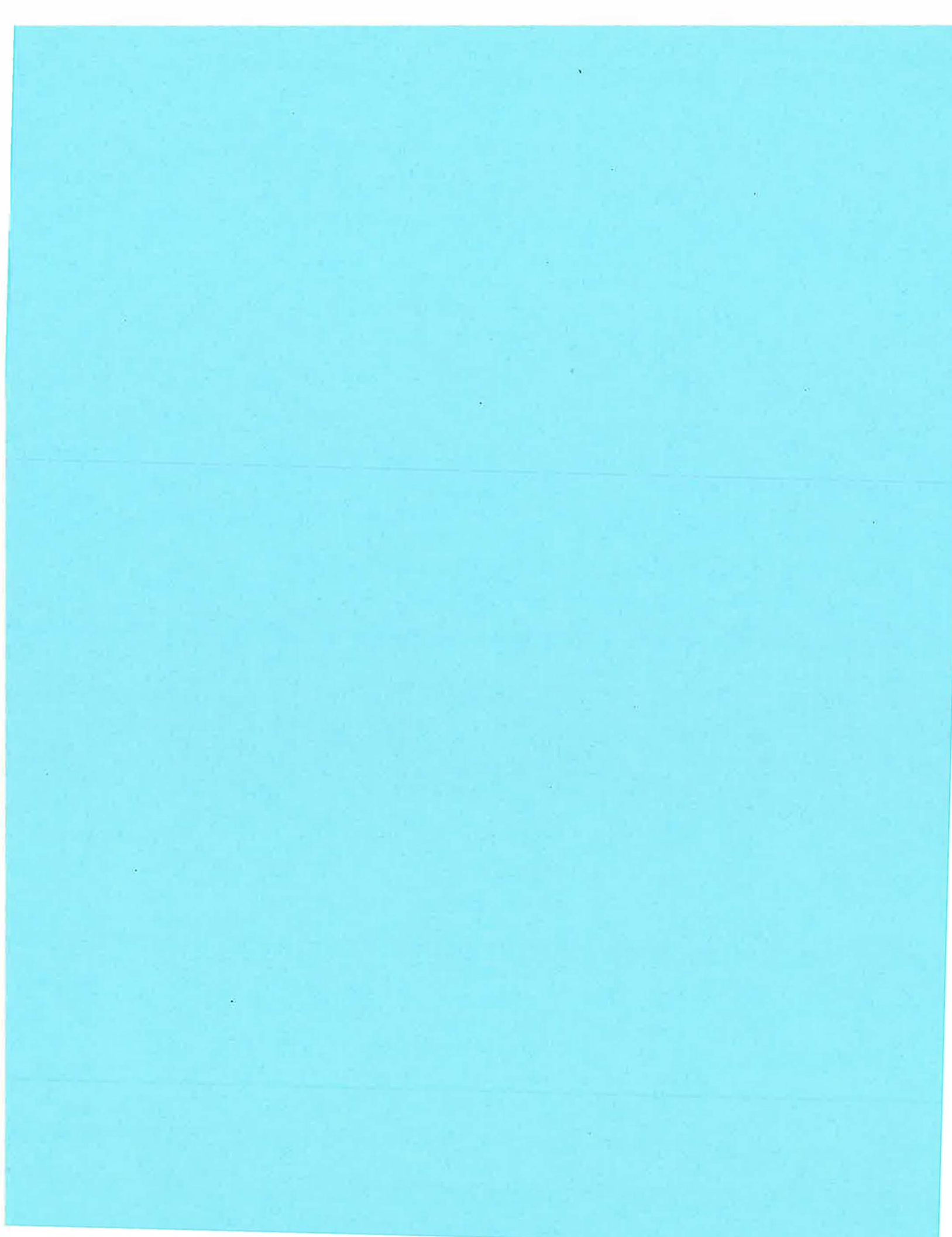


DISEASED EYES CURED

Christian Science came to me when I was a wreck, my body being completely covered with sores. My eyes were very bad, so that I sat in a darkened room for weeks together, most of the time in bed under opiates. The home doctor and a specialist said the disease of the eyes could not be cured, though they might help me for a while. I had one operation, and the doctor said if I took cold I would become totally blind. My suffering was beyond telling. A clergyman called almost every day, and sat by my bed and wept, and my good, kind doctor shed tears many times. Finally, after a year of this terrible suffering, I was sent to Indiana, to a sister who had been healed of lung trouble by Christian Science. The first day I was there she read to me from the Bible and from "Science and Health with Key to the Scriptures" by Mrs. Eddy, and I was healed. I knew that God was no respecter of persons, and when I saw what had been done for my sister, who was changed from being a mere frame to a strong, robust, healthy, rosy-cheeked woman, the cough all gone, I said, "God has as much for me, if I will accept it." I was healed instantaneously by Christian Science, and am thankful to God for giving us this understanding through Mrs. Eddy, our beloved Leader. I am now in perfect health. - Mrs. F.S., Laurel, Miss.

NOTE

This version first appeared in the 1907 edition and it remained unchanged thereafter.



THE TEXTBOOK HEALED ME

For twelve years previous to the fall of 1897 I had been under the care of a physician much of the time. Different opinions were given by them, as to the nature of the trouble, some diagnosing it as an abnormal growth, etc. I was healed through reading "Science and Health with Key to the Scriptures" by Mrs. Eddy. It was a clear case of transformation of the body by the renewal of the mind. I am perfectly well at the present time. - J.M.H., Omaha, Neb.

NOTE

This testimony first appeared in the 1907 edition in 1907 and it remained unchanged thereafter.

Chapter XVIII, page 628.

OBSTINATE STOMACH TROUBLE HEALED

There is no doubt that by far the greater number come to Christian Science by way of physical healing, but there are those to whom this does not particularly appeal. In the hope that it may be of benefit to some such, and in gratitude for help received, I submit my own experience. Three years ago I knew nothing of Christian Science, aside from the knowledge gathered from the daily papers and current literature. When I thought of the subject at all, it was to class Christian Science with various human theories with which I could not be in sympathy, for they seemed to rely upon both good and evil. I had never known of a case of healing, had never read the textbook or heard of the Journal or Sentinel, but I would sometimes see people going into the Christian Science church. I was tired of trying to find anything satisfactory in religious belief, for it seemed as if God either could not or would not bring into harmony the terrible conditions existing in human society. I had quit using any form of prayer except the Lord's Prayer, and even then omitted the words "lead us not into temptation." How I longed to know just a little of the "why?" and "wherefore?" of it all.

Here is where Christian Science found me. I was thrown in contact with a dear friend of whom I had seen very little for a year or more, a thoroughly educated woman and a thinker. She told me she had taken some treatments in Christian Science for a physical trouble, and had become very much interested in the study of "Science and

Health with Key to the Scriptures" by Mrs. Eddy. She asked me if I would like to look at the book, and I said I would be glad to do so. The first chapter, "Prayer," appealed to me from the first, and when I came to Mrs. Eddy's spiritual sense of the Lord's Prayer (Science and Health, p.17), my interest was fully aroused. I knew that in a dim way I was learning what it means to "pray without ceasing." Very soon I bought a book of my own, and with the help of our Lesson-Sermons, as given in the Quarterly, I began in earnest the study of Science and Health, in connection with the Bible.

I stood very much in need of physical healing at this time, having suffered for several years from an obstinate form of stomach trouble. So far as I know, I gave no thought to the benefits I might derive physically from the study, but I did believe this Science held the truth of things, and I was so absorbed in getting an understanding of the Principle that I thought very little of myself. After about three or four months' study I realized that the stomach trouble was gone, and with it went other physical troubles, which have never returned. This healing was brought about by the earnest, conscientious seeking for the truth, as contained in the Bible and interpreted by our Leader in our textbook, Science and Health. I have since learned more of the Science of healing and have been able in a small way to help others in need. I have also learned that in living and loving is healing realized, and in reflecting divine Love I have the "signs following."

When we think of the pure, loving, unselfish life Mrs.

Eddy must have lived in order to become conscious of this truth and give it to us, words are a poor medium through which to express the gratitude which her followers feel for her. It is best expressed by obediently following her, even as she is following Christ. - H.T., Omaha, Neb.

NOTE

This version first appeared in the 1907 edition and it remained unchanged thereafter.

Chapter XVIII, page 628-630.

DYSPEPSIA QUICKLY HEALED

It has occurred to me that I have had ample time to meditate on the many blessings which I have received through Christian Science, as it is now more than six years since I was entirely healed of dyspepsia as well as constipation in its worst form by the reading of Science and Health. So aggravated were the conditions that for three years or more I was unable to drink a glass of cold water. Everything that I drank had to be hot, and my only means of relief from the bowel trouble was hot water injections, for a period of more than three years.

I can truthfully say that I was permanently, and I might say instantly, healed of those two ailments by reading Science and Health as before stated, and in fact I do not think I had read more than thirty pages of this book when I ignored entirely the most rigid kind of diet. I ate and drank everything I wished without a single harmful effect from that time to this date, and there has not been a drop of medicine in our home for more than six years, in a family of five.

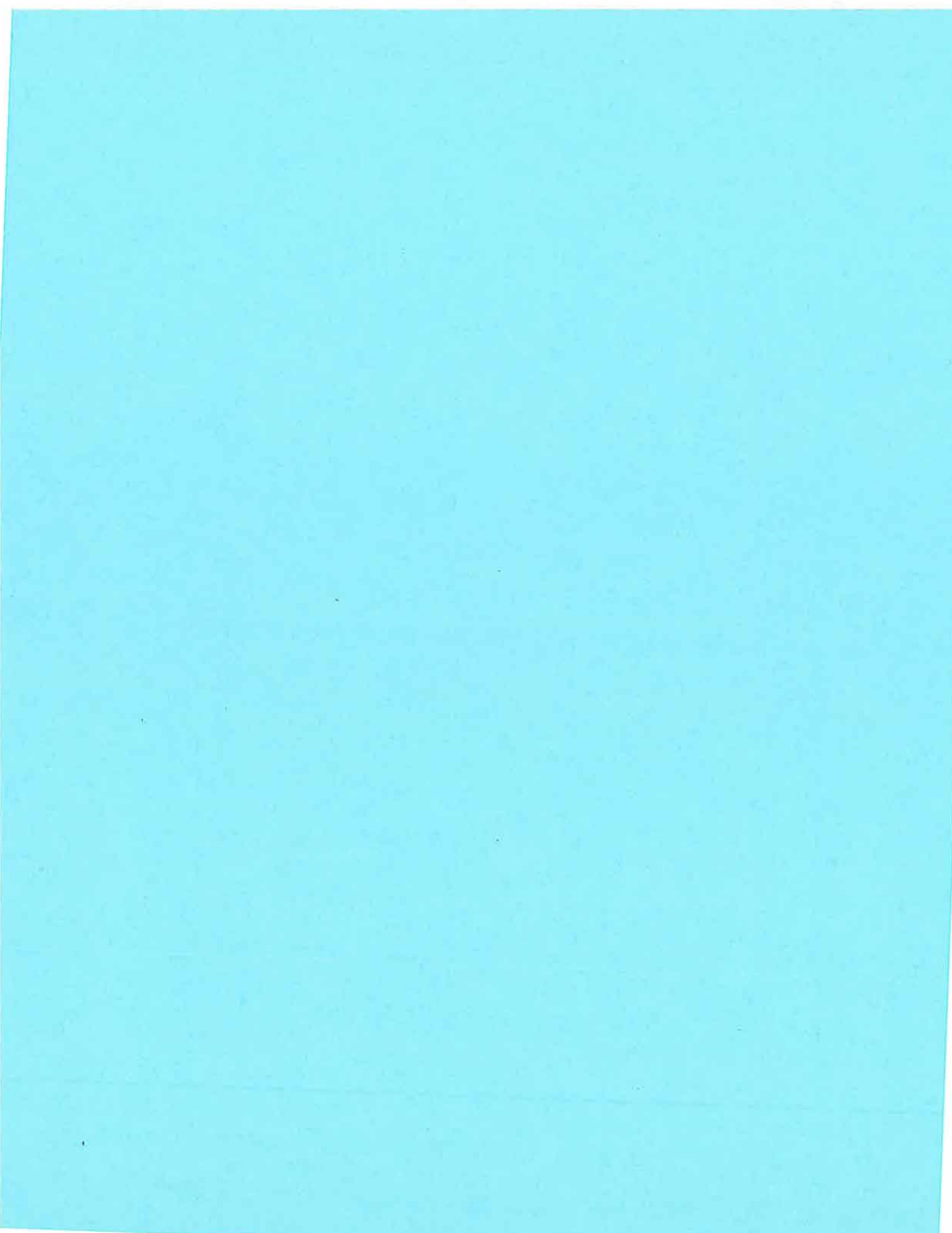
I have also seen the power of Truth manifested in our home by having our youngest child relieved of the most excruciating pain, and changed to his most playful mood, immediately upon notifying one of the faithful practitioners of this city. For all this I am endeavoring to be thankful to God and to our faithful Leader, Mrs. Eddy, whose pure and undefiled life enabled her to discover this precious truth for the benefit of all mankind. - M.C.

McK., Denver, Col.

NOTE

This testimony first appeared in the 1907 edition and it remained unchanged thereafter.

Chapter XVIII, page 630-631.



AFTER TWENTY YEARS' SUFFERING

From early girlhood I was considered an invalid, having been injured by a hard fall while playing. The pain was intense for some time and for several hours I was unable to walk or stand alone. Later, a growing weakness of the back accompanied with sharp pains alarmed my parents, who called a physician, and he pronounced it spinal trouble. Then followed nearly twenty years of increased suffering, at times very severe. As years went by and I became a wife and mother, my suffering increased. Everything that medical skill could do was done, but finding no lasting benefit from anything, I lost hope of recovery.

When Christian Science found me I was under the doctor's sentence that if I lived the week through I would become entirely helpless, not able to move hand or foot. My husband was a travelling man, and being urgently called home, he met an old friend on the train who asked why we did not try Christian Science. The reply, We know nothing of it, was followed by a brief explanation of its healing power and the benefit his family had received. This inspired my husband with new hope, and on his arrival at home he called on a practitioner, who recommended our getting Science and Health, which we did, but ignorance and the prejudice of old education produced such fear that I hid the book under the covers of the bed whenever the children came into the room, fearing that it was not of God and would injure them.

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God's dear love was, however, more potent than these foolish fears, and the first day I read from its sacred pages I was convinced its teachings were the same truths as Jesus Christ had taught centuries ago. When I had read a few pages, I reached out and threw my medicine from the open window at the head of my bed. I then turned back to the book and began reading again, when, lo, the Christ-idea dawned upon me, and I was healed instantaneously.

I first noticed the spot in my back cooling, and soon I got out of bed. I continued to read eagerly; I felt as if I wanted to devour the healing truth, and drank it in as a thirsty plant does the gentle rain. When dinner was prepared, I walked out and ate a hearty meal with the family, to the amazement of all. We shall never forget what a joyful meal this was. How we did thank God for Christian Science!

As year after year has gone by, till twenty years have passed and the healing has remained perfect, I have grown to thank God with deeper sincerity that one brave woman was found pure enough to bring forth this Christ-healing again, to remain forever among men and to save suffering humanity from all disease and sin. - Mrs. P.L.H., Fairmont, Minn.

NOTE

This testimony first appeared in the 1907 edition and it remained unchanged thereafter.

Chapter XVIII, page 631-633.

FROM DESPAIR TO HOPE AND JOY

I have often had a desire to make public what Christian Science has done for me, but I never could tell of all my blessings, they are so many. From childhood I was always sick, never knew one hour of rest, and was under the doctor's care most of the time. I was living in the East at that time, and was advised to try change of climate, which I did. I came West with my family in the spring of the year, but instead of growing better I grew steadily worse, until at last I was obliged to keep my bed for nearly three years, - a great sufferer. My ailments were, it seemed, all that flesh is heir to, and were called incurable by the doctors; viz., Bright's disease, and many others, - in the last stages. My case was known among physicians, many of whom were prominent specialists, as a most extreme one. Many, upon looking at me, would turn away with a wise shake of the head and say, "What keeps her alive?" My physicians, who were exceedingly kind and did all that lay within their power for me, gave me up and the death sentence was pronounced on me by all who attended me.

It was then I realized that "man's extremity is God's opportunity." The "little book" was handed me at this hour of great need. I read it, not thinking it would heal me, but, like a drowning man, I grasped at it. I read it, read it again, and soon found myself growing stronger; then I kept on reading and was perfectly healed of all the supposedly incurable diseases. - L.B., Austin, Minn.

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NOTE

This testimony first appeared in the 1907 edition and it remained unchanged thereafter.

Chapter XVIII, page 633-634.

The first part of the paper discusses the importance of maintaining accurate records of all transactions. It is essential for the business to have a clear and concise record of all income and expenses, as this will be necessary for the preparation of the tax return. The second part of the paper discusses the importance of keeping up to date with the latest tax laws and regulations. It is important to consult with a tax professional to ensure that the business is in compliance with all applicable laws. The third part of the paper discusses the importance of maintaining proper documentation for all transactions. This includes keeping receipts, invoices, and other documents that will be needed to support the tax return. The fourth part of the paper discusses the importance of keeping up to date with the latest tax software and programs. This will ensure that the business is able to accurately calculate its tax liability and prepare its tax return. The fifth part of the paper discusses the importance of keeping up to date with the latest tax forms and schedules. This will ensure that the business is able to accurately complete its tax return. The sixth part of the paper discusses the importance of keeping up to date with the latest tax rates and deductions. This will ensure that the business is able to take full advantage of all available tax benefits. The seventh part of the paper discusses the importance of keeping up to date with the latest tax credits and exemptions. This will ensure that the business is able to take full advantage of all available tax benefits. The eighth part of the paper discusses the importance of keeping up to date with the latest tax treaties and agreements. This will ensure that the business is able to take full advantage of all available tax benefits. The ninth part of the paper discusses the importance of keeping up to date with the latest tax court decisions and rulings. This will ensure that the business is able to take full advantage of all available tax benefits. The tenth part of the paper discusses the importance of keeping up to date with the latest tax legislation and regulations. This will ensure that the business is able to take full advantage of all available tax benefits.

TRUTH MAKES FREE

As the son of a physician, a graduate in pharmacy, and an ex-druggist, I had a perfect contempt for what I thought Christian Science to be. About six and a half years ago, however, having exhausted all material means at my command, - materia medica, electricity, gymnastics, cycling, and so on, - and being in a hopeless state, the study of Christian Science was taken up. I had been a sufferer from catarrh and sore throat for over thirty years, and in the last five were added several others, including dyspepsia, and bronchitis, and a loss in flesh of sixty pounds. I was completely healed, and regained health, strength, and flesh through the spiritual understanding of Christian Science, the result of about six weeks' study. This good and perfect gift came to me through the careful and prayerful study of Christian Science, as revealed to the world to-day through Science and Health. The promise of Christ Jesus, "the truth shall make you free," was fulfilled, and the past six years of health and harmony have been spent in striving to "hold fast that which is good."

While most grateful for the physical healing, my gratitude for the mental and spiritual regeneration is beyond expression. When I learned that Jesus' mission of healing sickness as well as sin did not end with his short stay upon earth, but is practical in all ages, my joy was unbounded. Having spent thousands in the old way, it seemed wonderful to be healed at such small cost as the

price of the "little book" and a few weeks' study. Every thought of prejudice immediately vanished before the proofs that Christian Science is indeed the elucidation and practical application of Jesus' teachings, which are demonstrable truth, "The same yesterday, and to-day, and forever." - C.N.C., Memphis, Tenn.

NOTE

This testimony first appeared in the 1907 edition and it remained unchanged thereafter.

Chapter XVIII, page 634-635.

the 1990s, the number of people in the world who are under 15 years of age is expected to increase from 1.1 billion to 1.5 billion.

There is a growing awareness of the need to provide a better quality of life for the world's children. The United Nations Convention on the Rights of the Child (1989) has been signed by 112 countries, and the United Nations Development Programme (1990) has produced a report on the state of the world's children.

The purpose of this paper is to review the current state of knowledge about the health and development of children in the United Kingdom.

The paper is organized into four sections. The first section describes the current state of knowledge about the health and development of children in the United Kingdom.

The second section describes the current state of knowledge about the health and development of children in the United Kingdom.

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The twenty-second section describes the current state of knowledge about the health and development of children in the United Kingdom.

The twenty-third section describes the current state of knowledge about the health and development of children in the United Kingdom.

DEAF EARS UNSTOPPED

As a mother of a family my heart goes out in love and gratitude to that good woman we are privileged to call our Leader, for all she has done through her book for me and mine.

Ten years ago I was healed of hereditary deafness and catarrh of the head, simply through reading the book, Science and Health. For years previous I had consulted and taken treatment from some of the best specialists for the ear and throat, both in England and America, but grew worse all the time. I was then urged by a lady who had been healed through Christian Science to buy this book and study it. I did so very reluctantly, but had not read fifty pages before I felt I had indeed found the truth which makes free, and can truly say, from that time I have never had a return of the ailment.

That for which I am, however, most grateful, is the daily help it is to me in my household of young children. I am sure if mothers only knew what Christian Science truly means they would give all they possess to know it. We have seen croup, measles, fever, and various other children's complaints, so-called, disappear like dew before the morning sun, through the application of Christian Science, - the understanding of God as ever-present and omnipotent. It has been proven to me without a doubt that God is a very present help in trouble, and what a blessed help this wonderful truth is in the training of our children, and how quickly the child

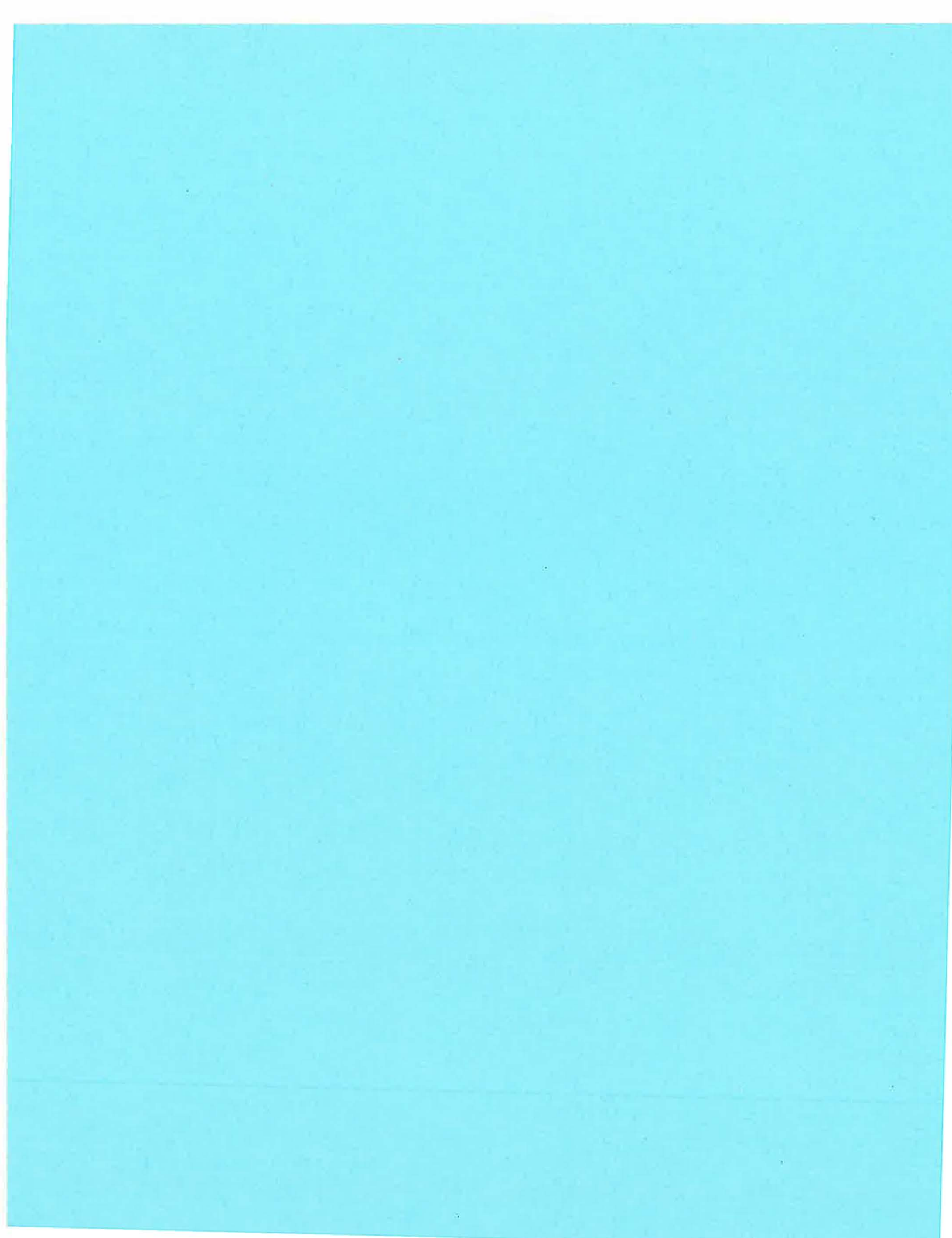
grasps it.

Some time ago my little girl, then three years old, dislocated her shoulder. I was alone in the house at the time. The pain was so intense that she became faint. I treated her the best I knew how, but kept holding the thought that just as soon as some one came I would run for help. She seemed to grow worse and cried very much. I undressed her and tried to twist the arm into place, but it caused such suffering that I began to get afraid. Then like a flash came the thought, What would you do if you were out of the reach of a practitioner? Now is your time to prove God's power and presence. With these thoughts came such a sense of calm and trustfulness that I lost all fear. I then asked the child if I should read to her; she said "Yes, mamma, read the truth-book." I began reading aloud to her from Science and Health. In about half an hour I noticed she tried to lift the arm but screamed and became very pale. I continued to read aloud and again she made an effort to put some candy into her mouth. This time I noticed with joy that she almost reached her mouth before she felt the pain. I kept reading aloud to her until my sister and two boys came in, when she jumped off her bed, so delighted to see her brothers that she forgot her arm. She then began to tell her aunt that she had broken her arm and mamma treated it with the truth-book. When this happened, it was about 10:30 A.M. and by 3 P.M. she was playing out doors as though nothing had ever happened. - Mrs. M.G., Winnipeg,

NOTE

This testimony first appeared in the 1907 edition and it remained unchanged thereafter.

Chapter XVIII, page 635-637.



SAVED FROM INSANITY AND SUICIDE

A few years ago, while under a sense of darkness and despair caused by ill health and an unhappy home, Science and Health was loaned me with a request that I should read it.

At that time my daughter was given up by materia medica to die of lingering consumption, supposed to have been inherited. My own condition seemed even more alarming, as insanity was being manifested, and rather than go to an insane asylum, it seemed to me the only thing to do was to commit suicide. Heart trouble, kidney complaint, and continual headaches caused from female trouble were some of the many ailments I had to contend with. My doctor tried to persuade me to undergo an operation as a means of relief, but I had submitted to a severe operation ten years previous, and found only additional suffering as a result, so I would not consent.

When I began with Science and Health, I read the chapter on "Prayer" first, and at that time did not suppose it possible for me to remember anything I read, but felt a sweet sense of God's protection and power, and a hope that I should at last find Him to be what I so much needed, - a present help in time of trouble. Before that chapter on "Prayer" was finished, my daughter was downstairs eating three meals a day, and daily growing stronger. Before I had finished reading the textbook she was well, but never having heard that the

reading of Science and Health healed any one, it was several months before I gave God the glory.

One by one my many ailments left me, all but the headaches; they were less frequent, until at the end of three years the fear of them was entirely overcome.

Neither myself nor my daughter have ever received treatments, but the study of the Bible and Science and Health, the Christian Science textbook by Mrs. Eddy, has healed us and keeps us well.

While Christian Science was very new to me, I attended an experience meeting in First Church of Christ, Scientist, Chicago. A gentleman told of an unhappy woman who was about to separate from her husband. This gentleman had asked her if she did not love her husband. She replied, "No; when I married him I did, but not now." He told her God made man in His image and likeness, and that He is perfect. He said to her, "Go home and see only God's perfect man; you don't need to love a sinful mortal such as you have been looking upon." The lady followed his advice, as he told her there is no separation in divine Mind. In a short time peace and harmony were in her home, and both husband and wife became members of a Christian Science church.

This testimony was like a message from heaven to me. I had received many benefits from the study of Science and Health, but it had never dawned upon my darkened consciousness till then how wonderful our God is. I knew what had taken place in that home could take place

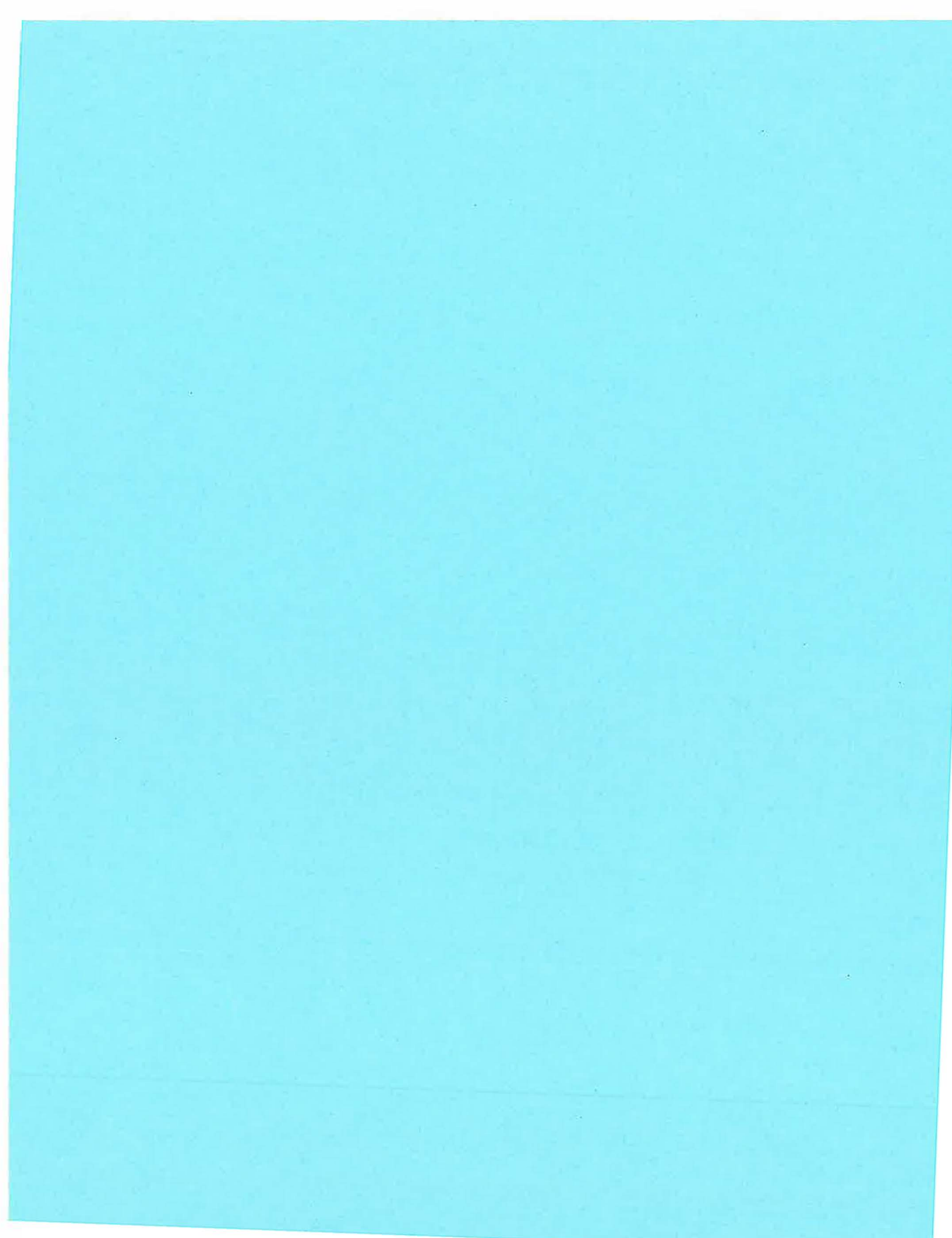
in my unhappy home where there was neither rest nor peace.

I hopefully took up my cross, and step by step my burden grew lighter, as I journeyed along, realizing the presence of the Christ, Truth, that indeed makes us free. Not all at once did any outward change appear, but at the end of three years all was peace, all the members of the family attending church together and realizing that there is but one Mind. - E.J.B., Superior, Wis.

NOTE

This testimony first appeared in the 1907 edition and it remained unchanged thereafter.

Chapter XVIII, page 637- 639.



STOMACH TROUBLE HEALED

I was healed of stomach trouble of many years' standing by reading Science and Health. My condition had reached the stage in which I had periodical attacks, that came on with greater frequency. I was a travelling salesman, and it was a common occurrence for me to have to call a physician to my hotel to administer morphine for an acute form of this disease. This became a regular thing at certain places, and these attacks always left me worse than before. As a result of the last one I lost a great deal in weight. I had tried many physicians and most of the usual remedies during these years of suffering, without any good result. Finally, as a last resort, I decided to try Christian Science, and I was healed by reading "Science and Health with Key to the Scriptures" by Mrs. Eddy.

My health has been of the best since I was healed, now six years ago. In the family we have depended entirely on Christian Science for our healing, and have ever found it efficacious. We consider the physical healing, however, only incidental to the understanding of God and His goodness. This, together with our increased love for the Bible, is proving most valuable to us. We are humbly trying to live the lives that will prove our gratitude to God, and to our beloved Leader, Mrs. Eddy. - Charles E. Peck, St. Johnsbury, Vt.

NOTE

This testimony first appeared in the 1908 edition and it remained unchanged thereafter.

Chapter XVIII, page 639-640.

DEPRAVED APPETITES AND MANY ILLS HEALED

Thirteen years ago my wife and I were healed by Christian Science of a number of diseases which were pronounced utterly incurable by the physicians in New York State. I was born in a hotel, and when I married I started a hotel for myself. I became so fond of whiskey and tobacco that I was a slave to the one for twenty-five years and to the other for forty-five years. Both these enslavements were destroyed by the reading of the little book, Science and Health. It says, "Puffing the obnoxious fumes of tobacco, or chewing a leaf naturally attractive to no creature except a loathsome worm, is at least disgusting" (Science and Health, p.407). When I read this I had a chew of tobacco in my mouth. I immediately threw it away. The desire for it left me at once, and the cure was permanent. I have not smoked, chewed, or drank for thirteen years. This was wonderful to me, because I had smoked from fifteen to twenty cigars a day, besides chewing a great deal.

I was also healed of sick headache of forty-five years' standing, catarrh of twenty years' standing, and other ills too numerous to mention. My wife was also healed of cancer and other diseases through the constant study of the Bible and Science and Health. Through our own healing, we learned how Jesus healed the sick, and so we were able to help others. - W.L.B., Rochester, N.Y.

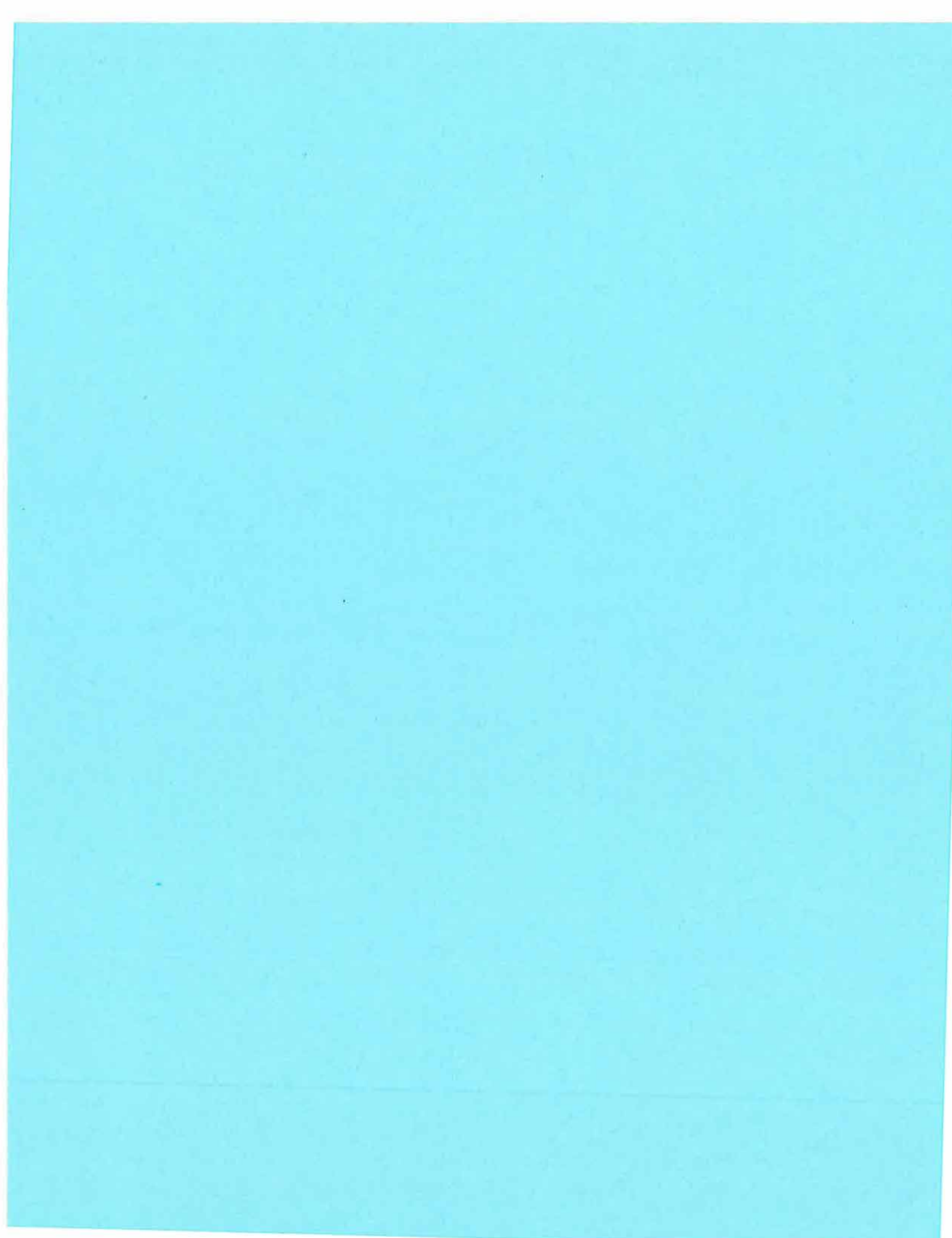
NOTE

This testimony first appeared in the 1907 edition and it remained unchanged until the 1908 edition.

Chapter XVIII, page 639-640.

ALSO NOTE

This is the second and last of the only two testimonies in FRUITAGE which were changed after the complete changing of all testimonies in the 1907 edition. FRUITAGE was introduced as a chapter in the 226th edition in 1902 and it remained untouched and unchanged until the 1907 edition (unnumbered), when all the testimonies from the chapter were dropped and then replaced with new ones. After this total change in 1907 only two of the new testimonies were ever changed thereafter, - this one and the very first testimony on pages 600 and 601.



FREED FROM MANY YEARS OF SUFFERING

In the spring of 1880 I was taken down with a severe attack of stomach trouble, was bedfast for three months, and not able to drive out for nearly six months. During this time I had three good doctors treating me. I gained a little in strength, but had very little relief from the stomach trouble. I was recommended to try mineral springs and did so, but with the same disappointment. I went to a sanitarium, but yet the stomach trouble prevailed. I had some friends who recommended patent medicines, but no healing came.

I worried along in this way for several years. Finally I read medicine nearly two years with a good doctor friend, especially for my own benefit, and during this time I had a severe attack of bladder trouble, and for fifteen years I suffered so severely at times that I thought life was not really worth living. In connection with these troubles I suffered every winter with rheumatism and the grip. I also had a growth coming on both eyes called cataract, which caused my eyes to be inflamed nearly all the time, and this growth had made such progress that it was causing my vision to be very dim when reading. Corns were not forgotten, as I was reminded of them very frequently, and for all these troubles I had tried every remedy I heard of that I was able to get, specialists included, without relief.

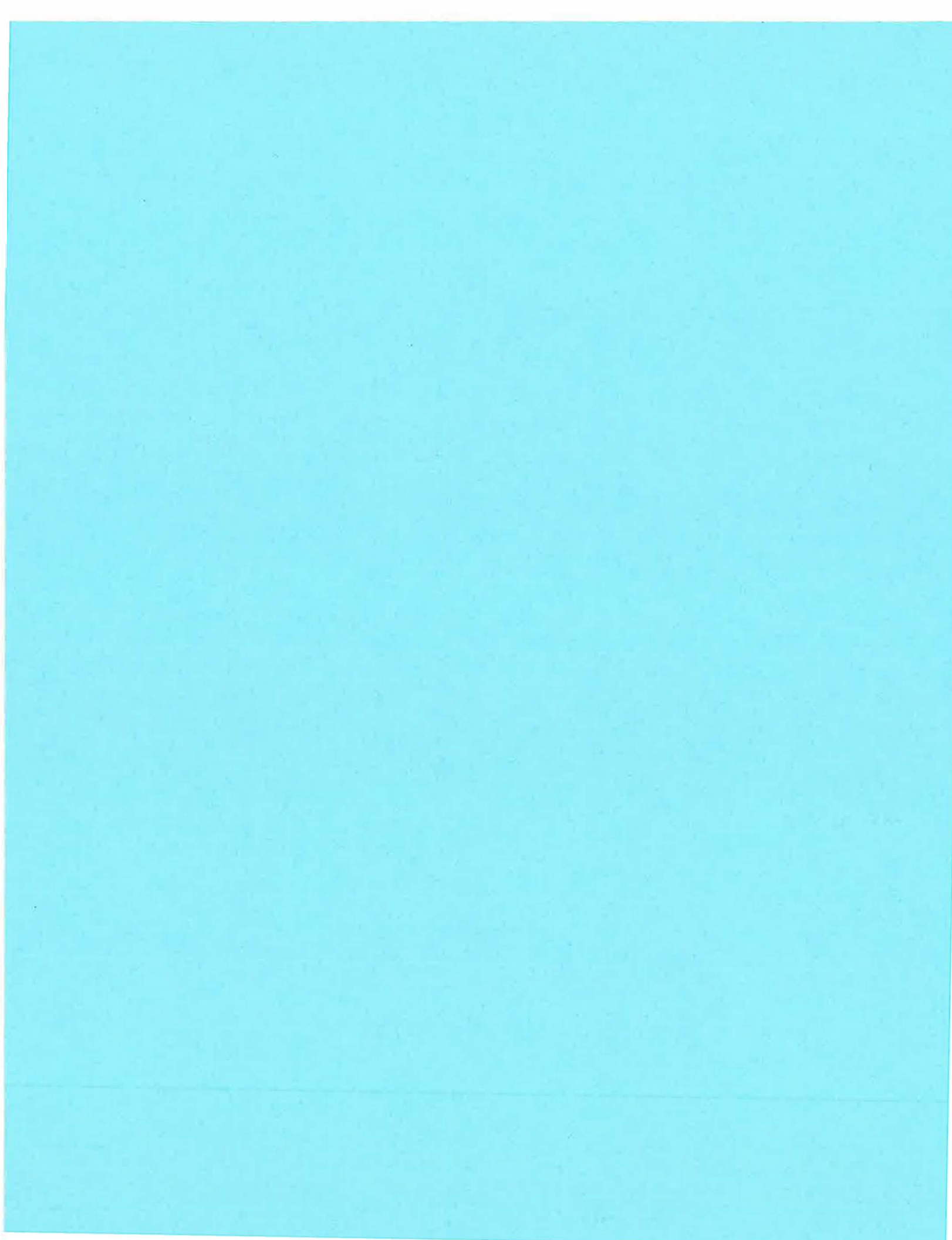
Thanks to a friend who took me in this hopeless, discouraged condition and led me to the light that never

knows darkness, I got a copy of Science and Health by Mrs. Eddy and was healed in a short time by reading this work. - D.W.L., Anderson, Ind.

NOTE

This version first appeared in the 1907 edition and it remained unchanged thereafter.

Chapter XVIII, page 640-641.



RELIEF FROM INTENSE SUFFERING

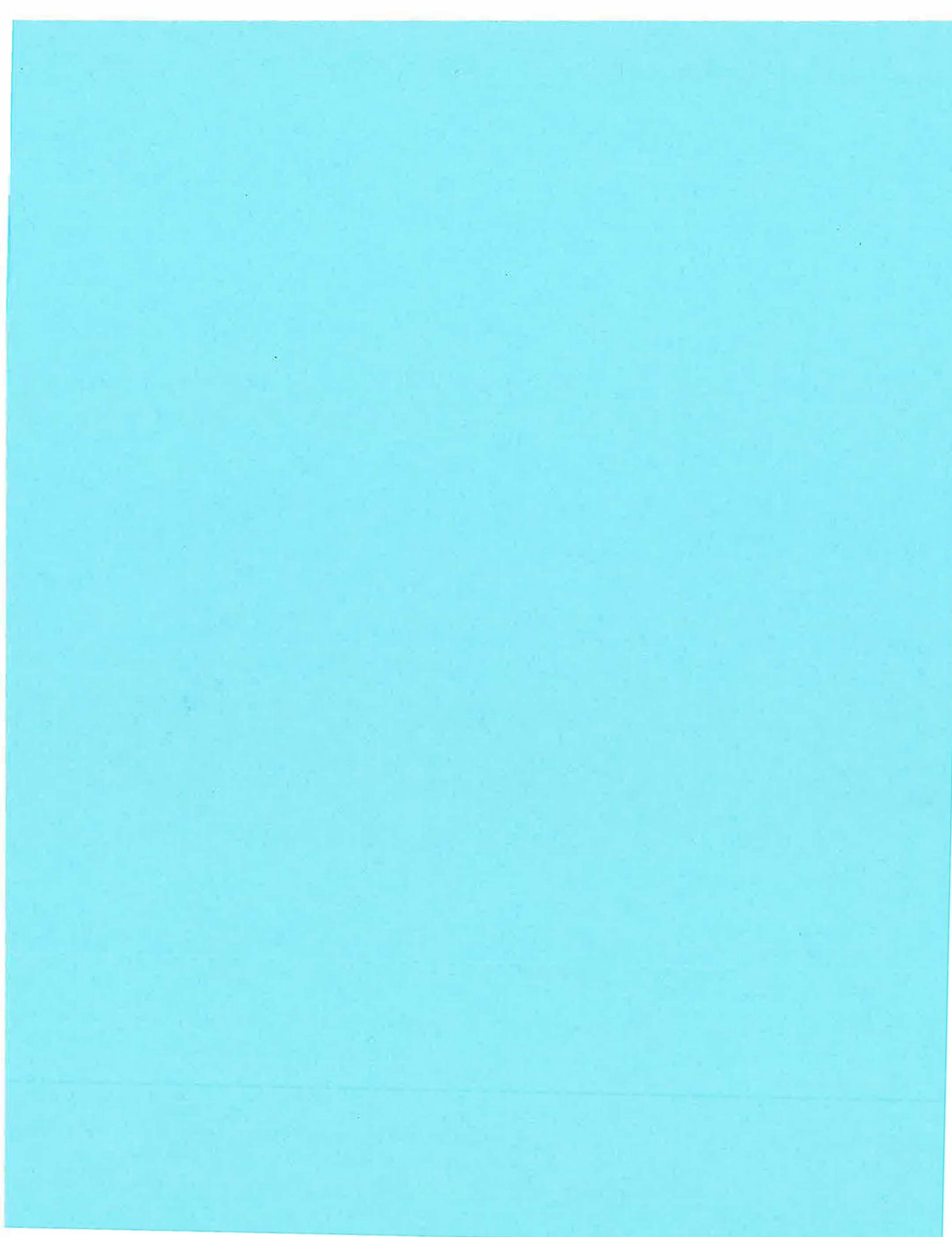
I became interested in Christian Science in 1901. For four or five years I had suffered with severe attacks which nothing but an opiate seemed to relieve. After one which I think was the worst I ever had, I consulted our family physician, who diagnosed my case as a dangerous kidney disease and said that no medicine could help me but that I must undergo a surgical operation. I continued to grow worse and went to see the physician again, and he advised me to consult a doctor who was connected with the city hospital of Augusta. This doctor made an examination and diagnosed the difficulty as something different but quite as serious. Meanwhile a friend offered me a copy of Science and Health. I said I did not care to read the book, but she was so urgent that I finally promised to do so. I received the book on Saturday, and on Sunday morning I sat down to read it. When I reached the place where Mrs. Eddy says she found this truth in the Bible, I began comparing the two books. I read passages which looked very reasonable to me, and said to myself, This is nearer to the truth than anything I have ever seen. I continued to read all day, stopping only long enough to eat my dinner. As I read on, everything became clearer to me, and I felt that I was healed. During the evening a neighbor came in, and I said, "I am healed, and that book has healed me." I read on and was certainly healed. Eight days after my healing I did my own washing. This occurred in

February, 1901. About six weeks after, I was called to care for my mother, who was under the care of my former physician. I again let him examine my side, as he wished to see if the trouble was still there. He said, "It is certainly gone." I said to him, "Doctor, you told me I would never be a well woman unless I was operated upon; what has healed me?" He replied, "God has healed you." - S.H.L., North Pittston, Me.

NOTE

This testimony first appeared in the 1907 edition and it remained unchanged thereafter.

Chapter XVIII, page 641-642.



GRATEFUL FOR MANY BLESSINGS

It is with sincere gratitude for the many blessings Christian Science has brought me, that I give this testimony. I first heard of Christian Science about fifteen years ago. A friend of mine was taking treatment for physical troubles, and was reading the textbook of Christian Science, Science and Health with Key to the Scriptures. The title of the book appealed to me very strongly. I said to my friend, "If that is a Key to the Scriptures, I must have it."

I had long been a member of a Bible class in an orthodox Sabbath school, but I never felt satisfied with that which was taught; there was something lacking, I did not understand then what it was. I purchased a copy of Science and Health and began to study it. I wish I could express in words what that book brought me. It illumined the Bible with a glorious light and I began to understand some of the Master's sayings, and tried to apply them.

I had had a longing to live a better Christian life for many years, and often wondered why I failed so utterly to understand the Bible. Now I knew; it was lack of spiritual apprehension.

I did not know at first that people were healed of disease and sin by simply reading Science and Health, but found after a while that such was the case. At that time I had many physical troubles, and one after another of these ills simply disappeared and I found

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that I had no disease, - I was perfectly free. The spiritual uplifting was glorious, too, and as I go on in the study of this blessed Science, I find I am gaining surely an understanding that helps me to overcome both sin and disease in myself and in others. My faith in good is increased and I know I am losing my belief in evil as a power equal to good. The pathway is not wearisome, because each victory over self gives stronger faith and a more earnest desire to press on. - E.J.R., Toledo, Ohio.

NOTE

This version first appeared in the 1907 edition and it remained unchanged thereafter.

Chapter XVIII, page 642-643.

GRATEFUL FOR MORAL AND SPIRITUAL AWAKENING

About four years ago, after I had tried different ways and means to be relieved from bodily suffering, a faithful friend called my attention to the teaching of Christian Science. After some opposition, I decided to investigate it, with the thought that if this teaching would be helpful, it was meant for me as well as for others; if it did not afford any help, I could put it aside again, but that I would find out and be convinced.

After I had read Mrs. Eddy's work, Science and Health, a few days, I found that my ailments had disappeared, and a rest had come to me which I had never before known. I had smoked almost incessantly, although I had often determined to use my will power and never smoke again, but had always failed. This desire as well as the desire for drink simply disappeared, and I wish to say here, that I received all these benefits before I had gained much understanding of what I was reading. Like a prisoner, who had been in chains for years, I was suddenly set free. I did not then know how the chain had been removed, but I had to acknowledge that it came through the reading of this book. I then felt an ardent desire to read more, and to know what this power was that had freed me in a few days of that which I had been trying for years to shake off and had failed. It then became clear to me that this was the truth which Jesus Christ taught and preached to free humanity almost two thousand years ago. It did not, however, occur to me to apply

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it in my business affairs; on the contrary, I first thought that if I continued in my study I would have to retire from business.

This did not happen, however, for I gradually found that the little understanding of this wonderful teaching which I had acquired became a great help to me in my business. I became more friendly, more honest, more loving to my fellow-men; and I also acquired better judgment and was able to do the right thing at the right time. As a natural result my business improved. Before I knew anything of Christian Science my business had often been a burden to me, fear and worry deprived me of my rest. How different it is now! Through the study of the Bible, which now possesses unmeasurable treasures for me, and for our textbook, Science and Health, and the other works of our Leader, I receive peace and confidence in God and that insight into character which is necessary for the correct management of any business.

- W.H.H., Bloomfield, Neb.

NOTE

This testimony first appeared in the 1907 edition and it remained unchanged thereafter.

Chapter XVIII, page 643-645.

HEREDITARY DISEASE OF THE LUNGS CURED

For a long time I have been impelled to contribute a testimony of the healing power of Truth. As I read other testimonies and rejoice in them, some one may rejoice in mine. I was healed by reading Science and Health. By applying it, I found it to be the truth that Jesus taught, - the truth that sets free.

From childhood I had never known a well day. I was healed of lung trouble of long standing. Consumption was hereditary in our family, my mother and three brothers having passed on with it. The law of materia medica said that in a short time I must follow them. I also had severe stomach trouble of over eight years' standing, during which time I always retired without supper, as the fear of suffering from my food was so great that I denied myself food when hungry. For over twenty years I had ovarian trouble, which was almost unbearable at times. It dated from the birth of my first child, and at one time necessitated an operation. I suffered with about all the ills that flesh is heir to: I had trouble with my eyes from a child; wore glasses for fourteen years, several oculists saying I would go blind, one declaring I would be blind in less than a year if I did not submit to an operation, which I refused to do.

But thanks be to God whose Truth reached me through the study of our textbook. Words fail to express what Christian Science has done for me in various ways, for

my children, my home, my all. The physical healing is but a small part; the spiritual unfolding and uplifting is the "pearl of great price," the half that has never been told. - Mrs. J.P.M., Kansas City, Mo.

NOTE

This testimony first appeared in the 1907 edition and it remained unchanged thereafter.

Chapter XVIII, page 645-646.

TEXTBOOK APPRECIATED

It has been my privilege to have interviews with representatives of more than sixty per cent of the nations of this earth, under their own vine and fig-tree. I had never heard a principle understandingly advanced that would enable mankind to obey the apostolic command, "prove all things," until Science and Health with Key to the Scriptures was placed in my hands. I believe that the honest study of this book in connection with the Bible will enable one to "prove all things."

I make this unqualified statement because of what my eyes have seen and my ears heard from my fellow-men of unquestioned integrity, and the positive proofs I have gained by the study of these books. Many supposed material laws that had been rooted and grounded in my mentality from youth have been overcome. It required some time for me to wake up to our Leader's words in Miscellaneous Writings, p. 206: "The advancing stages of Christian Science are gained through growth, not accretion." I had many disappointments and falls before I was willing to do the scientific work required to prove this statement; yet notwithstanding the cost to ourselves, I am convinced that we cannot do much credit to the cause we profess to love until we place ourselves in a position to prove God as He really is to us individually, and our relation to Him, by scientific work.

I wish to express loving gratitude to our Leader for

the new edition of Science and Health. In studying this new edition one cannot help seeing the wisdom, love, and careful and prayerful thought expressed in the revision. Often the changing of a single word in a sentence makes the scientific thought not only more lucid to him who is familiar with the book, but also to those just coming into the blessed light. All honor to that God-loving, God-fearing woman, Mary Baker G. Eddy, whose only work is the work of love in the helping of mankind to help themselves; who has placed before her fellow-men understandingly, what man's divine rights are, and what God really is. - H.W.B., Hartford, Conn.

NOTE

This testimony first appeared in the 1907 edition and it remained unchanged thereafter.

Chapter XVIII, page 646-647.

RUPTURE AND OTHER SERIOUS ILLS HEALED

When I took up the study of Christian Science nearly three years ago, I was suffering from a very bad rupture of thirty-two years' standing. Sometimes the pain was so severe that it seemed as if I could not endure it. These spells would last four or five hours, and while everything was done for me that could be done, no permanent relief came to me until I commenced reading Science and Health with Key to the Scriptures. After I had once looked into it I wanted to read all the time. I was so absorbed in the study of the "little book" that I hardly realized when the healing came, but I was healed, not only of the rupture, but also of other troubles, - inflammatory rheumatism, catarrh, corns, and bunions.

I would never part with the book if I could not get another. I am seventy-seven years old, and am enjoying very good health. - Mrs. M.E.P., St. Johnsbury, Vt.

NOTE

This testimony first appeared in the 1907 edition and it remained unchanged thereafter.

Chapter XVIII, page 647-648.

MOTHER AND DAUGHTER HEALED

When Christian Science came to me, I had been taking medicine every day for twenty years, on account of constipation. I had been treated by doctors and specialists; had taken magnetic treatments and osteopathy; had tried change of climate; had an operation in a hospital, and when I came out was worse than before. I was so discouraged, after I had tried everything I ever heard of, and was no better but rather grew worse, that it seemed as though I must give up trying to get well, when a friend suggested that I try Christian Science. I had heard that Christian Scientists healed by prayer, and I thought this must be the way Jesus had healed. I felt that this was all there was left for me to try. I sent for the book, Science and Health, and commenced to read it out of curiosity, not thinking or knowing that I could be helped by the reading, but thinking I must still take medicine and that I must also have treatment by a Scientist. I, however, dropped my medicine and read for three days; then a light began to shine in the darkness. I was healed of the trouble and have never had to take medicine since. I have studied Science and Health faithfully ever since, and other ailments have disappeared. My little daughter has also been healed and has learned to use this knowledge in her school work. - Mrs. O.R., Leadville, Col.

NOTE

This testimony first appeared in the 1907 edition and it remained unchanged thereafter.

LIVER COMPLAINT HEALED

As my thoughts go back to the time when I believed I had nothing to live for, and when each morning's awaking from sleep brought a sense of disappointment to find myself still among the living (for I had hoped each night that I closed my eyes in sleep that it would be the last time), my heart overflows with love and gratitude to God for our dear Leader who discovered this blessed truth and to the dear ones who have helped me so lovingly and patiently over many rough places.

Twelve years ago, I consulted a physician because I had noticed some odd-looking spots on one of my arms. He said they were liver spots, but that it was not worth while prescribing for those few, that I should wait until I was covered with them. About three months later, with the exception of my face and hands, I was covered with them. Then I became alarmed and called on another physician who prescribed for me, but he finally said he could do no more for me. Other physicians were consulted with no better results. Six years ago, friends advised me to see their family physician, and when I called on him he said he was positive he could cure me, so I asked him to prescribe for me. At the end of two years, after prescribing steadily, he said I was so full of medicine that he was afraid to have me take any more, and advised a rest. After having paid out a small fortune, I was no better, and very much discouraged.

Two years ago, having failed in business, I applied to one of my patrons for a furnished room where I could meet the few I still had left. This lady, who is a Christian Scientist, loaned me Science and Health, and because she asked me so often how I was getting on with the book, I began reading it. I also attended the Wednesday evening meetings which I found very interesting. After hearing the testimonies at the meetings, I decided to speak to some practitioner about these spots, but not until I had at least a hundred dollars on hand, because I thought I would require that amount for treatments, as I had been accustomed to paying high prices. I had not inquired about prices, and in fact did not speak to any one about my intentions, because I felt sensitive on this subject. When I had read about half of Science and Health, I missed the spots, and upon searching could find no trace of them. They had entirely disappeared without treatment. In a few weeks the reading of that book had accomplished what materia medica had failed to accomplish in ten years. It is impossible to express the feeling of relief and happiness which came over me then. - C.K., Astoria, N.Y.

NOTE

This version first appeared in the 1907 edition and it remained unchanged thereafter.

Chapter XVIII, page 649-650.

A CONVINCING INVESTIGATION

While I have testified to those around me and in many localities, of my healing in Christian Science, I feel that it is high time I put the candle in the candlestick where all who will may see. My earliest recollection was a day of suffering, - a physical inheritance from my mother, which gave simple interest for a time until years advanced and compound interest was added. My father was a physician, and material remedies were used for my mother without avail, consequently his confidence in them for me was shaken, - in fact he often told me it was better to suffer without medicine than become a chronic doser, without pain.

I began teaching in early life and continued for more than twenty years, and during that time not a day passed without pain, or fear of pain, and only for my innate love of life it would have become an intolerable burden. For five years oatmeal was my chief food and I became almost as attached to it as Kaspar Hauser to his crust. I was early taught to have faith in God, and many times was relieved of pain only to have it appear again in an aggravated form.

At last my heart cried out for the living God, and the answer came by one of His messengers, who told me of Christian Science. I replied that I believed God could heal, but that I had no faith in the healing of Christian Science, but would like to investigate its theology, as it might aid in giving me some clue to the meaning

of life. For three years I had searched the works of the most scientific writers to find the origin of life; many times I would think I had traced it to the beginning, but it would elude my grasp every time. One day in talking with my friend, she said she would like to loan me the textbook, Science and Health, which I very willingly accepted. Not long afterward I felt a severe attack of suffering. I opened the book for the first time and found a paragraph near the middle which attracted my attention. I read the same paragraph over and over for nearly two hours. When the tea bell rang I closed the book and I shall never forget my perception of the new heaven and the new earth, - everything in nature that I could see seemed to have been washed and made clean. The flowers that I have always loved so much, and that from childhood had told me such sweet stories, now spoke to me of the All-in-all, the hearts of my friends seemed kinder, - I had touched the hem of the garment of healing.

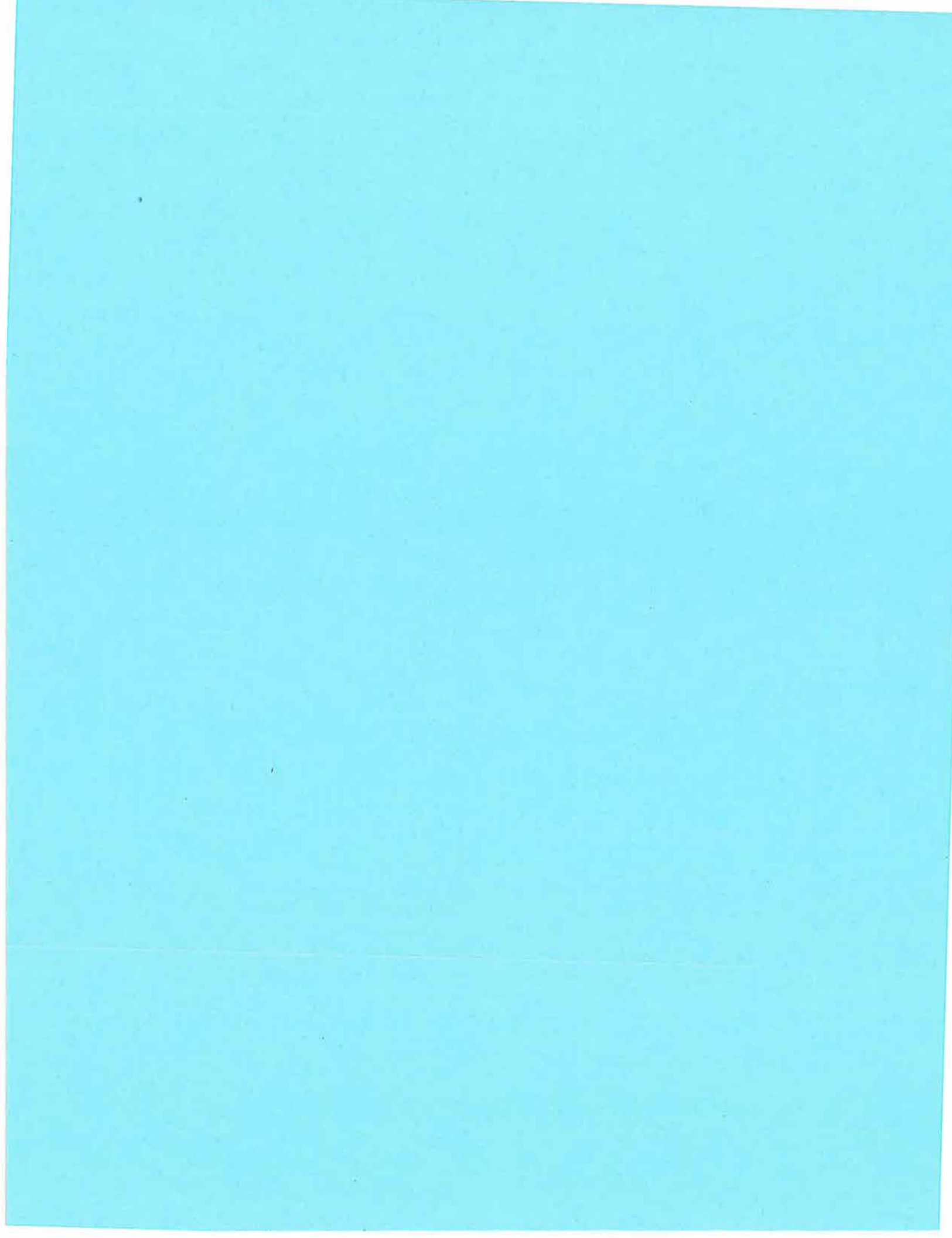
I ate my supper that evening forgetful of the preparations I had made for suffering, and when the next day began I was more zealous of good work than ever before. Since closing Science and Health at my first reading I have never been able to find the paragraph which I had read so many times over, the words seemed to have slipped away from me, but my joy knew no bounds at having found the pearl of great price. By the continued reading of the book I was entirely healed, and for fourteen years I have not seen a day

of physical suffering. - Miss L.M., Rome, N.Y.

NOTE

This testimony first appeared in the 1907 edition and it remained unchanged thereafter.

Chapter XVIII, page 650-652.



DEAFNESS AND DROPSY HEALED

I had been deaf from childhood. I suffered intensely after eating, and dropsy was another of my complaints. This, with consumption, caused one doctor to say, "It puzzles me; I have never seen such a case before as yours."

I met a friend who had been cured in Christian Science, and she said, "Try Christian Science." I got a copy of Science and Health and in three weeks I was entirely cured. I felt uplifted. It seemed as if God's arms were around and about me. I felt as if heaven had come down to earth for me. After five years of suffering can any one wonder at my unspeakable gratitude? - A.B., Pittsburg, Pa.

NOTE

This testimony first appeared in the 1907 edition and it remained unchanged thereafter.

Chapter XVIII, page 652-653.

GRATEFUL FOR MANY BLESSINGS

In 1894 I began the study of Christian Science. At that time I was greatly in need of its healing truth. For a number of years previous I had been a semi-invalid with no hope of ever being well and strong again. Several years before this time I had undergone an operation which resulted in peritonitis. For three years previous to my study of Science and Health by Mrs. Eddy, I was scarcely ever free from headache caused by the weakened and diseased condition of the internal organs. At the time I began the study of Christian Science I was taking five kinds of medicine.

I began to read Science and Health, and did not take treatment, for I thought, "If this is truth, I shall be healed; if it is not, I shall be able to detect it, and will have nothing to do with it." I became a devoted student and gradually my bodily diseases left me, - I was free, and since that time, nearly ten years ago, neither my two children nor myself have taken any medicine; and our understanding of truth has been able to meet and overcome any suggestion of illness.

I was a devoted member of an orthodox church, but as I grew older I began to question my beliefs, and to my questions I could find no satisfactory answer. I became dissatisfied and finally ceased attending church. I could not accept the idea of God taught there, and at last my friends looked sadly upon me as

an atheist. There I stood until I learned to know God as revealed in Science and Health, and then all my questionings were answered. In my girlhood I had always prayed to the God I held in mind, and when the shadows of sickness, pain, and death came to my family, I prayed as only those can who know that if He helps not, there is none; but my prayers were unanswered. Then I closed my Bible, saying, "There is a mistake somewhere, perhaps some time I may know."

Only those who know the attitude of mind that I was in can understand the joy that came to me as I began to learn of God in Christian Science, and of my relation to Him.

Many proofs of the healing power of Truth and of His protecting care throng my thoughts. Seven years ago, when we were in a far distant country, where Christian Science was then unknown, my little daughter came in one morning from her school, saying, "Mother, I have measles; twenty of the girls are sick in bed and I am afraid they will put me there also." Her face, hands, and chest were covered with a deep red rash, throat sore, and eyes inflamed. We began immediately to do our work in Science and at night, when I left her at the door of the college, her face was clear, her eyes bright, and all fear destroyed. That was the end of the disease. - F.M.P., Boston, Mass.

NOTE

This testimony first appeared in the 1907 edition and it remained unchanged thereafter.

Chapter XVIII, page 653-654.

A JOYFUL EXPERIENCE

In love and gratitude to God, and to Mrs. Eddy, the interpreter of Jesus' beautiful teachings, I wish to tell of some of the benefits which I have received from Christian Science. It is a little over a year since Science found me in a deplorable condition, physically as well as mentally. I had ailments of many years' standing, - chronic stomach trouble, severe eye trouble, made almost unbearable from the constant fear of losing my sight (a fate which had befallen my mother), also a painful rupture of twenty-five years' standing. These ailments, combined with unhappy conditions in my home, made me very despondent. I had entirely lost my belief in an all-merciful God, and I did not know where to turn for help. At that time Christian Science was brought to my notice, and I shall never forget the sublime moment when I perceived that an all-loving Father is always with me. Forgotten was all sorrow and worry, and after four weeks' reading in Science and Health all my ailments had disappeared. I am to-day a healthy, contented woman.

All this has come to pass in one short year, and my earnest desire is to be more and more worthy to be called a child of God. This is in living gratitude for an understanding of this glorious truth. - Mrs. R.J., Chicago, Ill.

NOTE

This testimony first appeared in the 1907 edition and it remained unchanged thereafter.

Chapter XVIII, page 655.

AN EVER-PRESENT HELP

It is a year since I began to read Science and Health, and I will now try to outline what a knowledge of its teachings has done for me.

My condition was then very trying; my eyes, which had caused me much trouble since childhood, were very painful. For these I had been treated by some of the best specialists in my native land, and after coming to the United States I had been doctored much and had worn glasses for four years. I also had catarrh, for which I had taken much medicine without being relieved. In addition to this I was an excessive smoker, using tobacco in some form almost constantly. I had contracted a smoker's heart, and used liquors freely.

The one who brought to me that which I now prize so highly, was a book agent. I told him that I should be forced to leave my trade on account of my eyes. He then told me of having been healed of a cancer, through Christian Science treatment. He showed me a copy of Science and Health, which had the signs of much use, and after being assured that if I did my part I would be healed of all my diseases, I sent for a copy of the book.

My recovery was very rapid, for after reading the book only three weeks I was completely healed of the tobacco habit. I will say, in regard to this healing, that it did not require even as much as a resolution

on my part. I was smoking a cigar, while reading Science and Health, when all the desire to continue smoking left me, and I have never had a desire to use tobacco in any form since then. My eyes were the next to manifest the influence of the new knowledge gained, and had soon so far recovered that I could go about my work with ease, and I have had no more use for glasses. To-day my heart is normal, the catarrh has totally disappeared, and I am not addicted to the use of liquor.

Christian Science has proved to be an ever-present help, not only in overcoming physical ailments, but in business and daily life. It has also overcome a great sense of fear. The Bible, which I regarded with suspicion, has become my guide, and Christianity has become a sweet reality, because the Christian Science textbook has indeed been a "Key to the Scriptures" and has breathed through the Gospel pages a sweet sense of harmony. - A.F., Sioux City, Iowa.

NOTE

This testimony first appeared in the 1907 edition and it remained unchanged thereafter.

Chapter XVIII, page 655-657.

SEVERE EYE TROUBLE OVERCOME

After hearing Christian Science lightly spoken of, from a Christian pulpit, I decided to go to one of the services and hear for myself. From infancy I had been devoted to my church, and as soon as I was old enough I was ever active in the work. Feeling it to be my duty to attend every service held in my own church, I took advantage of the Wednesday evening meetings. My first visit was not my last, I am thankful to say, for I saw immediately that these people not only preached Christianity, but practised and lived it. At that time I was wearing glasses and had worn them for sixteen years. At times I suffered the most intense pain, and for this phase of the trouble, one specialist after another had been consulted. All gave me very much the same advice; each one urged extreme carefulness and gave me glasses that seemed to relieve for a time. None of them held out any hope that my sight would ever be restored, saying that the defect had existed since infancy, and that in time I should be blind.

The thought of blindness was very distressing to me, but I tried to bear it with Christian resignation, since I thought that God had seen fit to afflict me; but since I have learned that He is a loving Father, who gives only good, I regret that I ever charged Him with my affliction. I had no treatment, but I read Science and Health, and my eyes were healed and glasses laid aside.

I can never find words to express my thanks to our dear Leader, through whose teachings my sight has been regained. I can truthfully say that "whereas I was blind, now I see" - through an understanding of Truth I have found my sight perfect as God gave it. - Miss B.S., Wilmington, N.C.

NOTE

This version first appeared in the 1907 edition and it remained unchanged thereafter.

Chapter XVIII, page 657-658.

A TESTIMONY FROM IRELAND

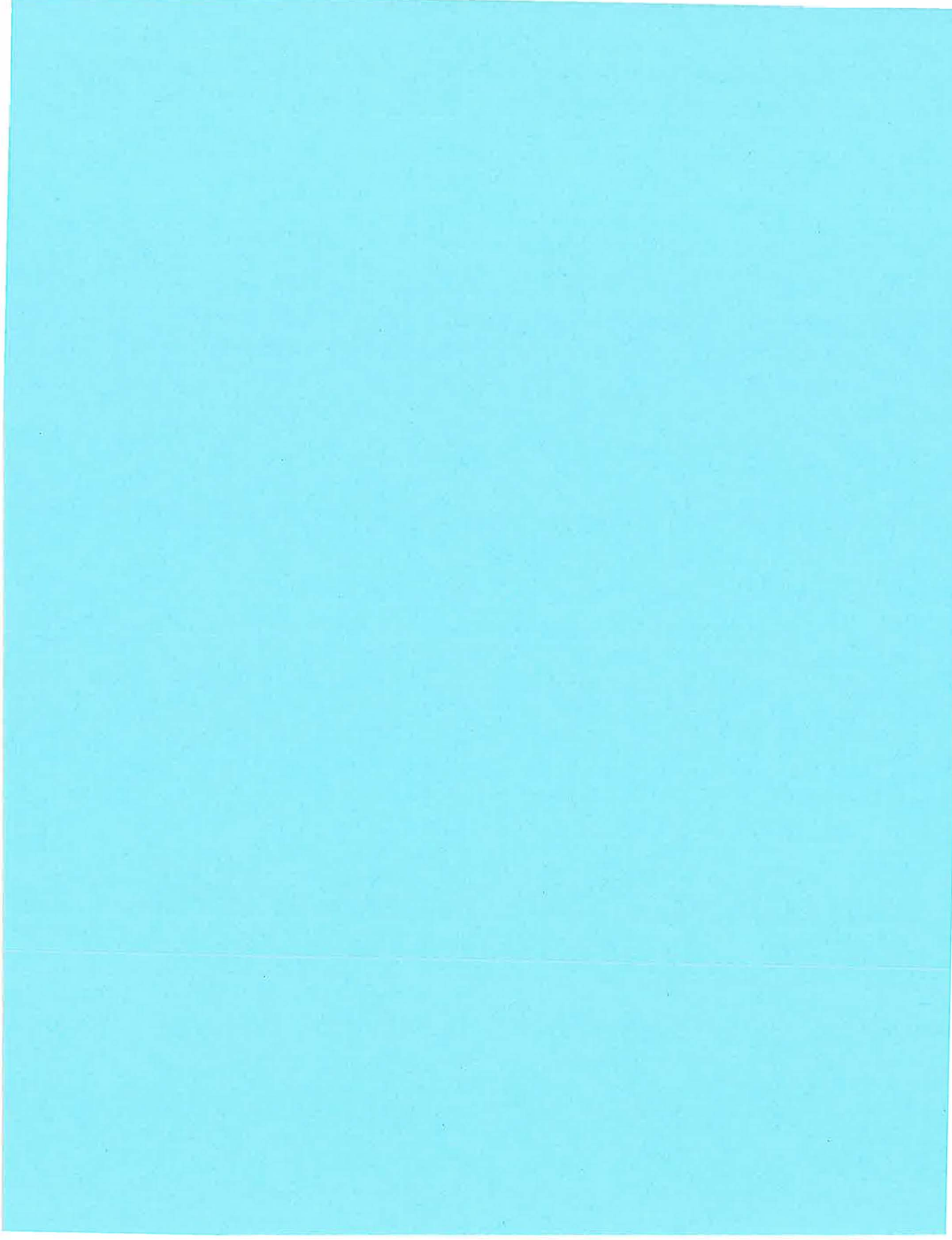
It is with a heart full of love and gratitude to God, and to our dear Leader, that I send this testimony to the Field. I had never been a strong girl; had always been subject to colds and chills, and suffered all my life from a delicate throat. Seven years ago I had a very severe attack of rheumatic fever and subsequently two less severe ones. These left all sorts of evils behind them, - debility, chronic constipation, and several others, so that with these ills my life was often a burden to me and I used to think I never should receive relief or health. I had also lost all love for God and faith in Him. I could not accept a God who, as I then believed, visited sickness and sorrow upon His children as a means for drawing them to Him. I was in this state of mind and body when Christian Science found me. A dear friend, seeing my suffering, presented the truth to me, and though at first I did not believe that there could be healing for me, the Christian Scientists' God seemed to be the one I had been looking for all my life. I began to read Science and Health, and shall never forget my joy at finding that I could love and trust God. I took to studying the Bible, and read nothing but Science and Health and other Christian Science literature for a year. After studying the "little book" for about six weeks, I one day realized that I was a well woman, that I had taken no medicine for three weeks, and that my body was

perfectly harmonious. The reading of Science and Health had healed me. The wonderful joy and spiritual uplifting which came to me then no words of mine can describe. I had also suffered from astigmatism and had for several years been obliged to use special glasses when reading or working, and could never use my eyes for more than half an hour; but from the first reading of Science and Health I found that I could read in any light and for any length of time without the slightest discomfort. I am not only grateful for the physical healing but for the mental regeneration. I rejoice that I am now able to help others who are sick and sorrowing. - E.E.L., Curragh Camp, County Kildare, Ireland.

NOTE

This testimony first appeared in the 1907 edition and it remained unchanged thereafter.

Chapter XVIII, page 658-659.



THE TEXTBOOK MAKES OPERATION UNNECESSARY

In the early part of the year 1895 my physician said I must undergo a surgical operation in order ever to be well. While in great fear, and dreading the operation, a kind neighbor called, and after telling me of Christian Science gave me a copy of Science and Health. She said I must put aside all medicine, and by reading faithfully she knew I could be healed. The book became my constant companion, and in a short time I was healed. Besides the relief from an operation, I was completely healed of severe headaches and stomach trouble. Physicians could give me no help for either of these ailments. For ten years I have not used medicine of any kind, and have not missed a Christian Science service on account of sickness during this period. I am perfectly well. To say that I am grateful to God for all this does not express my feelings. The physical healing was wonderful, but the understanding given me of God, and the ability to help others outweigh all else. I also love our dear Leader. - Mrs. V.I.B., Concord, N.H.

NOTE

This testimony first appeared in the 1907 edition and it remained unchanged thereafter.

Chapter XVIII, page 659-660.

KIDNEY DISEASE AND EYE TROUBLE HEALED

Early in 1904 I was teaching in a private boarding-school. I was a very unhappy, discontented woman; I had kidney disease, besides sore eyes, and my general health was very bad. The doctor said that the climate did not suit me, and that I certainly should have a change. The best thing, he said, was to go back to France (my own country); but I did not like to leave the school, so I struggled on until July, when we went travelling for a month, but I came home worse than ever. I had a lot of worry, one disappointment after another, and I often thought that life was not worth living. In September, 1904, we heard for the first time of Christian Science through a girl who was attending our boarding-school, and who was healed through Christian Science treatment. We bought the textbook, "Science and Health with Key to the Scriptures" by Mrs. Eddy, and what a revelation it was and is to us; it is indeed the fountain of Truth. I had read Science and Health but a very short time when I took off my glasses, began to sleep well, and soon found myself well in mind and body. Besides this, it has brought harmony into our school, where there had been discord, and everything is changed for the better. I cannot describe the happiness that has come to me through Christian Science; I can only exclaim with the psalmist: "Bless the Lord, O my soul;" and may God bless Mrs. Eddy.

My one aim now is to live Christian Science, not in words only, but in deeds; loving God more and my neighbor as

myself, and following meekly and obediently all our Leader's teachings. Words cannot express my gratitude to Mrs. Eddy for Christian Science. - S.A.K., Vancouver, B.C.

NOTE

This testimony first appeared in the 1907 edition and it remained unchanged thereafter.

Chapter XVIII, page 660-661.

DISEASE OF BOWELS HEALED

When I first heard of Christian Science I had been afflicted for nine years with a very painful disease of the bowels, which four physicians failed even to diagnose, all giving different causes for the dreadful sufferings I endured. The last physician advised me to take no more medicine for these attacks, as drugs would not reach the cause, or do any good. About this time I heard of Christian Science, and had the opportunity of reading "Science and Health with Key to the Scriptures" by Mrs. Eddy, a few minutes every day for about a week, and I was thereby healed. In looking back I found I had not suffered in the least from the time I began reading this book. It has been nearly seventeen years since this wonderful healing, and I have had no return of the disease. My gratitude is endless and can be best expressed by striving mightily to walk in the path our Leader has so lovingly shown us in Science and Health. - Mrs. J.W.C., Scranton, Pa.

NOTE

This testimony first appeared in the 1907 edition and it remained unchanged thereafter.

Chapter XVIII, page 661-662.

HEALED BY READING THE TEXTBOOK

After doctoring about a year, I was obliged to give up school and was under medical care for two years; but grew worse instead of better. I was then taken to specialists, who pronounced my case incurable, saying I was in the last stages of kidney disease and could live only a short time. Shortly afterward my uncle gave me a copy of "Science and Health with Key to the Scriptures," and asked me to study it. After studying a short time I was able to walk a distance of several miles, which I had not been able to do for three years. I also laid aside glasses which I had worn seven years, having been told I would become blind if my eyes did not receive proper care. It is over a year since I received God's blessing, and I am now enjoying perfect health and happiness. I have never had my glasses on since I first began reading Science and Health, and I have not used any medicine. - L.R., Spring Valley, Minn.

NOTE

This testimony first appeared in the 1907 edition and it remained unchanged thereafter.

Chapter XVIII, page 662.

A TESTIMONY FROM SCOTLAND

I came to Christian Science purely for physical healing. I was very ill and unhappy; very cynical and disbelieving in regard to what I heard of God and religion. I tried to live my life in my own way and put religion aside. I was a great believer in fate and in will-power, and thought to put them in the place of God, with the consequence that I was led to do many rash and foolish things. I am now thankful to say that my outlook on life is entirely changed; I have proved God's wisdom and goodness so often that I am willing and thankful to know my future is in His hands and that all things must work out for the best. I have found a God whom I can love and worship with my whole heart, and I now read my Bible with interest and understanding.

I was healed of very bad rheumatism simply by reading Science and Health. I had tried many medicines, also massage, with no result, and the doctors told me that I would always suffer from this disease, as it was inherited, and also because I had rheumatic fever when a child. I suffered day and night, and nothing relieved me until Science proved to me the falseness of this belief by removing it. I gave up all the medicines I was taking and have never touched any since, and that is more than two years ago. Before this I had often tried to do without a medicine that I had taken every day for ten years, but was always ill and had

to return to it, until I found out that one Mind is the only medicine, and then I was freed from the suffering.

I had also suffered constantly from bilious attacks, colds, and a weak chest, and had been warned not to be out in wet weather, etc., but now, I am glad to say, I am quite free from all those material laws and go out in all sorts of weather. - R.D.F., Edinburgh, Scotland.

NOTE

This testimony first appeared in the 1907 edition and it remained unchanged thereafter.

Chapter XVIII, page 662-663.

CURING BETTER THAN ENDURING

For eight years I was a great sufferer from weak lungs and after being treated by ten different physicians, in the States of Illinois, Missouri, and Colorado, I was told there was no hope of my recovery from what they pronounced tuberculosis, which was hereditary, my father having been afflicted with it. I was greatly emaciated and hardly able to be about. My general condition was aggravated by what the doctors said was paralysis of the bowels. Three physicians so diagnosed it at different times, and assured my husband that I could never get more than temporary relief. This indeed I found difficult to obtain, in spite of my almost frantic efforts. At times I was nearly insane from suffering, and after eight years of doctoring I found myself steadily growing worse. For four years I did not have a normal action of the bowels, and it was only by extreme effort and by resort to powerful drugs or mechanical means, with resultant suffering, that any action whatever could be brought about.

I had heard nothing of the curative power of Christian Science, and only to oblige a friend I went one night, about three years ago, to one of their mid-week testimonial meetings, in Boulder, Colorado. I was much impressed by what I heard there, and determined at once to investigate this strange religion, in the hope that it might have something good for me. I bought the textbook, Science and Health, and from the first I found

myself growing stronger and better, both physically and mentally, as I acquired a better understanding and endeavored to put into practice what I learned. In one week I was able to get along better without drugs than I had for years with them, and before three months had passed I was better than I had been any time in my life, for I had always suffered more or less from bowel trouble. Since that time I have taken no medicine whatever, and rely wholly upon Christian Science. My lungs are now sound, my bowels normally active, my general health excellent, and I am able to endure without fatigue tasks that before would have prostrated me. The study of our textbook was the sole means of my healing.

- L.M. St. C., Matachin, Canal Zone, Panama.

NOTE

This testimony first appeared in the 1907 edition and it remained unchanged thereafter.

Chapter XVIII, page 664-665.

SEVERE ECZEMA DESTROYED

It is only two years since I came from darkness into the light of Christian Science, and to me the spiritual uplifting has been wonderful, to say nothing of the physical healing. Words cannot express my gratitude for benefits I have received in that time. For five years I suffered with that dreaded disease, eczema, all over my body. Five doctors said there was no help for me. The suffering seemed as terrible as the hell fire that I had been taught to believe in. When Christian Science came to me two years ago through a dear friend, she gave me a copy of Science and Health and asked me to read it. I told her that I would, for I was like a drowning man grasping at a straw. I had been a Bible student for twenty-eight years, but when I commenced reading Science and Health with the Bible I was healed in less than a week. I never had a treatment. A case of measles was also destroyed in twenty-four hours after it appeared. - Mrs. M.B.G., Vermilion, Ohio.

NOTE

This testimony first appeared in the 1907 edition and it remained unchanged thereafter.

Chapter XVIII, page 665.

SCIENCE AND HEALTH A PRICELESS BOON

I am a willing witness to the healing power of Christian Science, having had a lifetime's battle with disease and medical experiments. Various doctors finally admitted that they had exhausted their resources, and could only offer me palliatives, saying that a cure was impossible. I had paralysis of the bowels, frequent sick headaches with unutterable agony, and my mortal career was nearly brought to an end by a malignant type of yellow fever. Many were the attending evils of this physical inharmony, but God confounds the wisdom of men, for while studying Science and Health two years ago, the veil of ignorance was lifted and perfect health was shown to me to be my real condition, and to such there is no relapse. The constant use of glasses, which were apparently a necessity to me for years, was proven needless, and they were laid aside. Mrs. Eddy has made Scripture reading a never-failing well of comfort to me. By her interpretation "the way of the Lord" is made straight to me and mine. It aids us in our daily overcoming of the tyranny of the flesh and its rebellion against the blessed leading of Christ, Truth. The daily study of the Bible and our textbook is bringing more and more into our consciousness the power of God unto salvation. - J.C., Manatee, Fla.

NOTE

This testimony first appeared in the 1907 edition and it remained unchanged thereafter. Chapter XVIII, page 666.

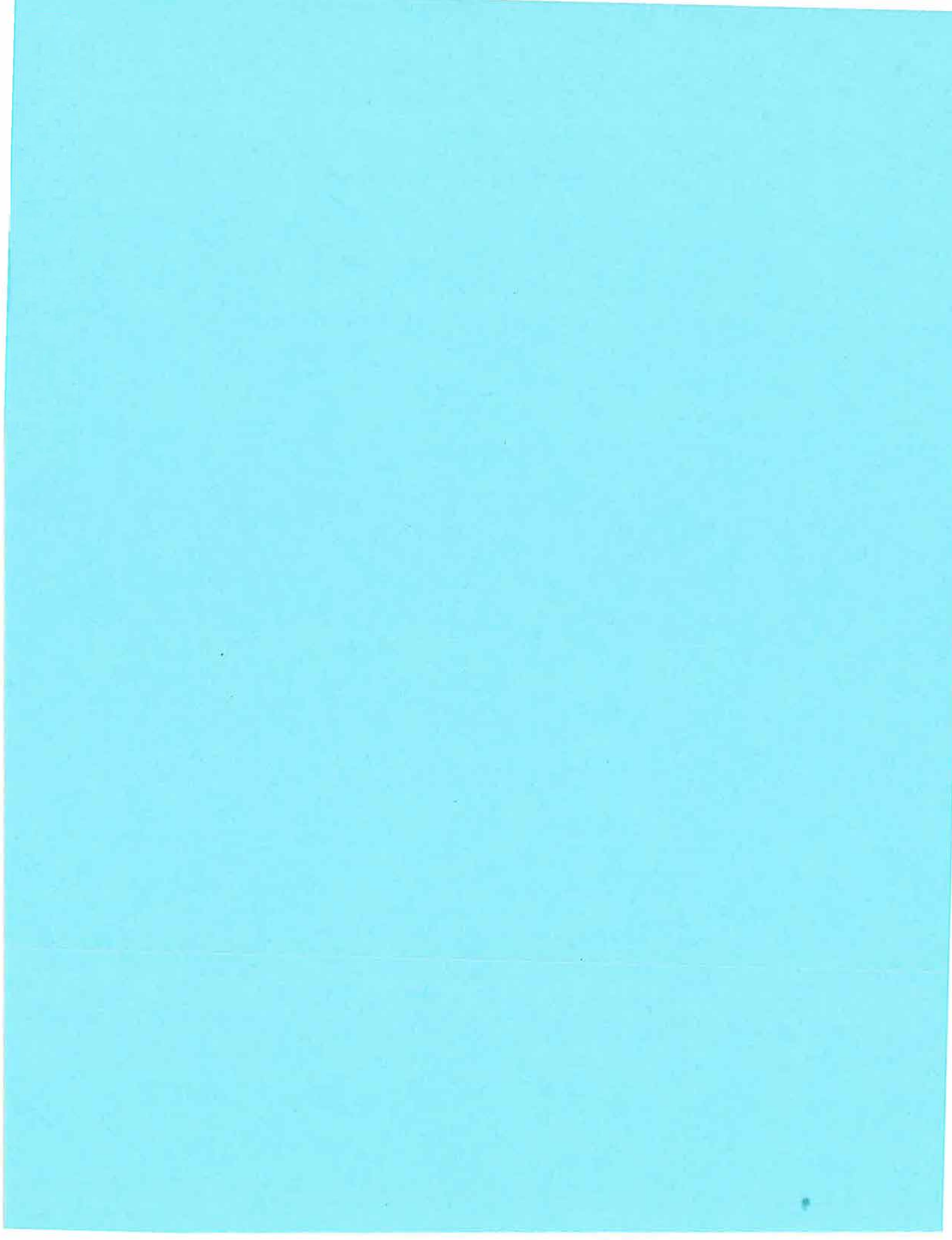
A CRITIC CONVINCED

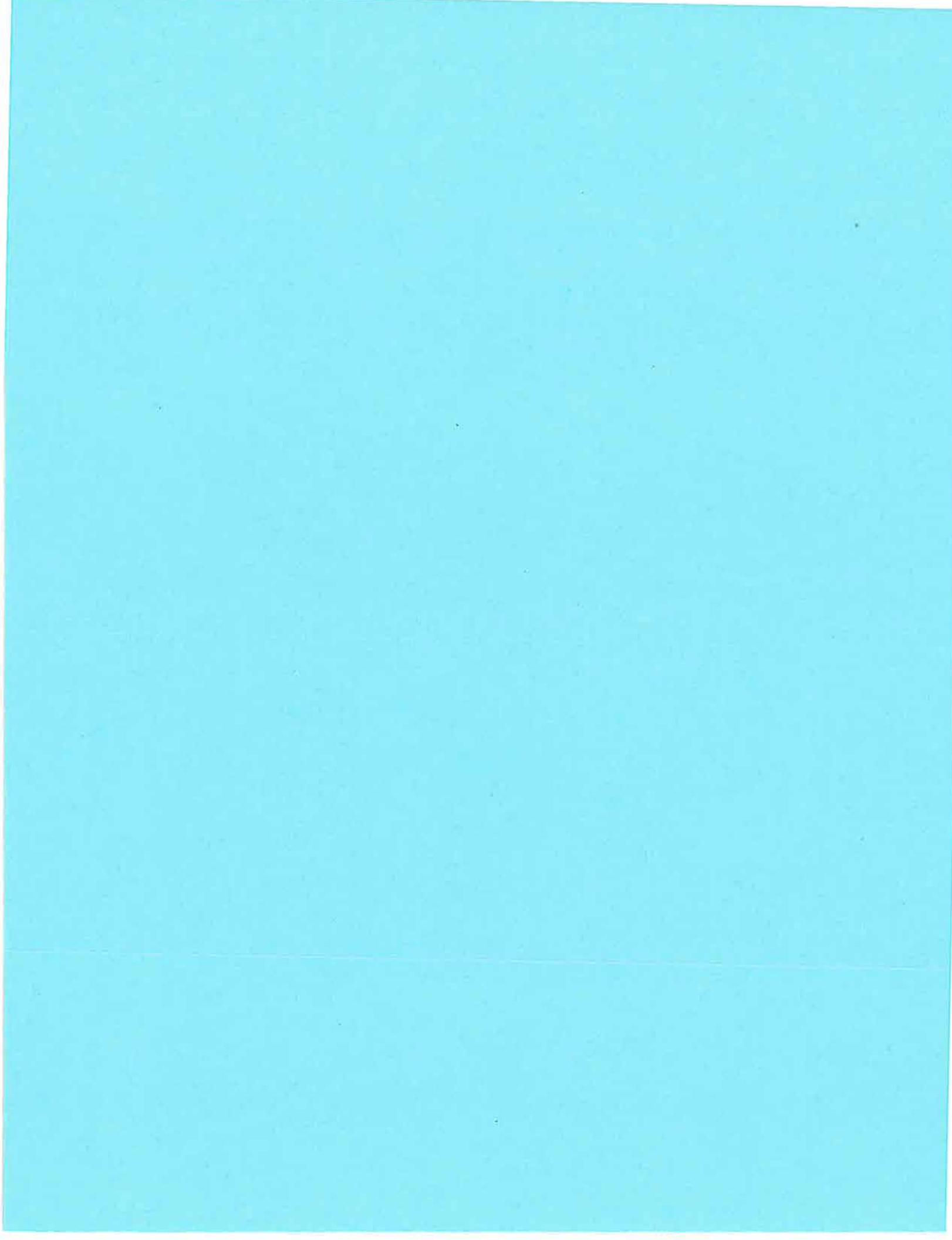
With gratitude to God I acknowledge my lifelong debt to Christian Science. In 1895 I attended my first Christian Science meeting, and was deeply impressed with the earnestness of the people and the love reflected, but as for the spiritual healing of the physical body, I did not believe such a thing to be possible. I bought Science and Health and studied it to be able to dispute intelligently with the supposedly deluded followers of Christian Science. I pursued the study carefully and thoroughly, and I have had abundant reason since to be glad that I did, for through this study, and the resultant understanding of my relation to God, I was healed of a disease with which I had been afflicted since childhood and for which there was no known remedy. Surely my experience has been the fulfilling in part of the Scripture: "He sent His Word and healed them, and delivered them from their destructions." I believe that Science and Health reveals the Word referred to by David. - C.A.B.B., Kansas City, Mo.

NOTE

This testimony first appeared in the 1907 edition and it remained unchanged thereafter.

Chapter XVIII, page 666-667.





BORN AGAIN

It was in April, 1904, that I first heard the "still, small voice" of the Christ and received healing through Christian Science; and the blessings have been so many since, that it would take too much space to name them. Reared from childhood in an intellectual atmosphere, my paternal grandfather having been an orthodox minister of the old school for forty years, and my father a deep student, ever seeking for the truth of all things, I began early to ponder and to study into the meaning of life, and came to the conclusion before I was twenty that though God probably existed in some remote place, still it was impossible to connect Him with my present living. My highest creed, therefore, became, "Do right because it is right and not for fear of being punished." Then began the suffering. Sorrow after sorrow followed each other in rapid succession; for ten long years there was no rest, the road was indeed long and hard and had no turning, until finally the one thing that had stood by me all through the trials, namely, my health, gave way, and with that went my last hope. But the last hour of the night had come, the dawn of day was at hand; a dear friend left Science and Health upon my piano one day, saying that I would gain much good by reading it.

Glad to get away from my own poor thoughts, I opened the "little book" and began to read. I had

read only a short time when such a wonderful transformation took place! I was renewed; born again. Mere words cannot tell the story of the mighty uplifting that carried me to the very gates of heaven. When I began to read the book, life was a burden, but before I had finished reading it the first time, I was doing all my housework and doing it easily; and since that glorious day I have been a well woman. My health is splendid, and I am striving to let my light so shine that others may be led to the truth. There have been some mighty struggles with error, and I have learned that we cannot reach heaven with one long stride or easily drift inside the gate, but that the "asking" and the "seeking" and the "knocking" must be earnest and persistent.

For a long time I was always looking back to see if the error had gone, until one day when I realized that to catch a glimpse of what spiritual sense means I must put corporeal sense behind me. I then set to work in earnest to find the true way. I opened Science and Health and these words were before me, "If God were understood, instead of being merely believed, this understanding would establish health" (p.203). I saw that I must get the right understanding of God! I closed the book and with head bowed in prayer I waited with longing intensity for some answer. How long I waited I do not know, but suddenly, like a wonderful burst of sunlight after a storm, came clearly this thought, "Be still, and know that I am God." I

held my breath - deep into my hungering thought
sank the infinite meaning of that "I." All self-
conceit, egotism, selfishness, everything that constitutes
the mortal "I," sank abashed out of sight. I trod, as
it were, on holy ground. Words are inadequate to con-
vey the fulness of that spiritual uplifting, but others
who have had similar experiences will understand.

From that hour I have had an intelligent consciousness
of the ever-presence of an infinite God who is only good.
- C.B.G. , Hudson, Mass.

NOTE

This testimony first appeared in the 1907 edition and it
remained unchanged thereafter.

Chapter XVIII, page 667-669.

A RESTLESS SENSE OF EXISTENCE DESTROYED

Through reading Science and Health and the illumination which followed, I was healed of ulceration of the stomach and kindred troubles, a restless sense of existence, agnosticism, etc. The torture I endured with the stomach trouble I will not attempt to describe. The attending physician declared that I could live but a short time, and I felt there would be a limit to my endurance of the torture, but the disease was dissipated into nothingness through Christian Science, which brought me peace.

Like many others I had been seemingly lost in the sea of error, without a compass, yet earnestly and honestly seeking a haven. I had investigated all kinds of religions and philosophies that came under my notice, with the exception of Christian Science, which was not then deemed worthy of inquiry, and yet it held the very truth I was searching for - the light which "shineth in the darkness; and the darkness comprehendeth it not." Three years of stubborn resistance to Truth, with increasing suffering, followed - then the light came, and with it a new experience. Now, after nine years of Christian Science experience, under severe tests, it can be truthfully said that it has not failed me in any hour of need. - J.F.J., Cincinnati, Ohio.

NOTE

This testimony first appeared in the 1907 edition and it remained unchanged thereafter. Chapter XVIII, page 669-670.

MORALLY AND PHYSICALLY HEALED

I did not accept Christian Science on account of any healing of my own, but after seeing my mother, who was fast drifting toward helplessness with rheumatism, restored to perfect health with only a few treatments in Christian Science, I thought surely this must be the truth as Jesus taught and practised it, and if so it was what I had been longing for.

This was about ten years ago and was the first I had ever heard of Christian Science. We soon got a copy of Science and Health and I began in the right way to see if Christian Science were the truth. I had no thought of studying it for bodily healing; in fact, I did not think I needed it for that, but my soul cried out for something I had not yet found. This book was indeed a key to the Scriptures.

It was not long after I began reading before I discovered that my eyes were good and strong, I could read as much as I wished, and at any time, which was something I could not do before, as my eyes had always been weak. The doctors said they never would be very strong, and that if I did not wear glasses, I might lose my sight altogether. I never gave up to wearing glasses, and now, thanks to Christian Science, I do not need them, my work for the past two years as a railway mail clerk being a good test. At the same time my eyes were healed, I also noticed that I was entirely healed of another ailment which had been with me all my life, and which was

believed to be inherited. Since that time my growth has seemed to me slow, yet when I look back and view myself as I was before Christian Science found me, and compare it with my life as it now is, I can only close my eyes to the picture and rejoice that I have been "born again" and that I have daily been putting off "the old man with his deeds," and putting on "the new man."

Some of the many things that have been overcome through the study of Science and Health, and through realizing and practising the truth it teaches, are profanity, the use of tobacco, a very quick temper, which made both myself and those around me at times very miserable, and such thoughts as malice, revenge, etc. -
O.L.R., Fort Worth, Tex.

NOTE

This testimony first appeared in the 1907 edition and it remained unchanged thereafter.

Chapter XVIII, page 670-671.

HEALTH AND UNDERSTANDING GAINED

Most of my boyhood days were spent in the hands of physicians. From birth I was considered a very weakly child, but my mother was brave, and being much devoted to me did everything within her knowledge and power for my comfort. Sickness and medicine were continually before me, and by the time I reached my teens I thought I knew a material remedy for every ill. I continued in my delusion, because I was never told the real cause of my trouble. Besides being under a leading specialist for two years, I was also an outdoor patient at a noted hospital, but I was not healed. It is wonderful how the "little ones" are cared for in the face of all these seeming difficulties. I always used the prayers that I had been taught, and as I grew older I began to ask for wisdom. Little by little I gained a desire for freedom, and my prayers finally led me to the truth. The first week that I heard of Christian Science, I visited the home of dear Christian Science friends, and was at once refreshed by their purity of thought and example. I bought a copy of Science and Health, and, after studying it a little while with the Bible, I saw that if the Bible was true, Science and Health must also be true. I began to demonstrate over my physical and mental condition, and as soon as the fear and pain began to leave me I felt encouraged to go on. I was healed, and stopped complaining. I kept on studying our

textbook, and when I got an understanding in a small degree of the Science of Mind, my first thought was to help others. I was guided where I could progress in Science, and was no longer "carried about with every wind of doctrine," but held to Principle as closely as possible. From the time the healing came into my consciousness, the desire for material remedies left me, because Christian Science at once pointed out the way to get at the cause of discord and disease. All that I had to give up were the false beliefs of mortal mind. Christian Science then taught me to love the church, and to appreciate what it had already done for mankind. I often thought of the old adage, "Charity begins at home," and after three years' preparation I felt able to take Christian Science to my home, where it found, in due time, ready acceptance and willing disciples. This gave me even greater joy than my own healing. The more good I saw accomplished, the more love I had for the truth. Christian Science changed my course from the first, and gave me a nobler aim and purpose in life. I was not so easily influenced by other people's shortcomings, when I learned that evil has neither personality nor place. I was not so ready to take offence, when I found out the way to work unselfishly for the upbuilding of the Cause.

- A.E.J., Toledo, Ohio.

NOTE

This version first appeared in the 1907 edition and it remained unchanged thereafter. Chapter XVIII, page 672-673.

AN EVER-PRESENT HELP FOUND

On the 23rd of March, 1900, I received from one of my daughters a copy of Science and Health on my seventy-first birthday. Although a constant reader of all kinds of papers and books, I had never heard anything of Christian Science, except a short notice that spring in a San Francisco newspaper, from an orthodox clergyman, referring to the Christian Science people in not very complimentary style.

In Mrs. Eddy's book I came across a great deal of thought that was not readily understood at the first reading, but by continued and careful study, and a good deal of help from my knowledge of chemistry and natural philosophy, I soon shook off the belief of sensation in matter, - the so-called elementary substance. One afternoon I put the belt on my circular saw to cut blocks of firewood and also to split a small stick of frame timber. In doing this the stick closed and pinched the saw. I picked up a small wooden wedge and tried to drive it into the saw kerf, but a bit of ice let the stick on to the back of the saw and instantly it flew, with heavy force, into my face, and bouncing off my left cheek fell about twenty feet off on the snow. The blood splattered on the snow next the saw table, and on feeling with my hand there were two wounds, one on the lock of the jaw and another forward, as big as a dollar, on the cheek bone. "Now," I thought to myself, "there is a case of surgery for you," and without further ceremony, I began to treat the case to the best of my knowledge, with the

result that the bleeding stopped almost instantly, and so did the thumping pain, which had commenced. I paid no more attention to the matter, but finished my work, and then went to supper. When I washed my face, I felt a big lump on the jawbone where the block of wood struck, but after my usual reading I went to bed and slept all night until near daylight, when a pain on the right side awoke me. On feeling with my hand there was another big lump on the right side, but I treated it and went to sleep again. I never lost an hour from the hurt, although I found out that my jaw was broken. There is no scar, only a little red spot on the cheek, and the lumps on the bone have long since disappeared.

In summing up the benefits I have received from the reading of Science and Health, I can but refer to a condition of sickness dating back to the war (1862), when chronic and malignant diarrhoea came near making an end of my material existence. My hearing, also, was seriously impaired from the effect of cannon firing at Shiloh, but it has come back to me, and where I formerly dared not eat an orange, or grapes, I can now eat anything without being hurt. My peace of mind is giving me a rest which I never experienced before during my life, and I have ceased to look away off for the divine presence that was always near, though I did not know it. - L.B., Baldy, N.M.

NOTE

This testimony first appeared in the 1907 edition and it remained unchanged thereafter.

Chapter XVIII, page 673-675.

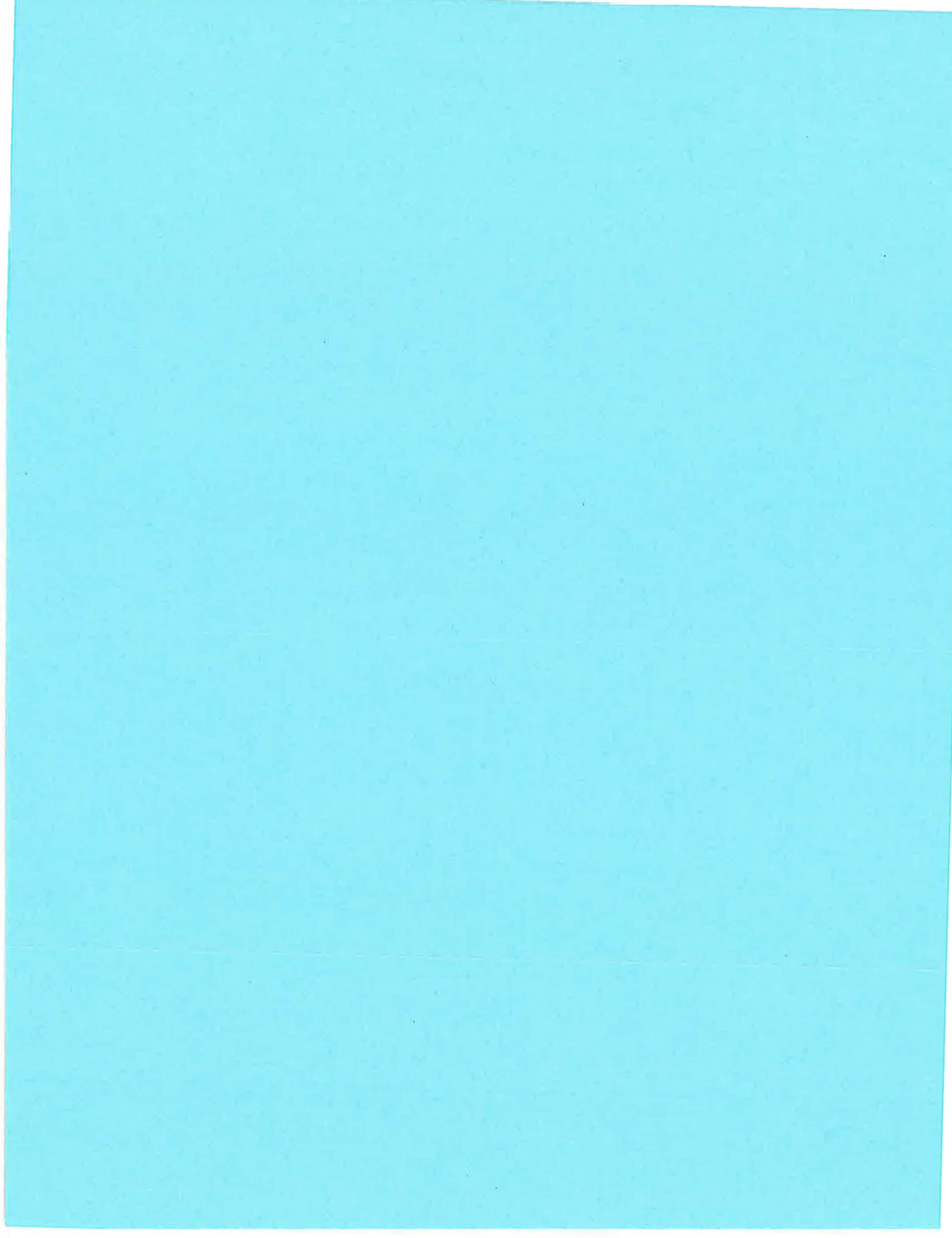
MANY PHYSICAL AND MENTAL TROUBLES OVERCOME

Less than a year ago, when nothing but trouble seemed to encompass me, I was led to Christian Science. My mother's copy of Science and Health was always lying on the table, but I scarcely ever read it. One day, however, the mental conflict was so great I commenced reading in the hope of obtaining peace. Every day since then my companions have been the Bible and Science and Health. At that time I had a very serious eruption on my face, which had been there two years. We had consulted several physicians, and used every remedy suggested to eradicate it, but they proved useless. I had given up all hopes of its ever being healed, as the physician we last consulted pronounced it tuberculosis of the skin and incurable. A few weeks after I commenced reading, I was amazed to see it almost healed over, and to-day my cheek is perfectly smooth, while the scar is disappearing.

In April my baby was born with only the practitioner and a woman friend present. I suffered little pain, and the third day I went down-stairs. I am able to nurse him, - a privilege of which I was deprived with my first child. He is a picture of health, having never been sick a day since he was born. - K.E.W.L., Mt. Dora, Fla.

NOTE

This version first appeared in the 1907 edition and it remained unchanged thereafter. Chapter XVIII, page 675-676.



A NEW LIFE GAINED

Leaving home when a young man, I carried with me a protection against the temptation of a great city, - a mother's prayers and a small Bible. For a time I read the Bible and prayed, but without understanding. This did not suffice, and evil seemed to gain the victory. I soon omitted to read my Bible; forgot to go to God in prayer for guidance and help, and looked to the world for that which it never has and never can give, - health, peace, and joy.

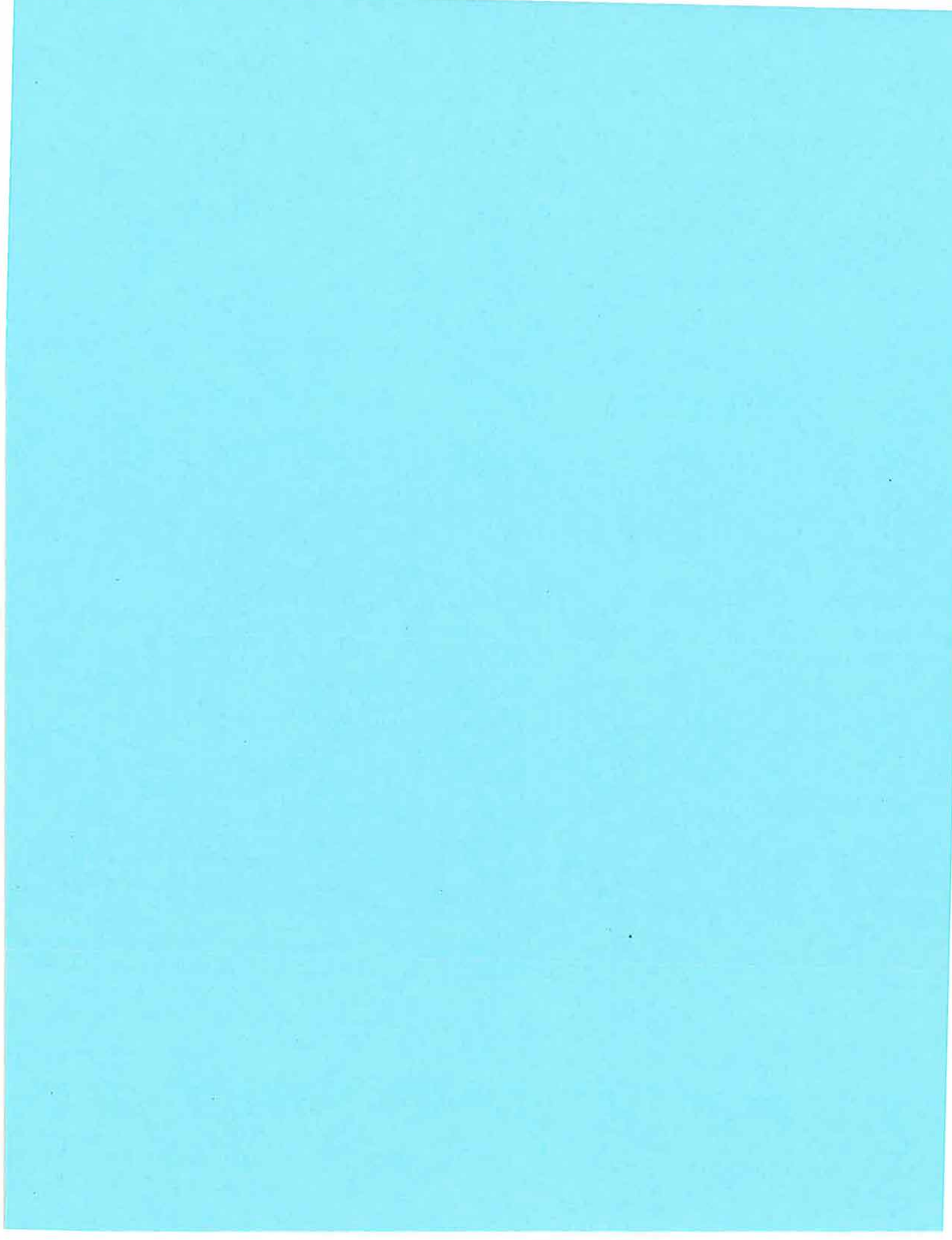
Thus, years later, when Christian Science came into my home, it found me prayerless, churchless, godless; a home discordant, and with no thought or knowledge of spiritual things. Up to this time, my wife had for years been seeking health through the physicians, but without success, and as a last resort had been sent to Christian Science. The help received was so wonderful that I commenced the study of Science and Health. The first effect which I realized from the reading of our textbook, was a great love for the Bible and a desire to read it, something which I had not done for years. I went in silent prayer to God, that I might see the light and truth which would enable me to become a better man. "Ye must be born again." Thus again, and as a child, was I taught to pray "the effectual fervent prayer" which "availeth much." In a few weeks' study of Science and Health together with the Bible, and without other help, I was healed of a desire

for liquor, of years' standing, and of the use of tobacco. Ten years have passed and these appetites have never returned. I have never used either liquor or tobacco in any form from that time to the present. Surely this Scripture is fulfilled in our home: "Old things are passed away; behold, all things are become new." How can we estimate the value of a book, the study of which brings such transformation and regeneration? Only as we endeavor to live, and strive to practise what it teaches, can we begin to pay our debt to God, and to her whom He has sent to make plain to human understanding the life and teaching of Christ Jesus. - W.H.P., Boston, Mass.

NOTE

This testimony first appeared in the 1907 edition and it remained unchanged thereafter.

Chapter XVIII, page 676-677.



A VOICE FROM ENGLAND

For a number of years I was a weary woman, not ill enough in health to be called an invalid, but suffering more than could be told with fatigue and weakness. Feeling that this was God's will, I did not ask to be healed, although I was constantly doctoring. I suffered with dyspepsia, congestion of the liver, and many other things, including weak eyesight. With all the medicine, and with different changes for rest, I never regained health, and thought I never should, so I prayed for grace to bear my cross patiently for others' sake. One day, while lying on my couch exhausted, which had become a frequent experience, the words came to me, "Whatsoever ye shall ask in prayer, believing, ye shall receive." I rose, knelt down and said, O God, make me well. I was telling a friend this and she kindly gave me a Sentinel. Imagine my joy when I saw the testimonies of healing! I believed them, remembering our Lord's words, "Blessed are they that have not seen, and yet have believed." I obtained a copy of Science and Health and before a week had passed I realized that if God was my all I needed no glasses. My eyes were healed in a few days, and since then I have never thought of glasses. I was also cured of dyspepsia, and nothing that I have eaten has hurt me since then. The belief in health laws was next destroyed, by knowing that our heavenly Father did not make them, and from this has come the beautiful experience of the overcoming of fatigue.

For this alone I can never be thankful enough. True indeed are the words, "They shall run, and not be weary." This was more than a year ago, and I can say that not once have I felt inclined to lie on the couch, nor have I had a headache, although I am doing more work than ever before. Fear has also been overcome in many ways.

- A.L., Chelmsford, England.

NOTE

This testimony first appeared in the 1907 edition and it remained unchanged thereafter.

Chapter XVIII, page 677-678.

DEPRAVED APPETITES OVERCOME

When Christian Science first came to me, or rather, when I first came to Christian Science, I did not have a very bad opinion of myself. I thought I was a pretty good fellow. I had no religious views. I seemed to be getting along as well as, if not better than, some who professed Christianity. So I drifted along until I was led to investigate Christian Science.

As I progressed in the understanding as gained from the study of both Science and Health and the Bible, and commenced to know myself, I found that a great change had been wrought in me. For fifteen years I had used tobacco, both chewing and smoking; for ten years I had been a victim of the drink habit, sometimes to excess; I was also addicted to profanity. Christian Science removed these appetites. A stomach trouble and other lesser ills, such as headache, a bad temper, an inordinate love of money, etc., disappeared under the same benign influence. Those things that seemed to be pleasure do not give me pleasure now. They were not real pleasure. I have lost nothing, I have sacrificed nothing; but I have gained everything, and not yet the whole, for I can see plenty yet to be done.

The condition of mind before investigating and after is as different as black and white. As Mrs. Eddy says, "Not matter, but Mind, satisfieth." - G.B.P., Henry, S.D.

NOTE

This version first appeared in the 1907 edition and it remained unchanged thereafter.

Chapter XVIII, page 678-679.

CATARRH OF THE STOMACH HEALED

I should like to express my gratitude for the many benefits I have received through Christian Science, and to mention the great joy brought to me in the thought that man is not the helpless victim of sin, disease, and death. Through its teachings I have been able to overcome many errors.

When Christian Science found me, one year ago last April, in Chicago, I was suffering from catarrh of the stomach, which had been very persistent, and I had been a slave to the cigarette habit for eighteen years. Pain and weakness had robbed me of all that one holds dear. The first symptoms of the disease appeared about five years ago in the form of severe cramps of the stomach, which finally developed into other symptoms of that painful disease. I doctored continually, my diet daily becoming more rigid, until three slices of toast became my daily allowance of food.

In this condition I left the East for my home in Chicago, hoping that a change of climate might benefit me. After spending six weeks there and finding no relief, I concluded to return East. The Sunday morning before leaving I picked up a Sunday paper, and glancing through the religious items my eyes fell on the notices of Christian Science church services. Curiosity led me to a service and I shall never forget that morning or the surprise and joy it gave me to find that beautiful church, and to know that so great a number actually believed

that God does heal the sick to-day. This brought a first ray of hope. The evening service found me there again. Among the notices read was that of a reading room, giving the location and time of opening. Monday morning found me there promptly, and the first book I picked up was Science and Health which opened a new world to me.

I had dieted so long and suffered so much that I had a morbid fear of food. When I had reached and read "neither food nor the stomach, without the consent of mortal mind, can make one suffer," (Science and Health, p.221), I left the reading room for something to eat. I found a bakery near by, and bought a bag of cakes which I ate, and shortly after I had a hearty dinner without the least complaint from my stomach.

From that time until now I have eaten anything that I wished, and the craving for cigarettes, which I had for many years, has entirely vanished. The understanding of Truth, which entirely relieved the diseased stomach, healed also the morbid appetite for smoking. After coming back East, I bought a copy of Science and Health, which I have read daily, and find it a continual help in all the affairs of life.

In my home and at work I find this Science a comfort and source of strength. I have had many difficulties in the way, but it has helped me out of them all. - W.E. B., New Britain, Conn.

NOTE

This testimony first appeared in the 1907 edition and it remained unchanged thereafter.

Chapter XVIII, page 679-681.

SPINAL DISEASE HEALED

When I first heard of Christian Science, seven years ago, I supposed that it was some old fad under a new name. In the little Texas town where we then lived there were two or three Christian Scientists who met at the home of one of their number to read the Lesson-Sermon. Meeting one of them one day, I asked if unbelievers could come to their meetings. She said that they could if they wanted to. I went, expecting them to do something that I could laugh at when telling my friends about it. How surprised I was to find out that they didn't do anything but read the Bible and another book which they called Science and Health. I still thought it all foolishness, but resolved to go to their meetings until I found out all they believed. I continued to go until I began to understand a little of what they knew, not what they believed; and instead of spending my time telling others what a silly thing Christian Science is, I am now trying to find words to tell what a great and wonderful thing it is. I have been healed of so-called incurable spinal disease of ten years' standing by studying the Bible and Science and Health. Science and Health has been my only teacher, and I wish to send my thanks to our dear Leader.

There are no other Scientists near where we now live, but I have the Quarterly and study the lessons by myself. I have five small children, and Christian Science is invaluable to me in controlling them, and in overcoming

their common ills. They often help themselves and each other to destroy their little hurts and fears. - Mrs. M.H., Oleta, Okla.

NOTE

This version first appeared in the 1907 edition and it remained unchanged thereafter.

Chapter XVIII, page 681-682.

MANY TROUBLES OVERCOME

In the second chapter of First Peter, ninth verse, I read "that ye should show forth the praises of him who hath called you out of darkness into his marvellous light." The periodicals so wisely established by our Leader give us one means of showing forth the praises of Truth.

From the darkness of physical pain and weariness into the light of wholeness and joyousness in work and living, - from the darkness of a clouded sight into the light of clearer vision, - from the darkness of doubt and discord into the marvellous light of the reality of good, - this is what a reading of the Christian Science textbook has done for me.

At the time the book was lent to me, I was teaching in the public schools of Chicago, and absences from my work on account of illness were of frequent occurrence. For five weeks I had been under the care of a specialist for an organic trouble, and he said I would have to come as many more months before a cure could be effected. At this time, Science and Health was brought to my notice. I never thought of such a thing as being healed by the reading of the book, but my thought was so changed that I was healed, not only of the organic trouble, but of blurred eyesight, fatigue, and a train of other discordant manifestations. I did not go back to the physician until four months later to pay my bill (which, by the way, was more than five times the price of the Science

and Health I had purchased). From the time I read the book I taught steadily without losing time from my work. I was helped, too, with my work in many other ways.

Through reading the textbook I learned that God has given us strength to do all we have to do, and that it is the things we do not have to do (the envying, strife, emulating, vainglorying, and so on) that leave in their wake fatigue and discord.

Gratitude to our beloved Leader, Mrs. Eddy, and to her faithful students, with whom I afterwards became associated, can be expressed only by daily efforts to put into practice what has been taught. - T.H.A.,
Madison, Wis.

NOTE

This version first appeared in the 1907 edition and it remained unchanged thereafter.

Chapter XVIII, page 682-683.

PREJUDICE OVERCOME

I became interested in Christian Science somewhat over three years ago when in much need of help. I had never been strong, and as I grew older I grew weaker and at last became so ill that life was a burden to me. Science and Health by Mrs. Eddy was sent to me, in answer to prayer, as I thought. I was a little afraid of all these new fads, as I thought them, but I had not read far before I felt that I had found the truth which makes us free. I was healed of stomach trouble, inward weakness, and bilious attacks.

One physician said I might have to undergo an operation before I could get well, but, thanks to this Truth, I have found that the only operation needed was the regeneration of this so-called human mind by learning to know God. In many cases I have been able to help myself and others.

Words cannot express my thanks to Mrs. Eddy, and to all who are bringing these great truths to the help of the whole world. - E.E.M., Huntington, W. Va.

NOTE

This testimony first appeared in the 1907 edition and it remained unchanged thereafter.

Chapter XVIII, page 683-684.

A CONVINCING TESTIMONY

I became interested in Christian Science some five years ago, the practical nature of its statements appealing to me, and I must say, at the outset, that with my little experience I have found it all and more than I ever dreamt of realizing on this plane of existence. I am satisfied that I have found Truth. God is indeed to me an ever-present help.

My little girl, some ten months old, was afflicted with constipation. It was so severe I dreaded to go out anywhere with her, as I knew not when she would be taken with a convulsion. I had tried all the usual remedies in such cases, but it seemed to grow more obstinate. There was a Christian Scientist living in the same house with us, a Scientist who let her light shine, and while she said little, I felt the reflection of Love. I had no knowledge of the teachings of Christian Science, save that God was the physician at all times. In my own way I believed He was all-powerful, and I said to my husband one day, "I am through with medicine for baby. I am just going to leave her in God's care and see what He will do. I have done all I can." I did as I said, laid my burden at God's feet, and did not pick it up again. In two days the child was perfectly natural, and has since been free from the trouble. She is now six years of age. Some months later a second test came. She woke up at nine o'clock at night crying and holding her ear. There

was to sense a gathering. I was alone. I took up my Science and Health and Bible, but the more I worked the louder she screamed. Error kept suggesting material remedies, but I said firmly: "No; I shall not go back to error. God will help me." Just then I thought of my own fear, how excessive it was, and a conversation I had with the Scientist who first voiced the truth to me, came to mind. She said she always found it helpful to treat herself and cast out her own fear before treating a patient. I put baby down and again took up my Science and Health, and these were the words I read: -

"Every trial of our faith in God makes us stronger. The more difficult seems the material condition to be overcome by Spirit, the stronger should be our faith and the purer our love. The Apostle John says: 'There is no fear in Love, but perfect Love casteth out fear'" (Science and Health, p.410). I looked up, the crying had ceased, the child was smiling, and in a few minutes asked to be put to bed. There has been no further trouble of that kind.

I have since seen the power of Truth overcome error of many forms, including croup, whooping-cough, tonsillitis, etc. I am thankful for all these proofs, but far more grateful am I for the spiritual teaching to love, to forgive, to curb my tongue, and cease my criticism. -
M.A.H., Brockton, Mass.

NOTE

This testimony first appeared in the 1907 edition and it remained unchanged thereafter.

Chapter XVIII, page 684-686.

HEALED PHYSICALLY AND SPIRITUALLY

I had been taking medicine continually for many years. Finally I was taken suddenly ill and could not leave my room for about two months, then I went away for three months, thinking that I should come back and be able to continue my work. I improved very much, but the fear of quick consumption was with my doctor and my family and friends, and I was warned about the coming winter. Only too soon the fear manifested itself. I had worked just three weeks when all the pains and aches returned, and I had to go to bed as soon as I got home, so there was no pleasure in living. My employer advised me to see my physician, and said perhaps I should not work that winter. I then and there turned to Christian Science. I could not afford to give up work and live away from home, neither did I want to depend on doctors and medicine any longer. I took the book and read it on my way to work, and at noon I lay down on a couch instead of going out for luncheon and fell asleep. When I awoke I was a different person, all pains and aches had gone, and I was free. I was so happy I could hardly contain myself; to material sense it was wonderful. As I walked I kept saying, "Wonderful, wonderful, wonderful," and tried to understand "the scientific statement of being" by repeating portions at a time, then pondering over them. I read the book four times in succession, and every time I found more and more to aid in the under-

standing.

This healing was in October, 1901, with no other help than Science and Health, and soon I was relieved of other chronic ailments. In February I was able to put away eyeglasses, which I had worn ten years and a half for astigmatism. Oculists told me I would always have to wear them. A month later my father asked me to help him, as he was suffering so much from constipation, dyspepsia, and neuralgia. He had been subsisting on bran, nearly starving himself until he was most miserable, and his limbs seemed so cold that they were kept wrapped in blankets. I felt very humble as he asked me, and told him I would have a practitioner help him, as I had never treated any one; but he would not consent to have any one but myself, and I finally told him I would try, but that he must not hold Science responsible if he were not benefited, for my lack of understanding, and not Science, would be at fault. At my request he read Science and Health, ate whatever he wanted, and used no medicine in any form. After two treatments I received word from him that he was healed of that bondage of thirty years' standing. In view of all these signs which followed my acceptance of Christian Science, I knew it must be true. - R.L.A., Chicago, Ill.

NOTE

This version first appeared in the 1907 edition and it remained unchanged thereafter.

Chapter XVIII, page 686-687.

A VOICE FROM THE SOUTH

I was delicate from childhood, and my parents did not think it was possible for me to live more than a few years. I lived, however, although there was not much improvement in my health. Travel and change of climate brought only temporary relief, and the physicians gave me no hope that I would ever be well.

As a last resort I began the study of Science and Health, and before I had finished reading the book I realized that its author was divinely commissioned to bring this spiritual message to a waiting world. Through this reading my health was restored, and I was healed of one disease that has been called incurable by all physicians.

For this, together with the greater and higher blessing of having the spiritual fact of being unfolded to me, I am most grateful.

What shall be rendered for such benefits received and made possible by the consecrated life of our revered Leader? Only by following the teachings of our textbook, and by loving obedience to her gentle and timely admonitions can we show our true sense of gratitude. -
F.H.D., DeFuniak Springs, Fla.

NOTE

This testimony first appeared in the 1907 edition and it remained unchanged thereafter.

Chapter XVIII, page 688.

HEALED AFTER MUCH SUFFERING

A testimony given in the Journal led me to investigate Christian Science, and I hope in return to be the means of leading some one else to see the beauty of this saving truth, and to learn to know God aright and man's relationship to Him. I know from experience that it is prejudice and misapprehension of what Christian Science is, that keeps many from enjoying the blessings it bestows.

I had been taking patent medicines for several years, and had been to one of the best sanitariums in this country, but was not healed, although I received some benefit, for which I shall always feel grateful, for I know the physicians did all they could for me. I sometimes thought I had exhausted all remedies, but did not give up, for I felt there must be something to heal me if I could find it.

When in this state of mind Christian Science came to my notice, and after reading several Journals, I purchased a copy of Science and Health. I read for several days at odd times. I commenced to improve, and in about a week I was healed of most of my ills, among which were dyspepsia and nervous debility.

Although I had heard about Christian Science before, I had never heard that the reading of the Christian Science textbook had ever effected the healing of anybody. I commenced reading to find out what Christian Science was, but was surprised to find myself improving, and was

soon assured that it was the theology of Science and Health that healed me, just as it was the theology of Jesus that healed the sick.

It has also proved to me that there can be no Christian Science Church that does not heal the sick and sinful, for healing follows as the natural result of the teaching of Christian Science. The Bible has become a new revelation to me, and I can read it much more understandingly by the light received through the reading of Science and Health. - A.F.M., Fairmont, Minn.

NOTE

This testimony first appeared in the 1907 edition and it remained unchanged thereafter.

Chapter XVIII, page 688-689.

THROUGH GREAT TRIBULATIONS

When I attempt to make plain what Christian Science has done for me, words fail me. For twenty years I was a constant sufferer, my spine having been injured when I was very young. As a little child I suffered so much that I would look up to the stars and beg God, who I thought might be up there somewhere, to take me away from the earth, - I was so tired. A great wall of pain seemed to separate me from the pleasures enjoyed by others, and I could not explain how I felt, because no one could understand. Years passed, and I saw my earthly happiness swept away; my heart was broken and I did not know what to do. I cried for help, day after day and night after night, although I was not sure what God was, nor where He was. I only knew that I suffered, and was in need of help, and that there was no earthly help for either mind or body. I loved purity, truth, and right always, and this made evil seem a most terrible reality. I was unable to cope with it, and so found myself in despair. This was my condition when I commenced reading Science and Health. I was ready for its message, and in about ten days there came a wonderful insight into the truth which heals the sick and binds up the broken-hearted. All pain left me, I had a glimpse of the new heavens and the new earth, and was beginning to be fed by Love divine.

I had suffered for years with insomnia. That night

I rested like a child, and awoke the next morning well and happy. A flood of light daily illumined the pages of the "little book," and the revelation it holds for all came to my waiting heart. "The peace which passeth all understanding" rested upon me, and joy too deep for words transformed my life. My prayers were answered, for I had found God in Christian Science.

The Bible, which I knew very little about, became my constant study, my joy, and my guide. The copy which I bought at the time of my healing is marked from Genesis to Revelation. It was so constantly in my hands for three years that the cover became worn and the leaves loose, so it has been laid away for a new one. Two and three o'clock in the morning often found me pouring over its pages, which grew more and more sacred to me every day, and the help I received therefrom was wonderful, for which I can find no words to express my gratitude. - I.L., Los Angeles, Cal.

NOTE

This testimony first appeared in the 1907 edition and it remained unchanged thereafter.

Chapter XVIII, page 690-691.

A HELPFUL TESTIMONY

Words cannot express my gratitude to God for Christian Science. When I first read Science and Health, I had tried every remedy I had ever heard of. I felt no change in mind or body that I was conscious of until I read page 16 of the chapter on "Prayer," in Science and Health. The first words of the "spiritual sense of the Lord's Prayer," telling of our Father-Mother God, gave me a glimpse of heavenly light. I stopped and reasoned, and remembered the teachings of Jesus. The truth of man's spiritual being dawned on my consciousness. I realized I was not subject to mortal laws, as I had been taught all my life. I could not explain how I knew this, but I knew it. Through Christian Science, Mrs. Eddy had given me what I had longed for all my life, - a Mother, a perfect "Father-Mother God." I had known there was a great lack, and at that time I believe the orthodox world had but half of the truth which Jesus came to establish. When I read, "Give us this day our daily bread," and its spiritual interpretation, my tears began to flow; all the years of bitterness, hate, and fear melted away. I knew then, as I know now, that nothing satisfies but Love. That day began the outward and inward conscious healing, - mental and physical. There never came a doubt! I absolutely knew that Christian Science was and is the truth. Money, friends, materiality, are nothing beside the conscious knowledge of God, man,

and the universe.

I did not need treatment from any one, - Science and Health was so clear and beautiful. I could not understand the Bible before, but I found it illumined now that I had a little understanding of Christian Science. For ten years I have not had to lie down in the daytime from any sickness. I am now, and have been all those years, the picture of perfect health. When I first read Science and Health I weighed one hundred and four pounds; I now weigh over one hundred and sixty. This physical health is not to be compared to my happiness, - my harmony that nothing can take away, - because it is the gift of God. Nothing has shown me the perversity of the human mind more than in its conclusions in regard to my healing. Even when I felt and knew that I was healed, people constantly said, because I was thin and delicate looking, "You are not well, any one could look at you and know it." Now that I am fleshy, they say, "You don't look as if you ever had a pain in all your life. You could not have had consumption."

When I think what my life was before I had Christian Science, of the six years of colds, suffering, and coughing, not to mention the unhappiness, I want to "work, watch, and pray" for the Mind of Christ, that I may work rightly in God's vineyard, and to know that in truth, what belongs to one belongs to all, - that one God, one Life, Truth, and Love is all. - A.C.L., Kansas City, Kans.

NOTE

This testimony first appeared in the 1907 edition and it remained unchanged thereafter.

Chapter XVIII, page 691-693.

DESIRE FOR LIQUOR AND TOB

*Had note on
original*

I first heard of Christian Science
that time drinking and smoking were
had no other companionship. I had
stantly from childhood in an evil a
I was far from being satisfied with
to see how to better it until I read
I used occasionally to listen to a sermon, but sermons
did not give me any more comfort than I derived from
my pipe, hence I concluded that church-going could not
satisfy me and I preferred drinking and smoking. When
I began to read Science and Health, I saw it offered some-
thing substantial. After a few months' study all desire
for drinking and smoking disappeared. I did not give
them up; I made no sacrifices, I simply found some-
thing better. I might mention that I had smoked ever
since I can remember. I used to smoke years before I
left school, and, like most Englishmen, loved my pipe, and
would almost prefer to miss a meal rather than to go
without my smoke. I used to think it gave me comfort.

During my four years' study of Christian Science I
have not spent a cent for doctors or medicine, neither
have I lost a day from my work on account of sickness,
which compares wonderfully with the previous four years.
I take a great interest and pleasure in reading the Bible
and studying the lessons in the Quarterly. The Bible
used to be a most mysterious book to me, but Science
and Health makes it a most precious book, making its

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p 632*

meaning clearer, plainer, and simpler.

I take this opportunity to express my gratitude to Mrs. Eddy and to the friend who invited me to attend the service held in the Auditorium years ago. I also wish to acknowledge the benefit I have had from the Journal and the Sentinel. They have helped me wonderfully. If the value of Science and Health and these publications were measured as business men value things, by the results or benefits they bring, they certainly would be priceless to me. It would be impossible to measure their value, as I have got something from Science and Health that all the money in the world could not buy. - H.P.H., Chicago, Ill.

NOTE

This testimony first appeared in the 1907 edition and it remained unchanged thereafter.

Chapter XVIII, page 693-694.

AN EXPRESSION OF LOVING GRATITUDE

In the spring of 1893 while studying for the ministry, Science and Health was placed in my hands, and the truth contained therein at once became to me the pearl of great price. I literally devoured the book, reading it about eighteen hours a day. Its originality was startling, upsetting my preconceived opinions of God, man, and creation. Two sentences especially appealed to me: "The foundation of mortal discord is a false sense of man's origin" (p.262), and, "For right reasoning, there should be but one fact before the thought, namely, spiritual existence" (p.492). I had found the keynote to the Science of being as taught in this marvelous book, and persevered until a glimpse of the new heavens and new earth came, for the old were passing away. With this spiritual uplifting came also physical health.

All my life had been spent in semi-invalidism, and I seemed destined to a life of suffering. In three weeks after beginning Science and Health, to my joyful surprise I found myself a well man, sound physically, and uplifted spiritually. Life was being lived from a new basis, the old things of personal sense were passing away and all things becoming new. I learned that the infinite good is the one Friend upon whom we can call at all times, an all-powerful, ever-present help in every time of trouble; that His children are really governed in peace and harmony by spiritual law, and as the right understanding of it is gained, the

other things soon follow, bringing a peace the human concept can never know.

For the last twelve years my whole time has been devoted to Christian Science practice, and I have seen nearly every so-called incurable disease healed by its beneficent influence. God bless our dear Leader! She has set before us an open door, which no man can shut, and it is but a question of time when the world will know her better and love her more. - E.E.N., Washington, D.C.

NOTE

This testimony first appeared in the 1907 edition and it remained unchanged thereafter.

Chapter XVIII, page 694-695.

HEALED OF BRIGHT'S DISEASE

August 18, 1902, I was taken down with what three doctors pronounced Bright's disease, and they stated that I would not live a year, or if I did succeed in living longer, I would be mentally unbalanced. On December 6, 1902, my wife presented me with Science and Health as a birthday gift, and it was indeed the best present I ever received. Since that time I have been reading it and attending the Second Church here. I have not used any medicine since, nor has any one in our home. I am in the finest of health and have lost all my bad habits. This truth has brought a great spiritual uplifting to all of us, and words cannot express my gratitude to Mrs. Eddy and to all who have helped me to the same. - T.V., Chicago, Ill.

NOTE

This testimony first appeared in the 1907 edition and it remained unchanged thereafter.

Chapter XVIII, page 695-696.

FIBROID TUMOR DESTROYED

When quite young I was impressed that the Bible was not properly interpreted by the preachers, for I could not conceive of a God of wrath who was unjust enough to allow His little ones to suffer pain, misery, and death. I had hope, however, that some day the truth would be revealed to an awakening world, but little did I dream that even then there was one of God's noble women who reflected sufficient purity and holiness to entertain the "angel of his presence," and commune with the true God.

I was believed to be predisposed to scrofula, so that I was not a strong or attractive child, and my girlhood and womanhood were scarcely ever free from dread of the laws of matter and lack of strength. The climax was reached when a physician informed me, after weeks of treatment, that I had a fibroid tumor, which required an operation. The conditions were most trying and I was heartsick and discouraged when, in January, 1893, I heard of Christian Science through a letter from a dear sister who had been greatly benefited thereby, and I resolved to go at once to a practitioner, for I believed it to be the long-lost truth that would make me free. It meant a great effort and sacrifice for me to go to Chicago at that time, but divine Love opened the way and I reached there in March. I had been in my sister's home but a few days, reading Science and Health almost constantly, when I asked her if I had not better have

treatment for the tumor, which had given me so much trouble. She said to me, "You feel well, do you not?" I assured her that I never had felt so well as I had since reaching there. "Well," she said with decision, "your tumor is gone, for God never made it," and her statements were true, for it has never been heard of from that day. Since then I have been healed of chronic sore throat, hay fever, and other troubles, and I know that Christian Science is the truth. - B.W.S., Coldwater, Mich.

NOTE

This version first appeared in the 1907 edition and it remained unchanged thereafter.

Chapter XVIII, page 696-697.

LIGHT OUT OF DARKNESS

I have received so much benefit from the testimonies in the Sentinel and Journal that I send mine, hoping it may cheer some struggling heart. I was reared by kind and loving Christian parents and was a member of an orthodox church for over twenty years, but I was never satisfied. I was filled with fear and bound down by the false gods of this world, - sin, disease, and poverty; consequently every way I turned, and in everything I attempted to do, I was met with disappointment and failure; but God was leading me into a different life. My interest was first awakened to Christian Science about thirteen years ago, and I have been a willing disciple ever since. Through the reading of Science and Health I was healed of chronic catarrh and laryngitis, and it also enabled me to lay off my glasses. Christian Science has not only helped me mentally, morally, and physically, but the greatest blessing of all is the spiritual uplifting which enabled me to know that God is both able and willing to care for His children, if we are but willing to do our part and bear the cross which, though it seems heavy at times, always brings a sure reward. Christian Science has not only helped me, but it has enabled me to help others.

The Bible is a new book to me. I now see what Jesus meant when he said, "Come unto me, all ye that labor and are heavy laden, and I will give you rest."

My heart goes out in gratitude to Mrs. Eddy for the

work she has done and is still doing for the world, and to God I am most grateful that He has guided me into the truth, that I may have life, and have it more abundantly.
- Mrs. M.M., Chicago, Ill.

NOTE

This testimony first appeared in the 1907 edition and it remained unchanged thereafter.

Chapter XVIII, page 697-698.

A PRICELESS BOON

I have long desired to express my gratitude for what Christian Science has done, through reading Science and Health, for me and my family. I was healed of profanity, the tobacco habit, and a bad temper, through the understanding that man is the image and likeness of God. I was also healed of kidney disease and rheumatism. What surprised me most, however, was this; I had had one finger thrown out of place some fifteen years before. It was crooked, but it became straight and useful. A bone in my foot had also been broken, leaving a bunch, which disappeared after I studied Christian Science and received class instruction. I am an entirely well man and for this I am very grateful. I am also glad that I have learned enough of Truth and Love to be able to heal others. I wish to express my thankful appreciation of our Leader, also of the Sentinel and the Journal. - N.R.F., Salina, Kans.

NOTE

This testimony first appeared in the 1907 edition and it remained unchanged thereafter (so long as Mrs. Eddy remained with us). However, sometime after the final edition in 1910 and before the 1912 edition, this testimony was dropped by the Board of Directors and no replacement testimony was chosen. The final testimony in the final 1910 edition was moved to take the place of this dropped testimony, thus accounting for the only half filled final page (p.700) of the book.

HEALED OF CONSUMPTION AND ASTHMA

It is a pleasure to acknowledge the great benefits which have come to me through Christian Science. It is nearly ten years since I began the investigation of the subject by borrowing a copy of Science and Health. I had become a hopeless sufferer from asthma, - the disease being so aggravated at times as to make breathing almost impossible. I was also a victim of that dread disease, consumption. It was hereditary, nearly all my family on both sides having passed away with it. I took up Christian Science very much as a drowning man catches at a straw. However, I was much interested as soon as I began to understand it, and having read the book nearly all my waking hours for a few weeks, I became so much better and so convinced of its truth, that myself and wife destroyed all the medicines in the home, and have never since used any remedy except Christian Science. I continued to study and to put into practice the teaching as best I knew, and was restored to health in a few months.

Prior to my investigation of Christian Science I had been from boyhood an outspoken infidel, had read that class of literature extensively, and had no desire for anything of a religious nature, - the orthodox teaching never having appealed to me as a rational exposition of an all-wise God. I now have no more doubt of the truth of the teaching of the great Way-shower, Jesus of Nazareth, than I doubt the correctness of the basic law of mathematics or music. I have no doubt whatever that

Christian Science saved me from the grave, and thus proved a most practicable and efficient help in time of greatest need. However great my physical suffering has been, I can but feel glad that through it the door of consciousness was opened to let in the light of Truth. Thus I have progressed a little way in the knowledge of God, good, as revealed in Christian Science. - C.B., Webb City, Mo.

NOTE

This testimony first appeared in the 1907 edition and it remained unchanged thereafter.

Chapter XVIII, page 699-700.

A GRATEFUL TESTIMONY

"Thy word is a lamp unto my feet, and a light unto my path."

This has been proven to me in every way. When Christian Science came to me, I was a wreck, physically, mentally, and financially; but since the reading of Science and Health turned my thought toward the light, I have found that, as far as I am willing to receive the word and live it, all comforts are supplied me. I am especially grateful for the spiritual help. I know that things which I did and thought last year I would not do or think this year, and am satisfied. Through the careful and prayerful study of Science and Health I have been lifted from sickness to health, from sorrow to peace, from lack to plenty, and, the most beautiful of all, from darkness to light. - Mrs. H.S.C., Seattle, Wash.

NOTE

This testimony first appeared in the 1907 edition and it remained unchanged thereafter.

Chapter XVIII, page 700 (from the 1907 edition through the final edition in 1910). However, sometime after 1910 and definitely by the 1912 edition, the testimony A PRICELESS BOON which was found on pages 698 and 699 was dropped. Then this testimony was moved to pages 698 and 699 to take its place, while the last half of page 700 (where A GRATEFUL TESTIMONY had been placed by Mrs. Eddy) was left blank.

BEGIN

226TH EDITION

1902

TESTIMONIES

A YEAR OF CHRISTIAN SCIENCE.

TWO sayings of Christ have recently been impressed on my thought as never before: "Seek, and ye shall find," "They that be whole need not a physician, but they that are sick."

A year ago I was sick, - sick physically, - and had been so for eight years, but more sick mentally. Life for me had been a hopeless tangle, and up to that time I could see no pleasant prospect, no hope of desire fulfilled. Eight years of chronic diarrhoea had so weakened me that while the disease had partially left me, the discouraged heart-sickness had vastly increased. I needed a physician and I knew it, but I had tried all schools and classes of doctors with little avail. I now see that I diagnosed my needs very well when I came to the conclusion that if I gained any benefit it would be by some mental method that I had so far failed to discover.

But I then classed mental and spiritual methods as distinct and separate, hence my first move was in the wrong direction, and my first effort to seek was in the fields of animal magnetism. I had previously in my early life explored spiritual fields as presented in the evangelical churches, and for the last five or six years had dropped them as not fully supplying my needs. But mesmerism and animal magnetism proved farther from my needs than all else. Finally, as I was in the Public Library in Lowell, Mass., one day, I wondered if among all that

array of books and literature there was yet any thought, or system, or wisdom, that the ages had accumulated that was or could be of any value to me, or if it was still true as in Solomon's day that "of making books there is no end," and "all is vanity." I sat down at a table in the reading room and picked up the Christian Science Journal for May, 1899, the first one I had ever seen, and, practically, it was the first I had ever heard of Christian Science. Before I left that table I knew that if half that I found in that Journal were true, I should have to seek no farther, for I had found what I wanted.

I soon was able to prove to myself whether the testimony in that Journal was true or not, for I went from that table to the desk and learned that the book, "Science and Health with Key to the Scriptures" by Mary Baker G. Eddy, was in the library, and I took that home with me. I had read a few pages in the book when this expression arrested my attention: "The divine Spirit testifying through Christian Science unfolded to me the demonstrable fact that matter possesses neither sensation nor life." What, thought I, no life nor sensation in matter? but my body is called matter and that has both, has it not? But how if I have left this body? does the body have life or sensation then? Then it is not the body, but I, mind or soul or whatever governs the body, that experiences the sensations and exhibits life; and if this be so, as it must be, perhaps the author has found a way to control, through God's omnipotent power, this life and sensation. I have tried enough to know I cannot

control it myself.

Thus at the opening of the book I caught somewhat its inner meaning, and before I had read more than half through it, I found a chance to prove if it be true or not, for a severe cold, sore throat, and cough set in, such as generally took my time and attention for four or five weeks with many medicines. I bravely said, "No medicines now," and in a crude way began to treat myself. In twenty-four hours the cold had disappeared. That satisfied me, and I continued reading the book. For years my diet had been confined to the simplest kinds of food and the smallest quantity I could well live on.

I did not treat myself for this condition of things, for I understood it was chronic, and I supposed it would be a long, hard, and perhaps slow, thing to heal by any method. The doctors had always so intimated. But one day in about a month I suddenly awoke to the fact that I was eating with impunity anything I wanted. The reading of the book had healed me.

I had not thus far seen any Christian Scientist or been to any church, owing to a feeling that those connected with Christian Science were not desirable people to associate with and had better be avoided; but having now found the Science a true Science, I ventured to investigate the Scientists, and now, after having in my travels the past six months visited perhaps as many churches and met as many Scientists as is the lot of most men, I know that there are no more unselfish, clear-headed, pure-minded, respectable, and desirable people than are

to be met everywhere among them.

Christian Science found me a weak, puny man of one hundred and thirty pounds: to-day I weigh one hundred and fifty-five and am still growing, physically I presume, mentally surely. My thought was not clear, memory was poor, and mental work was a heavy effort, all of which is changed to-day beyond my power to describe, and wholly for the better. This improvement physically and mentally has gone on while my work has subjected me to all kinds of exposure; riding in a sleeping car with a draught blowing on my head all night without catching cold; getting thoroughly wet with perspiration, then without additional clothing riding for miles in an open buggy through a damp, cold air, and no resulting cold; eating all kinds of fare at all kinds of hotels at all hours of day or night. How is that to mortal thought for a man who only a year ago had lived for eight years in the bonds of chronic diarrhoea and dyspepsia? and the half is not told! Would I go back? Never! All the years of my life were a complete failure save that by their sharp experiences they drove me to seek and find Science, and one year of God's service in Science has given me more satisfaction than all my material life before.

Christ came not to the man who believes himself whole; but he who is sick, and knows himself sick, physically or mentally, can find in Christian Science the physician which heals all manner of sickness to-day as of yore.

J.B.T, Lowell, Mass.

NOTE

This testimony first appeared in the 226th edition in 1902 and it remained unchanged until the 1907 edition.

Chapter XVIII, page 600-604.

FROM DRUGS TO CHRISTIAN SCIENCE.

PRIOR to my acceptance of Christian Science, I was never satisfied, and drifted from one "ism" to another, and was driven from pillar to post in all the "ologies" and theories of the present day. I had studied closely many of the physical sciences and sciences allied. I was skeptical in everything appertaining to religion, and did not hesitate to express my opinion that all religions were based on ignorance, superstition, and dogma. However, I avoided religious discussions.

I was at the time engaged in the practice of medicine, and had been continuously for fifteen years, and was generally considered as a practitioner. Though the moral precepts of my parents were good, I wandered therefrom and acquired habits and appetites that were neither becoming nor profitable.

I first opened "Science and Health with Key to the Scriptures" on the night of June 14, 1899. I did not merely read it; I studied it. I read a few pages daily, devoting three or four hours to each reading, very thoughtfully considering every sentence, and I soon saw I was grasping its meaning. For many years, in all my studies, I had carefully marked all sentences of special merit, and subsequently referred to them and studied them thoroughly. I began this in reading Science and Health, but quickly found that each sentence deserved a mark.

Before this I seemed to delight in abusing Christian

Science and its advocates, but I at once recognized that the morals taught therein were of the highest type. After reading the preface the first night, I began to think of God - a Something remote from my thoughts before. By the third day my ideas and habits were so radically changed that I announced to my wife that "Christian Science will be our only family medicine henceforth." I further announced to her that I proposed to discontinue the practice of medicine.

At this juncture the desire to read Science and Health was rapidly and constantly increasing, and I neglected a large part of my work on the fifth day to read it for seven hours.

It became clear to me that it was man's imperative duty to live the Golden Rule here and now, and I saw that man must love his neighbor as himself. I was being taught to behold the beautiful, the pure, the good in my fellow-man, instead of seeing the defects or errors, as I was so prone to do before reading this wonderful book. In a word, many errors were departing, and leaving me in a very positive and progressive fashion. I count all my losses gains, and the changes were painless and unceremonious.

During the first few weeks I was ashamed to speak of my convictions to others than my family. I kept my book hidden so that friends and patients visiting me might not learn of the investigations I was making. However, in a short time, solid conviction overwhelmed me. Following this, I kept Christian Science literature

on my desk in plain view, and I began to talk to friends wherever I met them. I now needed a Bible, and bought one, and also began its study in this new light. I was about one month in reading Science and Health through, and gained in that month wisdom leading to more satisfaction and comfort than I had derived from all previous studies.

I was professor of bacteriology and histology in a medical college, also professor of chemistry and director of the chemical laboratory in another school. In addition to telling my physician friends of my reformation, I resigned these chairs, disposed of my library, microscope, surgical instruments, and drugs; in fact, I got rid of everything I had that looked as if it belonged to a doctor's outfit.

No sooner had I made my acceptance of Christian Science known, than I was kindly invited to attend a Wednesday evening meeting, and all I heard at that meeting appealed to my reason as common sense. I was perfectly at home, and was made to feel so by those I met.

Two questions are often propounded to me in and out of the medical profession and by former patrons: First, Is there any money in it? Second, Can you heal disease? To the first question, I usually reply, God supplies all our needs. Christian Science is not a money-making proposition; it is a work of love. The average mortal looks with mystic awe upon the man animated with a purpose beyond the acquisition of money. To the second question I reply, Christian Science complied

with, as set forth in the Bible and "Science and Health with Key to the Scriptures" by Mary Baker G. Eddy, will heal disease of every phase. I try to show those interested that a knowledge of Christian Science and its healing influence can best be obtained through a conscientious study of Science and Health in connection with the Bible.

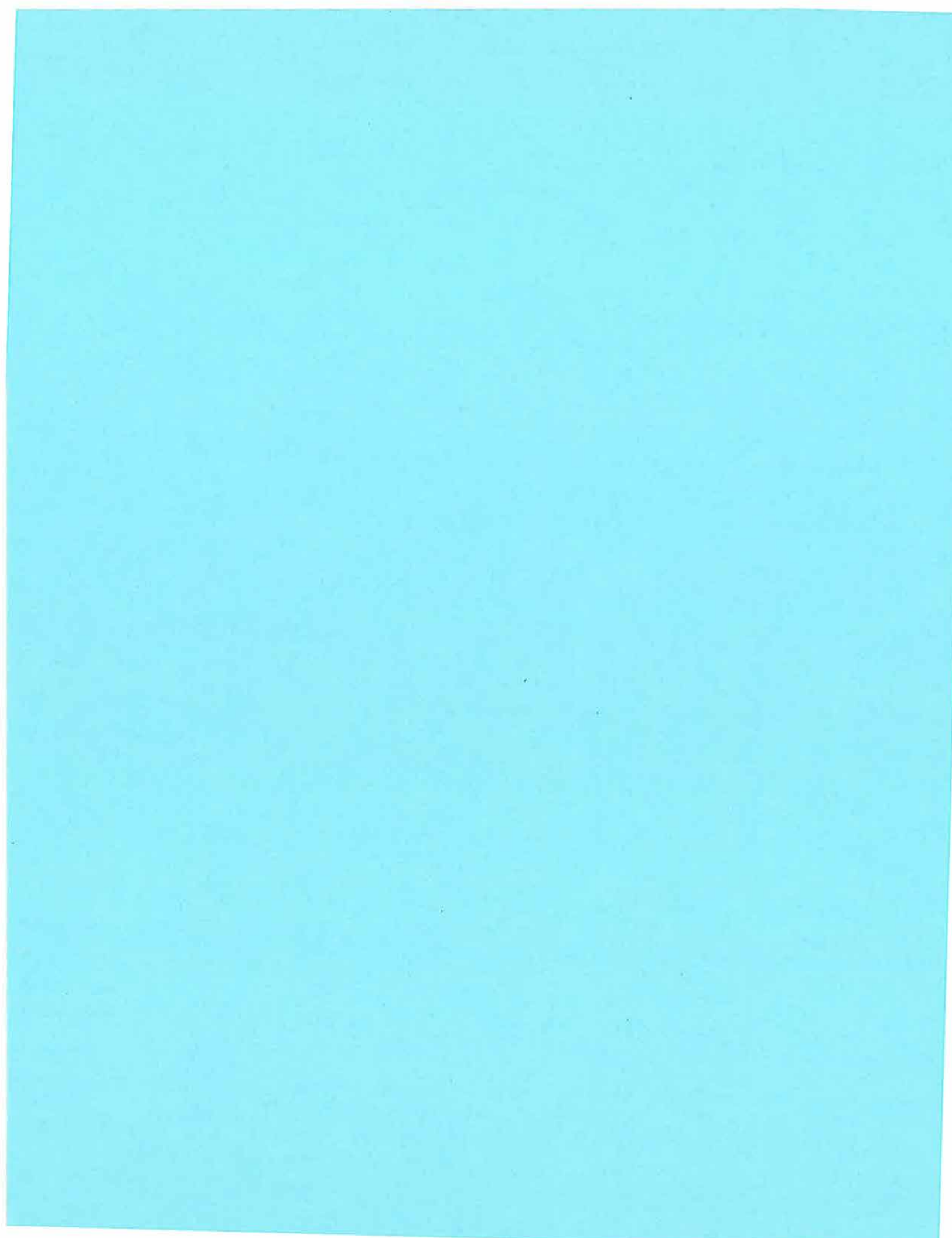
In conclusion, I desire to state that, in my short experience in Christian Science, I have witnessed the healing of many cases of disease, usually considered hopeless from the standpoint of materia medica. Neither pen nor tongue can ever express my gratitude for having been led into this Science, and I never could have accepted it had I not seen it was demonstrable and pre-eminently scientific. Though I resolved to give Science and Health a fair and just reading, I wanted it to be untrue, and my primary object in reading it was to write a paper denouncing Christian Science, which I proposed to read before a medical society. However, the paper has never been written, and in lieu thereof, I herewith tender this abridged statement of my experience.

A.H.H., Kansas City, Mo.

NOTE

This testimony first appeared in the 226th edition in 1902 and it remained unchanged until the 1907 edition.

Chapter XVIII, page 604-607.



TO ENGLISHMEN.

IN England, rightly or wrongly (except in isolated instances, the latter), there is a popular impression that anything emanating from America in the way of journalistic statements must be taken cum grano salis, and a very large one at that sometimes. Noticing that in the Journal the testimonies of healing and other demonstrations are, for the most part, American or Canadian, for the benefit of my fellow-countrymen who may be doubting Thomases, I write to give them a few personal experiences of Christian Science as a healing agent.

I am an Englishman, and a solicitor of the Supreme Court of Jurisdiction in England, entered on the roll the 24th day of July, A.D. 1889, on which roll my name still appears, although I am now practising law in Canada. I suppose, therefore, I may lay claim to being probably the first English lawyer who has had the privilege of bearing testimony in these pages to the healing and uplifting power of Christian Science as set forth and expounded in the text-book "Science and Health with Key to the Scriptures" by Mrs. Mary Baker G. Eddy, who is one of the noblest manifestations of womanhood of the nineteenth century, the revered and loved authoress of a book which, if perused in its entirety, carefully, thoughtfully, and honestly, from beginning to end, putting aside, as far as possible, all bigotry, preconceptions, and prejudices, will do more for the reader thereof, physically and spiritually, than all the books he has ever read or can

read, not excepting the Bible, for he will there find the interpretation of the Holy Scriptures, and his understanding will be enlarged and enlightened as to the truths therein contained. Let me say that all my life I have been a staunch member of the Church of England, and up to nearly two years ago a firm believer in materia medica. In my humble opinion, there is no dissent in Christian Science from the said Church of England, but an ascent, an expansion, a going onward and upward from the point where dogmatic teaching and theology leave off.

My experiences of Christian Science as a healing agent are as follows: -

Some eighteen months ago I accidentally overheard a conversation between two prominent citizens of this town. One of them, an old gentleman of seventy-eight years, was relating to the other how he had, by means of Christian Science, been cured of almost life-long sciatica, and also of angina pectoris, which threatened to end fatally for him. My curiosity aroused, I called on the healer through whose agency the truth had been brought home to the old gentleman, and the upshot of my visit was that I purchased the text-book, Science and Health, and read it. For over twenty years of my life prior to this, I had smoked tobacco in every form, although many a time I had tried to give it up, but the craving for it always broke down my good resolutions. Before I had read half-way through Science and Health I forgot to smoke. I did not give it up, it gave me up!

I have never smoked since (now over seventeen months), nor have I had any craving or desire for tobacco in any shape or form, - in fact, I believe that if I now attempted to smoke, tobacco would cause nausea.

For thirty years I have been accustomed to the use of wine, spirits, beer, etc., both as beverages and for "medicinal purposes." In less than three months, without being treated in any way therefor, except reading the aforesaid book, and without any inconvenience to myself, all alcoholic drinks went out of my life.

From infancy I have been (in belief) a great sufferer from chronic asthmatical bronchitis and eczema, being treated without avail by many eminent English physicians for the latter complaint, amongst whom I might mention the great dermatologist, the late Dr. James Starbin. Since gaining the slight understanding of Christian Science I now possess I have not had one attack of asthma or bronchitis, and have been free from eczema for nearly a year. For the encouragement of my English brethren who may not have the same advantages that we can claim on this side of the Atlantic in the way of Christian Science healers and teachers, I can assure them that all the above demonstrations have come about solely through a careful perusal of Mrs. Eddy's wonderful book, and also that I have never received any class instruction. Might I add in conclusion that although the physical healing in Christian Science to the human mind is a great and wonderful thing, it is only a fractional part of the many and unspeakable benefits, physical and spir-

itual, to be derived from the earnest and conscientious study thereof, and my advice to all those who read this is, If you do not believe me or my statements, try it yourselves, and see who is wrong.

T.E.D., Toronto, Can.

NOTE

This testimony first appeared in the 226th edition in 1902 and it remained unchanged until the 1907 edition.

Chapter XVIII, page 607-610.

HEALED BY READING SCIENCE AND HEALTH.

I HAVE often thought I would give to the readers of the Sentinel my first experience in Christian Science and also my healing, which seemed to me wonderful and beautiful, for a world of sadness was changed to a world of gladness, and a life of suffering to one of health and peace and joy.

From childhood to the time of my healing, which, to me, included many weary, lingering years, I can scarcely remember a time when I was not taking medicines in some form. I was a great sufferer the larger part of the time. At last my health broke down entirely, and I lost all use of my back and limbs. My physician told me I would never be well again or able to work any to speak of. I had those who were called the best doctors in the city, but received little or no relief.

It was after a winter of great suffering, I being confined to my bed, that Christian Science first came to me in the form of a tract that a Christian Scientist who had recently become my neighbor left at the door. It came to my bed, and I read it wondering if it could be possible for me to be healed. I read and re-read this tract, and when my physician came I showed it to him and asked him what he thought about it. He told me it was the work of the devil. So I thought I had to give up what seemed to me my last hope, for I was getting worse all the time.

Some months after, the same lady gave me "Science

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and Health with Key to the Scriptures" to read, telling me it would heal me. I was then willing to try it. I was taking medicine every fifteen minutes, and was nearly hopeless. It was a bright, warm day, and I was lifted into a chair and drawn out onto the porch to get the fresh air. I could only read a few lines at a time, and had been forbidden to read at all. I was reading the preface when I saw very clearly that God did not behold my suffering and that He was a God of Love. I know I was healed that very instant. I laid the book down in my lap and listened to the music of those beautiful words: "God is Love." All had seemed sad before, that beautiful day was full of sadness; now it was all changed to joy. The birds all sang that same sweet song, "God is Love," and the winds seemed to join in the chorus. Every sound I heard seemed to repeat the same sweet refrain, until I forgot all my suffering and sadness and arose and walked about the house.

That very day I threw away all my medicine and dismissed my physician. Although that was seven years ago, I have had no occasion to use drugs as medicine in any form since.

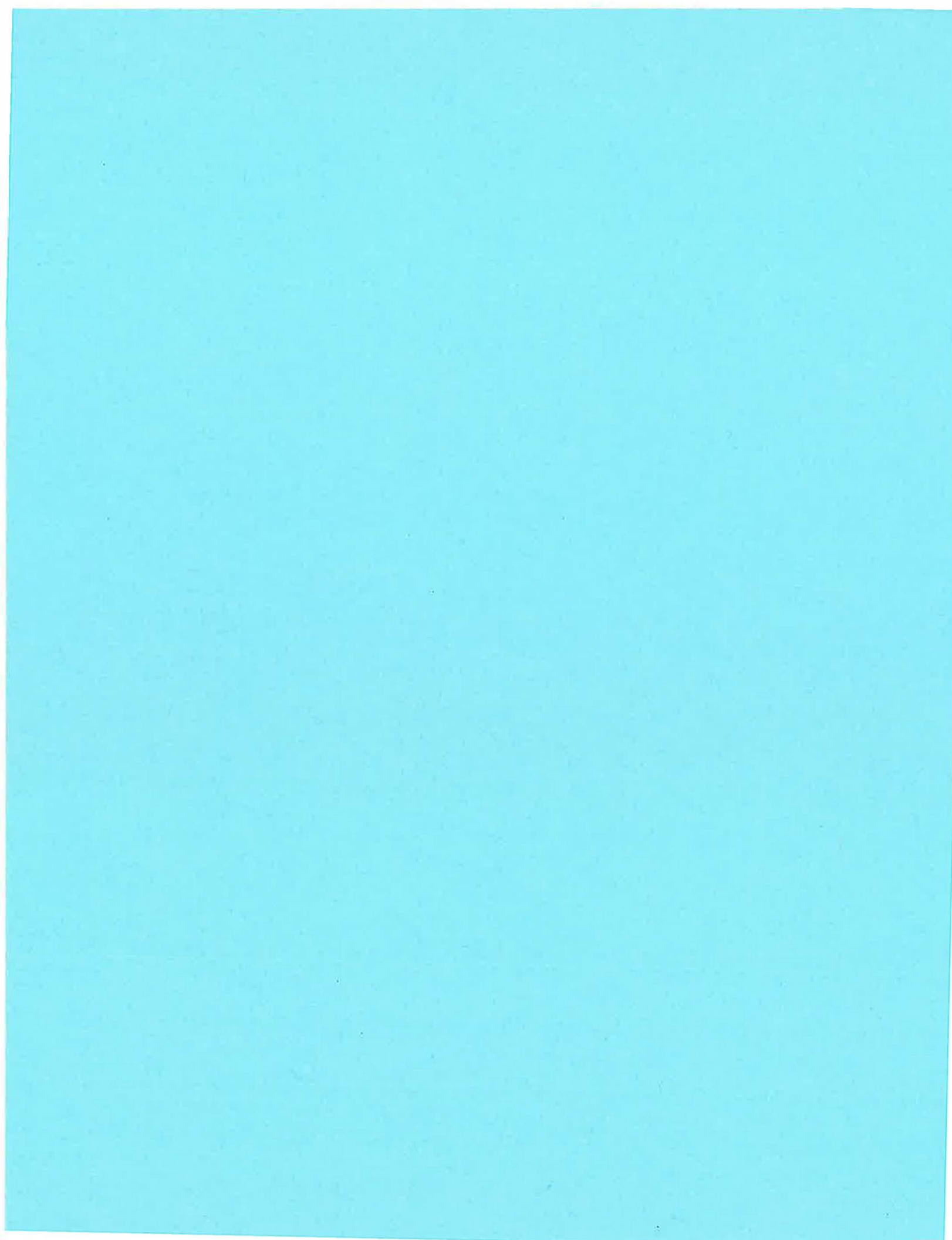
In two weeks I walked as much as I pleased, still reading Science and Health and improving all the time; I felt as one walking on air. I gained in weight until from being a shadow of ninety-five pounds I reached one hundred and sixty-five pounds. Through the little understanding I had gained of this blessed Truth my husband was healed of two chronic diseases.

I wish to say to those who think the price of our literature is too high, that if I could not get another copy, there is no price on earth that would induce me to part with my Science and Health. Not mentioning the money paid for doctors' bills, I gave for one medical book \$3.50, for another \$6.75, and after studying these I found I had more diseases than before their purchase. For the small sum of three dollars I purchased a copy of Science and Health, and through reading it understandingly found I had no diseases. It always brings a feeling of pity when I hear any one say our text-book is too costly. Who would not give three dollars to be freed from all disease? I seemed to have all, or nearly all, the ills that flesh is heir to. I will not try to enumerate them, but one that I was made free from - one that had always been with me - was a pain on the top of my head. A weight seemed to be there, and the very slightest exertion would cause the most intense suffering, and the pressure would increase, with no relief. The doctors told me that I never would be freed, as my brain was too large for the space allotted to it, and that was what caused the pressure and pain. Soon after reading Science and Health I forgot I had a brain that was too large, for all the pain and pressure were gone. Oh, I can never tell how free I felt, with no pain, after so many years of suffering.

M.M.S., Clinton, Ia.

NOTE

This testimony first appeared in the 226th edition in 1902



WHY I AM A CHRISTIAN SCIENTIST.

I BECAME interested in Christian Science, through the healing of a friend. My prejudice against religion was so strong that when "Unity of Good," the first book on Christian Science I read, was given to me, I threw it down several times, and said, "This is too much religion for me, I cannot stand it." But my friend was healed by Christian Science, and I wanted to ascertain how it was accomplished. There must be something in it that I did not understand. My curiosity was greater than my prejudice, so I resumed reading the work. When I began to read "Science and Health with Key to the Scriptures," my prejudice did not last long. It appeared to have so much common sense, and so many practical ideas, besides being free from superstition, that it just suited me. I was not looking for healing, but for an understanding of the Principle of healing. Before becoming interested in Christian Science, I had been reading medical works on the digestion of food, and my stomach became so affected that I could not digest anything but the plainest kind of food. If I dared eat any luxuries, I could not sleep. I became a slave to my stomach. Before I was half through reading Science and Health I was free. My stomach was once my master, now it is my servant. I was cured of the belief that life is in matter, and depending on the heart, stomach, and lungs for existence, by the understanding that Life is God, and that God is Mind.

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Science and Health is the greatest book that has been published in modern times, for it is the key to the Bible, and all the hidden treasures of life. I would not, if it were possible, relinquish my understanding of Christian Science for all the gold in the universe.

We often hear people who are in bondage to self and trying to get something for nothing ask, "Why could not God have revealed Christian Science to them as well as to Mrs. Eddy?" Why could He not have revealed the telephone, the phonograph, or wireless telegraphy to them, as well as to Bell, to Edison, or to Marconi? It was because they were not looking in the right direction. God only helps those who help themselves. We must use the talents we already possess if we wish to receive more.

When a person discovers or invents anything, he must first see the necessity for it. Then let him get away from self, out of the ruts and grooves that others have been working in; away from the seen to the unseen; from matter into Mind, and then thoughts of Truth will be manifest through him. It is useless for us to waste our time trying to discover something that has already been discovered, or finding fault with it because it was discovered by a woman, or by some other person.

No one can advance in any line, who is unwilling to take advantage of the progress made by others. Everything is governed by law, and the only thing that keeps us back is our ignorance of it, or our unwillingness to conform to it. If we wish to succeed we must take the world as we find it and adjust ourselves to our circumstances,

whatever they may be. We can soon learn to control circumstances instead of letting circumstances control us.

It is just as much of a wrong to cheat ourselves as to cheat others. The law of right wrongs no one. The value of the book Science and Health is not in what it costs to print it, but in the amount of Truth and information it contains and the benefit it is to those who make use of it. When we take into consideration the amount of time and thought Mrs. Eddy devoted to writing it, the difficulties she encountered in having it published, the amount of persecution she has endured since writing it, no one with any appreciation of the Truth can think that the price is too high. This world can never repay the debt it owes her for discovering the Truth contained in Science and Health.

J.W.R., San Francisco, Cal.

NOTE

This testimony first appeared in the 226th edition in 1902 and it remained unchanged until the 1907 edition.

Chapter XVIII, page 613-615.

BLOOD POISON AND OTHER TROUBLES CURED.

I HAVE long felt a desire to express my gratitude for and appreciation of Christian Science; but because I had no particularly startling demonstrations to relate, I remained silent. However, being out to-day with some ladies who are not Scientists, I saw and heard such expressions of weariness and fatigue over a few hours spent in the art galleries, that I returned to my home rejoicing in my understanding of Science, and prepared to study the Sunday lesson. Upon opening the Quarterly, I found that the lesson for the next Sunday commanded us so plainly to "Give thanks unto the Lord, call upon His name, make known His deeds among the people," that I immediately took up my pen to write down some of the blessings Christian Science had brought me. I never could write all. Seven years ago I suffered for one year most terribly with blood poisoning. Many physicians attended me without any permanent benefit. The last one sent me to a sanitarium. I could not stay there, and returned home disgusted with what I had seen and been through, when a Christian Scientist came and talked to me and loaned me her book for a few hours each day. I saw it was a good book, and purchased one for myself, and was perfectly healed by the reading of it. Old diseases of long standing disappeared with the blood poison. I had been ill much of my life, and was particularly subject to throat difficulties, - diphtheria, etc. I am in perfect health to-day and have been for six years.

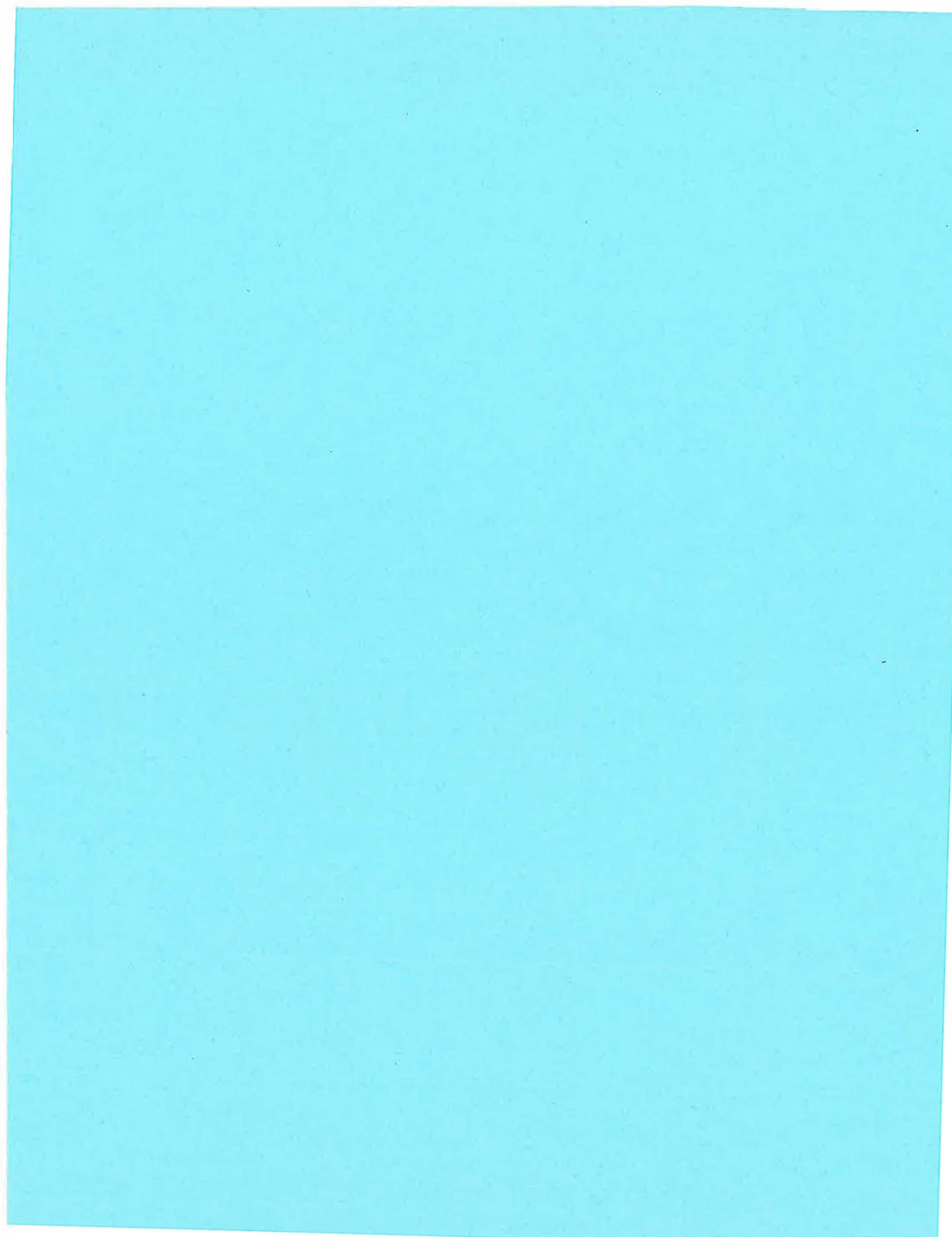
The relief from the load of fear I had dragged through life is beyond description, and the spiritual uplifting is even greater than the physical healing. My healing was speedy. I was enabled to demonstrate for myself by following Mrs. Eddy's book, "Science and Health with Key to the Scriptures." I thank God for His greatest of blessings, - Christian Science."

G.G., Chicago, Ill.

NOTE

This testimony first appeared in the 226th edition in 1902 and it remained unchanged until the 1907 edition.

Chapter XVIII, page 615-616.



BENEFITS RECEIVED FROM THE STUDY OF SCIENCE
AND HEALTH.

IT is just three years since I first heard of Christian Science. From 1888 to 1897 my health had been very poor. During this time I had been searching for a religion more in harmony with my view of the teachings of the New Testament than the religion of my birth, and had with this end in view investigated the creeds and tenets of many churches, sects, and religious societies. In pursuing this search I borrowed, in August, 1897, a copy of Science and Health. In October, I bought a copy and began studying it in connection with the Bible. While studying it, my health gradually but certainly improved; attacks of inflammation of the lungs, bronchitis, and catarrh, to which I had been subject every winter, ceased, and have never returned.

Having spent some time in the study of pharmacy and materia medica, you may imagine with what surprise I read this in "Science and Health with Key to the Scriptures" by Mary Baker G. Eddy, "The perusal of the author's publications heals sickness constantly." I had been taught by years of schooling that drugs were man's God-appointed healing and curative agents. Although doctors and drugs had failed to restore me to health, and although I had seen that medicine as practised was in no sense scientific, yet my faith in material means had not been destroyed, for I still believed that there was some thing (perhaps as yet undiscovered)

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possessing the necessary therapeutic properties to effect a cure.

Three years' immunity from such diseases tends to prove that the proper remedy has been applied. This remedy, applied understandingly, has healed and will heal these diseases in others as certainly as it has in me. It has healed and will heal all other diseases as surely as it has these.

So deeply was the Truth buried under the rubbish of man-made doctrines, human theories, and material beliefs, that we sometimes wonder that its discovery was possible. Under materia medica we believed man's health was largely dependent upon food, climate, drugs, physicians, etc., but Christian Science is freeing mankind from this absolute dependence upon the material and personal by establishing his confidence and trust in God as "a present help in trouble."

As a beneficiary of this Science - this Christian Science - I owe a debt of gratitude to its Discoverer and Founder, who by her self-sacrifice and superhuman love was enabled, first, to attain to an understanding of this Truth, then, to reduce to human comprehension this Science of Spirit, couch its exposition in simple language, embody its complete statement in one volume, and place it within the reach of all who desire it.

G.A., Toronto, Can.

NOTE

This testimony first appeared in the 226th edition in 1902 and it remained unchanged until the 1907 edition. Ch. 18, p. 616-618

HEALED BY READING SCIENCE AND HEALTH.

IT is nearly four years since Christian Science was brought to my notice by the miraculous (as it seemed to me then) recovery of a friend who had been an invalid for several years. She lent me "Science and Health with Key to the Scriptures," and rather timidly (as she knew I was not at all religious) suggested my reading it.

The book seemed to rend me. However, I could not lay it down. I devoured it, and thought it the most powerful work I had ever read.

I had suffered for nine or ten years from a very troublesome and painful disease in my throat, and had tried every remedy. The late Sir Morell Mackenzie and many other specialists told me that it was incurable, and the only way to keep the disease in check was to have my throat cauterized ever three months. This caused me very great pain. I had, however, given up worrying about it, for I thought, "What can't be cured must be endured." To my intense surprise, shortly after beginning to study Science and Health, I felt that my throat was perfectly well, and from that time till now I have not felt it.

I am able to read aloud for hours at a time, and sing, which formerly I was quite unable to do. This healing has been a very great comfort to me, for it has enabled me to work entirely in the Master's vineyard with a joyful and grateful heart. I am indeed grateful to Mrs.

Eddy for the wondrous light that she has been the means of shedding upon us. It is now my privilege and joy to take the same truth to others who are equally in bondage, either physically or mentally.

F.C.F., Manchester, Eng.

NOTE

This testimony first appeared in the 226th edition in 1902 and it remained unchanged until the 1907 edition.

Chapter XVIII, page 618-619.

TOBACCO AND LIQUOR HABITS DESTROYED.

WITH a grateful heart I acknowledge the multiplied blessings I have received through the teachings of Christian Science and the study of the text-book, "Science and Health with Key to the Scriptures." My wife's thought had been earlier directed to Christian Science for a chronic affection of the eyes, and seeing the benefit she was deriving, although entirely uninterested myself in the work which was bringing out happiness where for years misery had reigned, I wished to help her with a copy of this text-book, which I accordingly procured. This, for me, proved to be "God's opportunity," for with what, from a human standpoint, might be called curiosity, but which I now recognize as the prompting of divine Love, I opened the book and glanced at its contents. From that moment my journey out of material belief into spiritual understanding commenced. Having tasted of the water of life, I thirsted for more. The scales began to fall from my eyes, and I was learning that "Man is spiritual and not material" (Science and Health). I then experienced a pleasure in the study of the Scriptures that I had never known before. Its precepts, illumined by the (to me) new thought revealed in our text-book, began to destroy the error of mortal sense almost before I realized it.

I had been a tobacco smoker for upwards of twenty years; nothing but the very strongest mixtures and brands seeming to satisfy this so-called taste. It was

entirely destroyed within four weeks from the time I first saw Science and Health; and although two years have passed I have never had the slightest desire for tobacco in any form since. For even a longer period I had been addicted to the use of intoxicating drink and profane language, with social habits in organizations that kept me from home four or five nights in the week. These also have been destroyed through the application of the Truth taught in this remarkable book. My thought, actions, and aspirations have turned in a completely opposite direction. My home is harmonious, my business has lost its worry, and things that I once thought of the highest importance to my prosperity have now lost their force. My one desire is to "press toward the mark for the prize of the high calling of God in Christ Jesus," earnestly striving for that mind to be in me which was also in him.

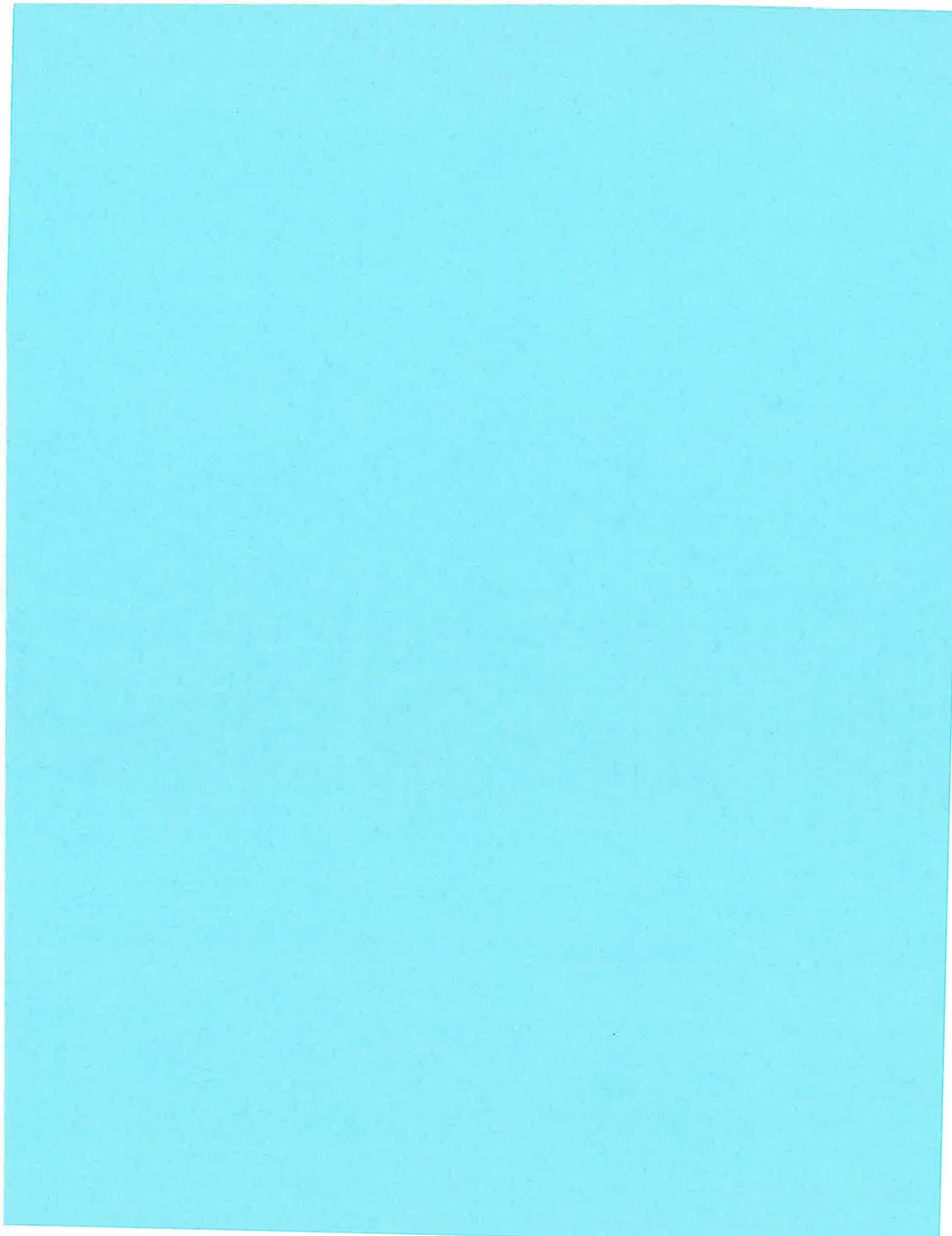
For the light that I have thus far received; for my earnest desire for a clearer understanding of God (Good) as the only mind, and of my relationship to Him; for the certainty I have that perfection will eventually be reached if I am faithful, - for all these blessings I realize that I owe endless gratitude and love to the Discoverer and Founder of Christian Science whose exalted thought, holy life, and incessant toil fitted her to be the recipient of this revelation, and who, being led by divine Love, has given it to the world in such a form that "the way-faring men, though fools, shall not err therein."

T.D.B., New York, N.Y.

NOTE

This testimony first appeared in the 226th edition in 1902 and it remained unchanged until the 1907 edition.

Chapter XVIII, page 619-621.



LAMENESS CURED.

TEN years ago my wife became interested in Christian Science, and from that time the book Science and Health has been in our home. I now regret that for a number of years I had not the interest to read it.

I had been troubled for more than a year with a lameness caused by over-lifting, which seemed to grow steadily worse. One evening about two years since I was suffering acutely, and Science and Health being among other books on the table, I took it and read perhaps two hours, and when I arose to retire for the night every vestige of lameness was gone, and has never returned.

I had not at that time heard of healing by the reading of the book, and asked if it were possible that it could be done in that way. My wife said it was not an uncommon thing. My interest in Christian Science was awakened. All the talk had failed to interest me, for it had been to deaf ears and an unwilling mind. This physical healing set me to thinking, and I wished to know what the power was that could heal through awakened thought. I began to attend the church services, and to study the Bible and Science and Health, and now I know it is the healing power of the word of Truth taught and demonstrated by Jesus.

It is not alone for physical healing that we hold fast to the teaching of Science and Health, but for the spiritual uplifting and strength that enable us to demonstrate over the daily temptations of life.

A child, in explaining the verse, "The Lord giveth and the Lord taketh away," said that the Lord giveth good and taketh away evil; and blessed be the name of the Lord that he has given to this age this great good, and through Science and Health has shown us the way to overcome the world and all evil.

W.R.P., Providence, R.I.

NOTE

This testimony first appeared in the 226th edition in 1902 and it remained unchanged until the 1907 edition.

Chapter XVIII, page 621-622.

A PHYSICAL WRECK FOR SEVENTEEN YEARS.

MY husband, Rev. G.H.H., has closed a twenty-five years' service as chaplain of the Michigan State Prison. I accompanied him in his labor of love, being carried into the institution in his arms, not having been able to sit up all day for eight years.

The clinking of the keys, as the keepers unlocked and locked the doors to take the men to and from their cells, so wore upon me that I had to be taken away. I spent much of the time at sanitariums and with doctors, but continued to grow worse. I was a physical wreck from nervous prostration. This had held me in bondage for seventeen years.

Twelve years ago I heard of Christian Science. A lady, not a believer, loaned me her Science and Health, saying, "Do not buy the book, for it is nothing but spiritualism." I had not been able to read for many years; could not even hold a book open without great distress, but I read in this precious book a few moments at a time. I began to improve before the first page was finished; soon I could read all day. Since then Science and Health, and other writings of Mrs. Eddy, and the Bible, whose pages have been so illumined, are indeed my meat and drink.

After a few weeks I took a class in the prison Sunday-school; some of the worst men, so called, have come to my class. Some have been healed of sickness, and some of sin. One of the employees of the prison said to

me, "Mrs. H., if you had never done another good thing in this prison, you are well paid for the good you have done H., who was always in trouble until he came to your class; and, if I may, I should like to join your class. I wish we might have Christian Science in all our prisons." I shall soon leave this field of labor as the chaplain's wife, but shall retain my class as long as I remain in the city.

E.C.H., Jackson, Mich.

NOTE

This testimony first appeared in the 226th edition in 1902 and it remained unchanged until the 1907 edition.

Chapter XVIII, page 622-623.

CONVERTED AND HEALED.

I HAVE always disliked the idea of being a human sponge, - always absorbing, and never giving out to others except by the process of squeezing. For over two years I have read the Journal, and received great benefits, and now I want to do my part.

In a way I have always desired to live a Christian life, but my manner of living gave little evidence of any such intentions on my part except to a very limited extent.

A cousin told me of the beautiful Truth revealed by Christian Science, but I was not receptive. Finally in May, 1895, this cousin healed my daughter's eyes of astigmatism and gave her a copy of Science and Health to study. My wife and I felt it our parental duty to read the book first, to see if it were altogether a proper one for a young Christian girl to read. We knew, of course, that the cousin would not place in her hands an improper book, but we held the popular idea of Christian Science, and thought it our duty first to see what the book contained.

Loyal Christian Scientists know what we found. Those in our old thought do not know, and I want to tell them that between the covers of "Science and Health with Key to the Scriptures," we found the grandest conception of God, the most intelligent explanation of Christ's life, his teachings, and his works, and the highest ideal of manhood ever brought to our consideration, and for the

first time in our lives did we seem to get that spiritual food, that bread from heaven, for which we had hungered.

When we began reading Science and Health one Sunday afternoon, I was wearing glasses for astigmatism, and had been obliged to use them for nine years. It was one o'clock Monday morning when we laid down Science and Health to retire for the night, and I have had no occasion for my glasses from that time to this, nor has my daughter ever used, or had occasion to use, hers.

When we began this beautiful, interesting, and highly profitable study, my wife was suffering with consumption, the final culmination of fifteen years' sickness, for which we had tried everything, and had finally settled down upon what is generally conceded as the "last chance," - whiskey and rock candy.

During the first year, by the constant study of the Bible and Science and Health, she was practically healed, and none but those who have been through these experiences can know or appreciate our present joy and happiness, the result not of the physical demonstrations only, but of the spiritual benefits that have come to us all, and to me more than any other member of our family, because I needed more this healing of the errors of sin. I can never tell from what I have been freed. If Mary had seven devils, I must have had a "carload;" and now I want to pull up all the weeds I have planted and get all the wheat into the ground I can before the harvest-time.

I have tested Christian Science in many of its varying

applications, in business, and in financial matters, and to all I say, Seek Truth and pursue it, for Jesus said: "If ye continue in my word...ye shall know the Truth, and the Truth shall make you free," and with a freedom, dear reader, of which but few have ever dreamed.

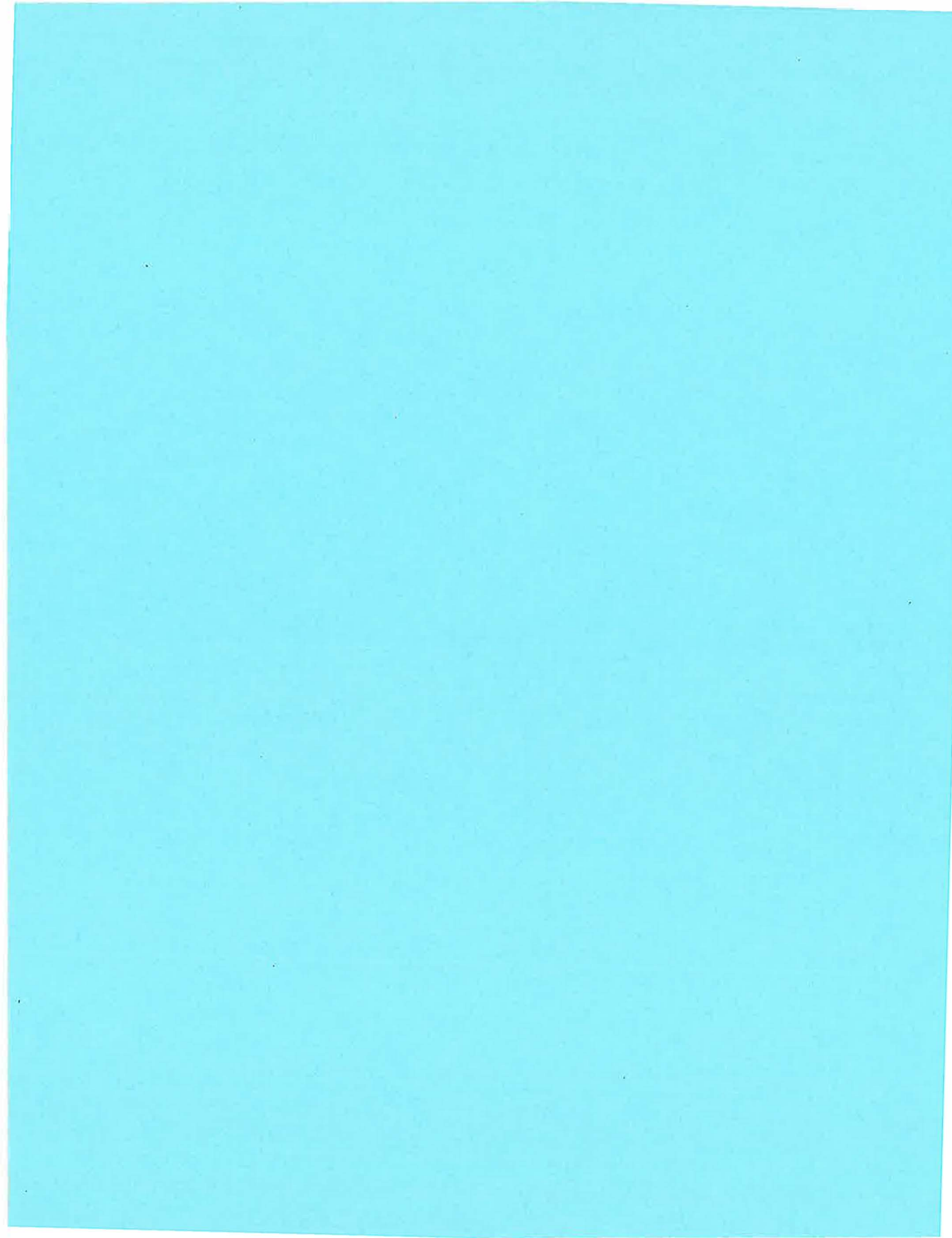
Three dollars invested in a copy of Science and Health will be found the greatest financial investment of your life.

I.C.H., Chicago, Ill.

NOTE

This testimony first appeared in the 226th edition in 1902 and it remained unchanged until the 1907 edition.

Chapter XVIII, page 623-625.



A WONDERFUL DEMONSTRATION.

I HAVE expressed my gratitude many times at our Wednesday meetings, and there is scarcely a day passes that I do not tell some stranger of the great benefits I have received from Christian Science, having been healed through the reading of "Science and Health with Key to the Scriptures."

It was fourteen years ago last February that the good news came to us of several persons who had been healed by Christian Science. For about seven years I had been deformed from a dislocated hip and curvature of the spine. The physicians said I could never be any better, and that they thought a great deal had been done for me in preventing an abscess from forming, telling me what a terrible thing it was. Walking much would cause a soreness in the joint, and some days I could not walk at all. In addition to this, I had what the doctor called ulceration of the eyelids, with which I had been troubled since having the measles when three years of age, and almost every spring for two or three weeks I could not open my eyes, the suffering being so severe. After hearing of the work Christian Science was doing, I wasted no time in going to see the Scientist who had started the work in our city, Cedar Rapids.

My interview with him was not satisfactory, as he would not promise a cure, but tried to explain to me; but I could not, or would not, understand. I confounded Christian Science with faith cure, and thought that not

to be willing to promise showed a weak faith, and I would not take treatment.

My mother was with me, an invalid for several years, and did not feel as I did about it and was treated. She was relieved after the first treatment and bought Science and Health. I knew she got the book, thinking I would read it. As days went past and she saw I would not, she tried to read it to me, but I would not listen. Finally I thought I had better read the book and find out what it was I was antagonizing. So I started to read Science and Health, as a critic, but I am thankful to say that I never criticised one word. I read the book for several days, then told my family that I was a firm believer in Christian Science, and if I were not cured, and never saw any one cured, it would not change my thought, for I knew that the fault would be with persons and not with God, the Principle.

I felt it was a revelation, and I loved the author. I could not believe that God saw all the suffering in this world and had power to prevent it, but for some good reason did not. We were told we must love this God, and believe He was good, we must also believe that He was all powerful, and that it was His will that every one should be saved, that He governed the world, and yet the sinful seemed to flourish in all ways, and to drag a great many down with them, while the good were prevented from doing God's work on account of illness. How different from the teachings of Jesus!

Can it be wondered that I accepted Science and Health

as a revelation, when it took me out of such darkness?
I did not think about myself when reading, whether I
should be healed or not, until one day about two weeks
after I had begun reading Science and Health I had a
severe pain in my hip joint. It was so severe for a few
seconds that I could not move. I had never had any-
thing like it before, and when I got up from my chair I
knew that the joint had slipped in place. The demon-
stration was complete. Since this time I have had no
trouble with it whatever.

A.H.H., Baltimore, Md.

NOTE

This testimony first appeared in the 226th edition in 1902
and it remained unchanged until the 1907 edition.

Chapter XVIII, page 625-627.

TOBACCO AND LIQUOR HABITS DESTROYED.

IT is nearly four years since I became interested in Christian Science. A friend gave me some Christian Science literature and asked me to read it. I did so, but as I had always possessed good health I paid very little attention to it. My friend continued to give me literature from time to time. One day my eye caught something in the Journal that seemed to me to be sound common sense, and by reading a little more I learned that Christian Science was quite different from what I had thought it to be. My friend then loaned me "Science and Health with Key to the Scriptures." I set to work to find out all I could. I had not read it very long before I pronounced it the most wonderful book I had ever seen. Well do I remember how I enjoyed reading that book! I could not have been more interested and delighted over a gold mine had I discovered one, and to-day, after nearly four years of patient and persistent study, it is worth to me more than all the gold the world has ever seen or ever will see.

Before I began the study of Christian Science my custom was to sit down every night after supper with my jug of beer, my pipe, and my newspaper, and read and smoke and drink until it was time to go to bed. I commenced to read Science and Health in my usual way, with my pipe and jug of beer, and would sit reading until morning. Often I went to bed just because I thought I had read enough for one night. After I had been reading Science and Health about a month my wife informed

me that my beer was nearly gone and I had better see about getting another barrel. I told her that I thought I would not get any more beer. I wanted to get a copy of Science and Health of my own instead of the beer. She said I could please myself about it, but told me it was foolish of me to think I could get along without the beer, when I had used it over thirty years, and had proved that I could not get along without it.

About a year previous to this I had made up my mind to stop drinking, and did not drink anything for over six weeks. The result was that I lost flesh to such an alarming extent that I became frightened and commenced drinking again. I soon regained my usual weight. My wife knew this and used it in support of her argument. I admitted the fact, but told her my mind was made up to buy Science and Health and let the beer go, that I should now prove the truth of what I had been reading. I bought the book in place of the beer, and the result is that instead of losing flesh I am to-day thirty pounds heavier than I ever was before. My pipe was consigned to the stove about the same time, and now for over three years I have neither smoked nor drank, nor do I have the least desire to do so.

I love and cherish that book more than any other earthly possession. It has taught me to love and enjoy the beautiful. It has made me a happy man. I have put in use what little knowledge I have. I have treated many persons with good results. I have never had class instruction. My teacher has been Science and Health. I take the

Journal and Sentinel, and how I do long for their coming.

One case that I treated was that of a boy who had a cataract on each eye and was to have an operation. In less than three months his eyes were perfectly healed and his sight restored.

Another case was that of a lady who wore glasses for years. In less than six months she could and can now see to sew the finest work without glasses.

D.D., Barre, Vt.

NOTE

This testimony first appeared in the 226th edition in 1902 and it remained unchanged until the 1907 edition.

Chapter XVIII, page 628-630.

RELIEF FROM INTENSE SUFFERING.

FROM birth I had curvature of the spine and contraction of the cords in my feet. My toes were drawn under so I could not straighten them, which made it painful for me to walk. My sufferings were intense. I had tried to get relief until I felt that it was folly to try longer.

A friend came and told me what Christian Science had done for her. I knew her suffering had been great, and when I saw how well she had become through the power of Truth I took courage. I began reading "Science and Health with Key to the Scriptures," and in a very short time the light of understanding broke in upon me, and I passed out of the wilderness of sense into a knowledge of the truth. In six weeks' time I became a strong, healthy woman. My spine is straight and I have no contracted cords. I cannot express the half of the joy I felt when I knew I was free.

Now we are rejoicing over a little daughter whose birth was a wonderful demonstration of the power of Truth and Love. My husband and his mother were all that were with me, and to their great astonishment I was delivered without suffering. I arose and walked around the room the first day, and felt as well and strong as ever. It was so different from the time our other daughter was born. Then my suffering was terrible, and for months I was helpless. But now the thanksgiving and rejoicing that is felt in our home is more than tongue or pen can describe.

NOTE

This testimony first appeared in the 226th edition in 1902 and it remained unchanged until the 1907 edition.

Chapter XVIII, page 630.

A TESTIMONY FROM SCOTLAND.

IT is with a very deep feeling of gratitude and love to God, and our Leader, Mrs. Eddy, that I make this attempt to express what Christian Science has done for me. To express it fully is well-nigh impossible, so manifold are the blessings that have flowed to me since first this great Truth began to shine into my consciousness.

In the year 1895 I first heard of Christian Science, and became interested. A copy of "Science and Health with Key to the Scriptures" was loaned to me and I began reading. I had caught a glimpse of the truth contained in that wonderful book, and had been healed of insomnia of five years' standing.

It is difficult now to remember the number and variety of physical ills which constantly afflicted me, but I remember that every sort of medicine found its way into my home, and that doctor's and chemist's bills were important items in the family expenditure. Since that time, five years ago, these have been conspicuous by their absence. We have had, amongst the little circle interested here, many beautiful demonstrations, proving to us that the protecting power of Truth is with all those who are truly recognizing the omnipresence and supremacy of Spirit.

Among the cases which have yielded to Truth, I may mention, blood-poisoning, anemia, toothaches (in one instance, the extraction of a "live nerve" of a tooth without pain), burns, severe chronic nervous and bilious

headaches, neuralgia, feverish colds, influenza, inflammation of the eyes, epilepsy, chronic rheumatism, sciatica, and rheumatic gout. Short-sightedness has also been cured and the eyeglasses laid completely aside. But it is in the more radical healing from sin, - in the destruction of selfishness, and of all that claims to make man unlovely and unlike his perfect origin, - that the great work of Christian Science really lies, where the grand hope of its work for the race is to be found. For, in showing man how to free himself from sin and its consequent sickness, by revealing to man his perfect unity with his divine Principle, God, Christian Science flings open the gates towards the realization of that condition which our Lord said was to be found within us, here and now, - the kingdom of heaven.

C.F.R., Banff, Scotland.

NOTE

This testimony first appeared in the 226th edition in 1902 and it remained unchanged until the 1907 edition.

Chapter XVIII, page 631-632.

DESIRE FOR LIQUOR AND TOBACCO DISAPPEARED.

I FIRST heard of Christian Science four years ago. At that time drinking and smoking were my comforters. I had no other companionship. I had lived almost constantly from childhood in an evil atmosphere. Though I was far from being satisfied with my condition, I failed to see how to better it until I read Science and Health. I used occasionally to listen to a sermon, but sermons did not give me any more comfort than I derived from my pipe, hence I concluded that church-going could not satisfy me and I preferred drinking and smoking. When I began to read Science and Health I saw it offered something substantial. After a few months' study all desire for drinking and smoking disappeared. I did not give them up; I made no sacrifices, I simply found something better. I might mention that I had smoked ever since I can remember. I used to smoke years before I left school, and, like most Englishmen, loved my pipe, and would almost prefer to miss a meal rather than to go without my smoke. I used to think it gave me comfort.

During my four years' study of Christian Science I have not spent a cent for doctors or medicine, neither have I lost a day from my work on account of sickness, which compares wonderfully with the previous four years. I take a great interest and pleasure in reading the Bible and studying the lessons in the Quarterly. The Bible used to be a most mysterious book to me, but

Science and Health makes it a most precious book, making its meaning clearer, plainer, and simpler.

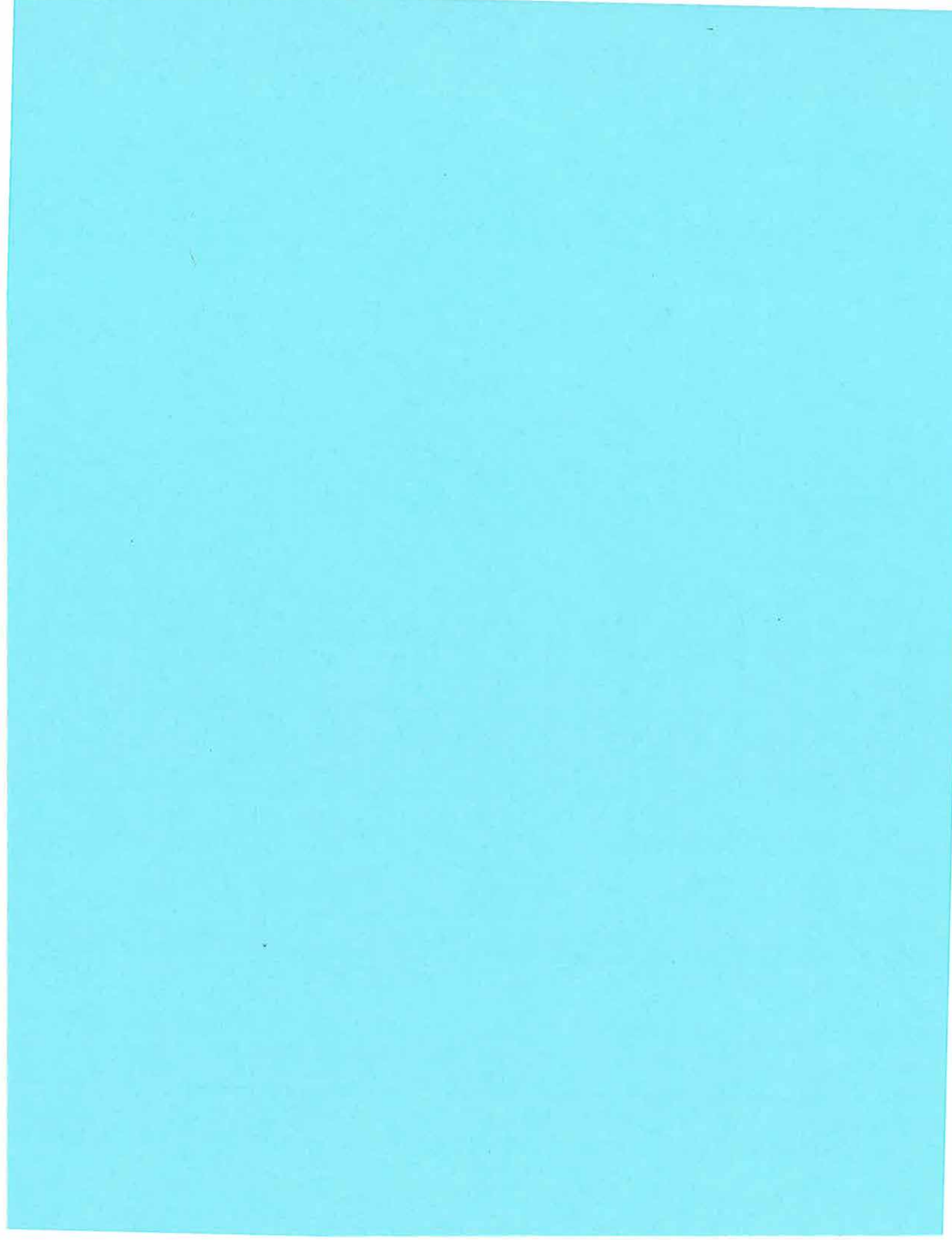
I take this opportunity to express my gratitude to Mrs. Eddy and to the friend who invited me to attend the service held in the Auditorium four years ago. I also wish to acknowledge the benefit I have had from the Journal and the Sentinel. They have helped me wonderfully. If the value of Science and Health and these publications were measured as business men value things, by the results or benefits they bring, they certainly would be priceless to me. It would be impossible to measure their value, as I have got something from Science and Health that all the money in the world could not buy.

H.P.H., Chicago, Ill.

NOTE

This version of the testimony first appeared in the 226th edition in 1902 and it remained unchanged until the 1907 edition. Chapter XVIII, page 632-633.

This testimony appears in the final edition and was selected to remain in the textbook when Mrs. Eddy totally redid the chapter in 1907. Only slight differences in punctuation or capitalization are found in this version and in the final one.



HEALED OF HERNIA AND OTHER ILLS.

I DID not come to Christian Science for physical healing. I had been a church member for a number of years, but was not satisfied, and was always looking and searching for something different, something I could understand. I attended a Christian Science service more out of curiosity than anything else. It did not make any special impression upon me at first, but I felt that I wanted to go again. After attending the services a few times I became interested enough to visit the reading room and talk with those in charge. I soon felt it was the Truth and what I wanted. I procured a copy of "Science and Health with Key to the Scriptures," and at once became deeply interested in it. Before I had read it through the first time I was healed of hernia, which had been a great trouble and annoyance to me for sixteen years. I have since been healed of many ills, among them sick headache and indigestion which I had had from childhood. I have also laid aside glasses which I had worn for eight years; I have not had them on for nearly two years, and I read and sew and do anything I need to do without them. I feel that I cannot begin to express the benefit that Christian Science has been to me both physically and spiritually. I know my whole life has been made happier by it. I certainly feel very grateful to our Leader for showing us this blessed Truth.

A.H.S., Jacksonville, Fla.

NOTE

This version first appeared in the 226th edition in 1902 and it remained unchanged until the 1907 edition.

Chapter XVIII, page 633-634.

HEALED BY STUDY OF SCIENCE AND HEALTH.

ALTHOUGH Christian Science had been known in our home for five years, I did not feel inclined to study into it until I thought it was my duty to do so, on account of the statement frequently made to my daughter by a member of another church, that the devil was in Mrs. Eddy's book, and that the devil was doing the healing. I told my daughter that I should study the text-book, and if I found anything wrong in it she would have to give it up.

It was a little over one year ago that I began the diligent study of Science and Health, but instead of finding something of the devil in it, I found Jesus and religion again, - that which I had neglected for many years. That alone was a great gain for me; but soon I found my old ailments were leaving me. First, asthma of twenty-five years' standing, then a rupture of ten years' standing. What seemed most wonderful of all was, that my left arm, which was dislocated forty-two years ago and never set in place, commenced to pain me in the shoulder-joint one night, and next morning I could move my arm any way I wanted to. Previous to this I could hardly raise my hand higher than my ear.

Afterward my eyesight improved, constipation and indigestion left me entirely. Although I had been a moderate drinker and smoker, I lost all desire for both drinking and smoking; and minor ailments left me.

I am nearly seventy-four years old, and I feel as strong as I did fifteen years ago, and am in perfect health, more peaceful and contented than ever before. Therefore I cannot feel thankful enough to God, and also to Mrs. Eddy, the Founder of Christian Science.

J.F., Leadville, Col.

NOTE

This testimony first appeared in the 226th edition in 1902 and it remained unchanged until the 1907 edition.

Chapter XVIII, page 634-635.

CANCER CURED BY READING THE BOOK.

ON the Fourth of July, eight years ago, I was lying in the hospital in Baltimore, Md., in charge of the doctors, and suffering from a cancerous growth on my breast and under my arm. On this Fourth of July, 1900, I tell it with joy, I am free from all doctors, free from all drugs, free from all medical care.

About four years ago, when on my return from San Francisco to Salem, I asked a lady in the car to raise the window for me, which she kindly did; she then asked me what was the matter with my arm. I told her. She asked me if I had ever tried Christian Science. I told her I had never heard of it before, but the name of Christian Science sounded very beautiful to me, and I should like to know something about it. She then told me of her mother who had been an invalid and was confined to her bed for eight years. She was pronounced incurable by several doctors and given up to die. As a last resort a Christian Scientist was sent for, and with one week's treatment her mother was restored to perfect health. It had been five years since her mother was healed, and they had not employed a doctor since.

The very moment that lady named Christian Science, I knew it was what I was looking for; I could not grasp it quickly enough. While she was repeating the story of her mother, the thought came to me very forcibly, "There is help coming to me, for God is no respecter of persons. If He heard her mother's cries He will hear

mine also." The thought of help coming to me never left me, so great was my faith in the ever-loving Father. A short time afterward I read "Science and Health with Key to the Scriptures," and was perfectly healed without a single treatment.

About one month ago I received a letter from Doctor H., surgeon-in-chief of the Johns Hopkins Hospital, Baltimore, Md., where I was a patient eight years ago. He desired to know how I was getting along. He said, "If you are not able to write yourself, ask your physician to write for you." But thanks be to God, who has given me the power and the strength to do my own writing, even without the aid of glasses. I was sixty-seven years old January last, and wore glasses constantly from the age of fourteen up to a few months ago. Since then I have done all my reading, writing, and sewing without glasses. My heart is overflowing with love to God that I have been healed by Truth and am gaining the light of Christian Science.

I cannot tell the number of physicians at the hospital who pronounced me incurable and a cripple for life. Before leaving the hospital, the head nurse referred me to the best so-called surgical doctor in the house. I asked him if he thought I would recover. He shook his head, saying, "Your age is against you." I then asked if he thought I would have the use of my arm again. He placed his hand on the top of his head, and said, "You will never do this." The day I was healed the first thing I did was to lift my arm over the top of my

head. My arm has been in a normal condition ever since, and my health is perfect.

Had I known of Christian Science before I went to the hospital I never would have submitted to the knife. For four long years after passing through this severe surgical operation, I suffered intense agony day and night. I went to bed every night with a pillow under my arm, but did not know what it was to have one restful night. While my friends were sleeping around me I was either walking the floor, or on my bended knees, asking God to relieve me of my suffering. I used to think I prayed as earnestly as others did, and thought my prayers were acceptable unto God, and sometimes I wondered why God did not hear the prayer of His humble child, for I was willing to sacrifice everything to get relief, but I lacked the understanding that God has given me through Christian Science. I cannot express my gratitude to our dear Mother for the light of Christian Science. I shall try to work more earnestly for our glorious Cause in the future than I ever have in the past. My greatest desire and my prayer is that my life may be a shining light for the glory of God.

A.J.A., Salem, Ore.

NOTE

This testimony first appeared in the 226th edition in 1902 and it remained unchanged until the 1907 edition.

Chapter XVIII, page 635-638.

SCIENCE AND HEALTH A PRICELESS BOON.

DIVINE LOVE led me to investigate Christian Science three years ago, through the healing of my wife of many so called incurable diseases. After one trip of several months made with her to distant cities to see specialists and be treated by them, - with sanitarium, trained nurses, and doctors' bills amounting to twenty-seven dollars per day for the trip, - we returned home with her. She was still diseased in mind and body.

Following this trip were months and years of almost constant suffering; new doctors, new scenes, and new places were visited, none of which brought any relief, till God - Good - sent an angel of mercy to voice, silently and audibly, His Word to her through the understanding of Christian Science; when, lo, after about four weeks, we saw her in perfect health, mind and body restored to their normal conditions. This transforming process caused me, an avowed agnostic and rank materialist, to investigate this mysterious something that could change so wonderfully, and so marvellously banish disease, discord, sorrow, and suffering.

Taking up the study of Christian Science through "Science and Health with Key to the Scriptures," with only the thought of knowing something of what it was that could do such marvellous things, I became engrossed in the study; and God revealed Himself to me through the words of this book, and while I had never for one moment dreamed of being healed of what I thought were

my incurable maladies, I suddenly realized that rheumatism of twenty-five years' tormenting was entirely healed; lameness was gone, and the desire for alcoholic stimulants completely blotted out.

From darkness to light, from despair to radiant hope, from impurity to purity, from hell to heaven, has been my transit through the understanding of Christian Science. Knowing God as Love, I have proven His presence in many instances; healing joints that had been stiff and rigid for years; a case of total blindness; a case of dropsy pronounced incurable and ready to pass on, by the doctors; neuralgia of long standing; indigestion; heart-trouble; diseased eyes; and many other conditions.

For this great good and these inestimable privileges, could all the wealth revealed, or still hidden in the bowels of the earth, and in the depths of the sea, buy from me the priceless pearl found in the Word of God, whose store of wealth has been opened to me by Science and Health? I answer, No. Is three dollars a big price to pay as an entrance fee to that state of consciousness known and recognized as peace that passeth understanding? No, a thousand times no. Not many years hence she whom God has authorized to reveal to this age, and to all ages, His word will be loved and revered by countless millions. Those who to-day scoff at Christian Science will be glad to say, "Make me as one of thy hired servants," "a door-keeper in the house of God," for it has, under God's direction, taught us to know something of Him, and if we faithfully follow its leading and teaching it will be

given to us to know God as eternal Life.

Should this article come to the consciousness of one struggling against the full acceptance of Christian Science and all that it teaches, let me say to such an one, Become as a little child, and divine Love will lead you to the light that is never dim. Let this angel visitant come in and sup with you; then, like Jacob of old, wrestle with the claims of error and evil, and "each victory will help you some other to win" until you will know that you are on the Rock, Christ - Truth.

E.H.C., Atlanta, Ga.

NOTE

This testimony first appeared in the 226th edition in 1902 and it remained unchanged until the 1907 edition.

Chapter XVIII, page 638-640.

SAVED FROM DESPAIR.

ONLY three short months ago I was a scoffer at Christian Science, with a profound pity for those deluded souls who believed that it was demonstrable. I found myself at that time engulfed in despair, with no faith or hope to cling to, and longing for death to release me from a life out of which all sweetness and fragrance had vanished. Under those circumstances, without a scintilla of faith that Christian Science could reach my case, I, like many others, turned my weary gaze toward it and found in it rest, comfort, and peace, as in the shadow of a great rock in a weary land.

"Science and Health with Key to the Scriptures" is a priceless book, explaining, clearly and logically, all the problems of life. It quickens our understanding and reveals our kinship with God and Jesus Christ. Where we have before seen as through a glass darkly, the clouds of mysticism and unbelief are rolled away, and we stand face to face with new and beautiful truths. It brings a calm and holy peace to sorrowing hearts; it levels all rank, and in its effulgent rays we see in every man a brother. When we shall have entered into a full understanding of it, we shall as heirs of God appropriate to ourselves from His wonderful and inexhaustible storehouses all that we need to make our lives one glad, sweet song.

To follow in the footsteps of our Master means work. There must be no sluggards, for the harvest is ready and there is work for all, - a daily taking up of the cross;

but when we have found the true way the burden will be light and the yoke easy. God's love belts the universe, and a glance toward the coming years gilds my belief that love for God and our neighbor will be mightier than modern artillery in settling international questions; that nation will no longer war against nation, and that credit for such beneficent results will be largely due to Christian Science.

N.B.H., Georgetown, Mass.

NOTE

This testimony first appeared in the 226th edition in 1902 and it remained unchanged until the 1907 edition.

Chapter XVIII, page 640-641.

READING THE BOOK CURED DISEASE.

IT is over two years since the writer penned her first note to the field, telling what one year's study of Science and Health had done for her. That first testimonial was never sent. Page after page was filled, until it dawned upon her that if all she felt was to be incorporated in the "note," the publishers would be compelled to issue an extra supplement for her particular benefit. Then came to her the realization of the powerlessness of material means to express fully the thoughts that burn upon the altar of a contrite and grateful heart. Deeds must take the place of words. Since then my quiet and humble efforts in God's vineyard have been greatly blessed. I was healed of numerous diseases pronounced incurable, by simply reading the book, Science and Health. To show that it was not blind faith in the book, its author, or in the person who loaned it to me, I will add that I did not know any one had ever been healed through its perusal. The healing was so gently done that I was well for several days before I fully realized it; the fact was noticed by my husband, whose attention was aroused by seeing me eat various articles of food previously shunned as so much poison. I was conscious of nothing but perfect harmony of mind and body. I had no Bible, because I was then an ardent admirer of Ingersoll. But the chain of mental, moral, and physical ills melted before the divine voice of Truth spoken through Mrs. Eddy's book, and I was free. I

never analyzed or denied a single statement, mentally or audibly, as I was constantly in the habit of doing when reading other literature. I imbibed the inspired words as a dry sponge absorbs water. The blessed Science never seemed "hard to understand," because, from the first, I loved it, and loved her who gave it to a starving world. My prayer now is that I may become worthy to call her "Mother."

With Science and Health for my only guide and teacher, I was in a few months able to destroy sickness for others.

C.D., De Funiak Springs, Fla.

NOTE

This version first appeared in the 226th edition in 1902 and it remained unchanged until the 1907 edition.

Chapter XVIII, page 641-642.

READ SCIENCE AND HEALTH AND WAS CURED.

AS I feel that some who are just beginning to study the Christian Science teachings might be interested, I would like to relate some of my experiences in commencing the study of Science and Health. Here let me say that I had never believed it possible that the mere reading of a book could heal the sick or produce any effect beyond informing and improving the mind of the reader, and I ridiculed the idea of any more tangible results being possible. Though, like thousands more, I believed that "Truth is mighty and will prevail," still I had, as it were, placed bounds to its might commensurate with my own restricted mental horizon, not realizing, in my ignorance, that Truth is Almighty and must prevail ultimately over all error.

I had been for many years in the habit of smoking more or less frequently, although always in moderation, but was very fond of "a good smoke," principally as a "sedative" and "comfort" after business or other "worries." (What an extensive vocabulary we moderns make use of to express the different phases of mortal belief!) I began to read Science and Health early last December, and after reading a few chapters I found, about Christmas time, that I had suddenly lost all desire for my customary pipe or cigar, and have not smoked at all since then, although I did not remember seeing one word about smoking in Mrs. Eddy's great work, as far I had then read, nor had I made any resolutions respecting giving up

the practice. The desire simply left me entirely, and the very idea of smoking became obnoxious to me, so much so that when I travel on the steam cars, instead of boarding a "smoker," as I had been in the habit of doing, I seem to loathe the idea of riding in the polluted atmosphere amid the impurity which I had tolerated - and even believed I preferred - before.

This may seem a trivial matter to some readers, especially to those who have not studied the Science of Being, but to me it was a very real, and at first an unaccountable, experience. Concurrently with this also began a blessed sense of higher moral tone and a far grander and more complete conception of the being and attributes of God than I had thought possible after numerous attempts at forming a just or reasonable idea of our heavenly Father in accordance with the conventional beliefs of those denominated Christians.

I was at first puzzled to account for this, but now find that the secret of the power of Science and Health to accomplish seeming miracles lies in the fact that God is Truth, Power, Love, Purity, and all Good, and that the moment we realize the purity of Good, or the "beauty of Holiness," we naturally turn away from whatever is impure or unholy. I am far from being well informed on details of Christian Science doctrines, but feel that the knowledge I have already gained, as the result of only a few weeks' study of its teachings, is my most precious possession, and that to crown all, it is only the beginning of what I know will be revealed to

me through the study of God's word with the new light thrown on it by Mrs. Eddy's works. I have no fear of finding that anything contrary to the spirit of Truth can have crept into these writings, as the truth of the statements contained therein is demonstrable Science, and the foundation is firmly laid on the "Rock of Ages." Truly it hath not entered into the heart of man to conceive what is laid up for us if we accept the Truth and follow its teachings.

H.S., Manchester, N.H.

NOTE

This testimony first appeared in the 226th edition in 1902 and it remained unchanged until the 1907 edition.

Chapter XVIII, page 642-644.

HEALED OF MANY DISEASES.

LAST June I drove to the home of an acquaintance who resides in the country. Report said he could live but a short time. The wife looked anxious and worried. The man told me that he had been unable to work a day for more than a year, that he had not driven to town for six months. I told him about Christian Science, and asked him if he would read "Science and Health with Key to the Scriptures." He listened attentively and expressed a desire to read the book. When he spoke of weakness, I spoke of the Source of all strength, and the promise, "as thy days, so shall thy strength be." The next morning he began to read Science and Health and was perfectly healed without any treatment.

Extract from a letter from this man.

"I was, according to mortal belief, a sufferer for thirty-four years with heart trouble and diseased lungs with supposed accompanying neuralgic and rheumatic conditions. For five years prior to June, 1899, I was beyond hope of recovery.

"Words are not adequate to express my thanks to you for leading me to the light through this wonderful book, Science and Health. The Bible is a new book, full of life and hope.

"My wife and I have taken no drug of any kind since June, 1899, and we are both well and strong.

"A friend and neighbor borrowed my book, read it,

and was healed of various complications, among them the liquor habit. He bought a book, and is an earnest student, goes to church with me frequently.

"I could name several demonstrations, - cuts, bruises, strains, healed almost instantly, by denial of error and the recognition of Truth as all.

"With ever-increasing gratitude to you for pointing the way to health and happiness through the author of Science and Health."

M.E.W., St. Louis, Mo.

NOTE

This testimony first appeared in the 226th edition in 1902 and it remained unchanged until the 1907 edition.

Chapter XVIII, page 645-646.

PLANTING.

ONE day a few years ago an earnest Christian Scientist in a distant city invited a friend who was soon going to stay for a few months in a village in one of our frontier States, to spend the day with her. This friend had known a little of Christian Science, but was gradually losing all interest in it. In the conversation the loyal one urged the friend to take her Science and Health with her, and asked her to promise to read in it every day. The friend, not wishing to give the promise, turned the subject of conversation time and again; but the Scientist persisted in planting that seed, and finally obtained the promise. After the friend was settled in this frontier village, she called on two ladies whom she had known years before, and found one of them in a darkened room on account of her eyes. They had troubled her for years, and each year they grew worse. She said she had been to Chicago several times to have her eyes treated, and expected to go again in about ten days for the same purpose, and to have a surgical operation performed, as her eyes were only one of many ailments she was suffering from. She had eaten only toast and cereal foods for months. After she had finished her sorrowful story this friend told them she had promised to read a book every day, called "Science and Health with Key to the Scriptures" by Mary Baker G. Eddy; that many people had been healed by reading it, and if they were willing, she would gladly meet them every afternoon and read

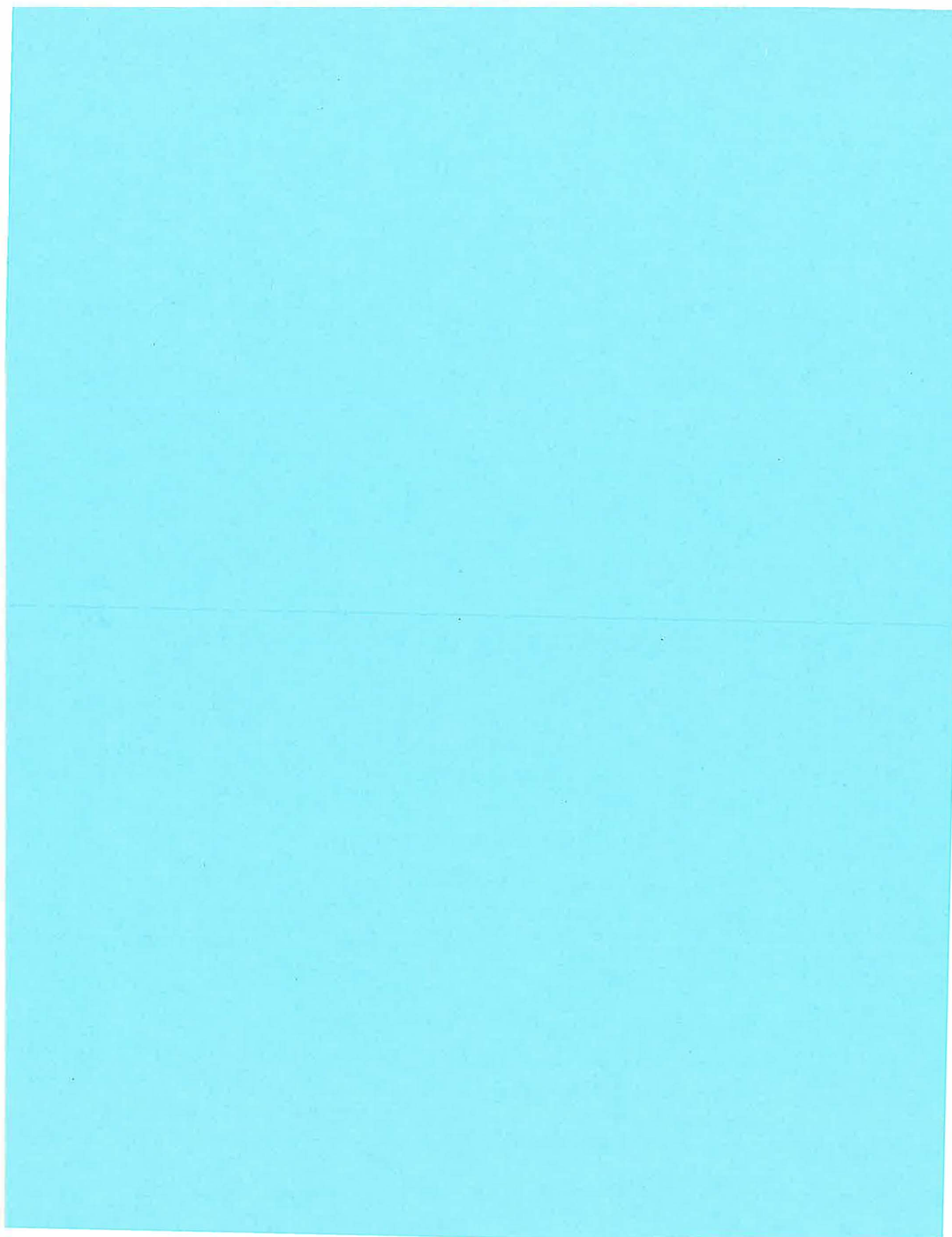
aloud. They assented, and the work began. When the ten days were up the lady said she was not going to Chicago at present. The reading continued during the summer. One by one the ailments of the afflicted one began to disappear; among them were dyspepsia, neuralgia, and nervousness, and her eyes improved. She did not go to Chicago, but continued to read Science and Health and was finally healed.

Other people in the village became interested, and from one case of healing that came from the planting of that one seed, over two hundred people were led to investigate and accept Christian Science. And that was only one branch of the tree. It has spread in every direction and gone forth to different parts of the country bearing fruit. If there is one thing more than another that has given the friend who made the promise and read the little book in that far-away village that summer, cause for rejoicing and expressing gratitude and thankfulness to God and Mrs. Eddy, it is that although the one who read, and the ladies who listened, long ago moved away from that frontier village, yet on the first Sabbath evening of the year 1900 they started a Christian Science service there, reading the lesson in the Quarterly and rejoicing that they had heard this great Truth.

M.J.A., Boston, Mass.

NOTE

This testimony first appeared in the 226th edition in 1902 and it remained unchanged until the 1907 edition. Chp. 18, p.646-647



HEALED BY READING SCIENCE AND HEALTH.

WHEN Christian Science was first brought to my notice I was suffering from troubles caused by childbirth, and the doctor told me I must go to the hospital or I would never see another well day. The thought of going to a hospital was terrible to me, and I thought I would certainly go crazy if I had to go.

About two weeks later a friend asked me why I did not try Christian Science. I had never heard of it before, but said I was willing to try anything that would save me from an operation. She was not a Scientist, but said the lady that lived in the house with her was, and had been healed by Christian Science of nervous prostration, and I could see her and talk with her, and she would let me have some papers to read.

I was somewhat acquainted with Mrs. S. I saw her, and she told me I could be healed. She said she had Science and Health, and that I could take it to read during the evening, and she would have it during the day. As I read page after page, I felt as though it was all true, and that if I could only read the book, I would be healed without treatment, and I was. I had only read fifty pages when I realized I did not need to wear glasses. I had been a slave to them for fourteen years, and had suffered much with my eyes. I have not felt the need of the glasses since I put them away.

As I read "Science and Health with Key to the Scriptures," I felt better every day, and I knew the healing

was going on. I could walk without pain, and could even run upstairs. I felt a new life and the world looked bright. I was glad I was living, and I felt as though I must fly instead of walk. As I continued my reading, my troubles left me one by one. Little evils I was not thinking about, as larger ones occupied my thoughts.

When I finished the book I felt I could truly say, "I am well," but the physical healing seemed small compared to the spiritual uplifting. The fears I had concerning my child, the fear of the diseases supposed to be a necessary part of a child's life, all left me. I knew they were not necessary, and as my fears left me his health began to improve. To-day he is a well, strong boy twenty-two months old. He eats anything, and lives out of doors. I have no fear for him, he is God's child, and God gives him perfect health.

I have Science and Health. It seems a new book to me every time I read it through, and I understand it better. There is much to learn, and one can never study it enough. It makes the Bible seem a new book. With the little understanding I have, I have been able to help others.

W.A.M., Bucksport, Me.

NOTE

This testimony first appeared in the 226th edition in 1902 and it remained unchanged until the 1907 edition.

Chapter XVIII, page 647-649.

HEALED AFTER SURGERY FAILED.

ELEVEN years ago last month Science and Health was brought to me. At that time I was a total wreck physically and mentally. I had not been well for over nine years. As a last resort I submitted to a surgical operation which was a complete failure, leaving me worse than before. Finally inflammation set in and the case was given up.

At this time a friend came and talked to me about Christian Science; two days later she brought me Science and Health. As soon as I began to read, the whole world seemed changed to me. I found God had made everything, and everything He had made was good, and that man was made in His image and likeness. This gave him dominion over the whole world.

I had thought that I should like to be a Christian, and had felt for some time that the God I thought about would make me whole, soul and body, if I could find Him. I often took my Bible to read, but I could not understand it enough to read more than a few minutes at a time; but after reading Science and Health every page is illumined.

When I think of my old life, it seems almost a blank. I feel as though I never had lived until I found Christian Science.

S.E.B., Burlington, Ia.

NOTE

This testimony first appeared in the 226th edition in 1902 and it remained unchanged until the 1907 edition. Ch. 18, p. 649-650

COMPLETELY CURED.

LESS than a year ago my knowledge of Christian Science was limited to the newspaper reports which I saw occasionally, and which were generally of such a brief and unfriendly nature that they were calculated to lead one from instead of toward the faith.

I had been a sufferer from what the doctors called chronic gastritis and other stomach and heart troubles for a good many years, and I had taken all kinds of patent medicines and had been treated by a dozen different doctors, but I gradually grew worse. I had reached the point where I had given up all hope, had become greatly discouraged, and made up my mind that the end was near.

About that time a Christian Scientist, hearing of my condition, brought me a copy of the Christian Science Journal, and spoke a few words of encouragement to me. I read it and was eager to get more of the new light, but as I had been sick so long and unable to work, I did not have the means to get what I wished. A lady sent me a copy of Science and Health, and I began to study it. At first I was skeptical and doubtful, and for some weeks I poured over its pages blindly, when suddenly one day, after an unusually bad spell, the light burst upon me in a powerful flood, and the Truth opened my eyes as they had never been opened before. I threw away all medicines, pills, tablets, and cordials which I had relied on for years, and from that day, several months

ago, I have taken no medicine.

I have been made better physically and morally, I have not suffered with the old trouble for months, have gained more than fifteen pounds in weight, and am completely cured. I can eat heartily of any kind of food now, whereas for years I had to be very careful what I ate, as almost any kind of solid food caused great suffering and distress. I thank God for the various means that led me into Christian Science. Life has a grander meaning to me now, and I feel that I have just entered upon the life spoken of by the Psalmist, where he says, "Depart from evil, and do good, and dwell forevermore." Although I have been a worker and a searcher in Christian Science but a few months, I would not take the ransom of a king for the security and peace I now feel. I would not take all the wealth of the world and go back into the mire of despondency. Oh, that the whole world, that mankind everywhere, would come to this fountain of spiritual knowledge and drink freely! How quickly we would be free from all fear, from sin, sickness, and death!

G.R.S., Moline, Ill.

NOTE

This testimony first appeared in the 226th edition in 1902 and it remained unchanged until the 1907 edition.

Chapter XVIII, page 650-651.

SPINAL TROUBLE CURED.

I WAS healed of spinal trouble which caused severe pain in the back of the head. I was suffering intensely when I chanced to pick up Science and Health in a lady's room. I had never heard of the book nor of its author, but I had heard the name Christian Science, and had asked what it was, but could not learn anything about it. The lady being out of her room, I took the book and began to read. I shall never forget the calm that came over me the few moments I read. The next day I took the book to my room and read all the afternoon, and that night I went to sleep free from pain for the first time in six years. The blessing that book has been to me words fail to tell. I was entirely healed and have been able to help others and lead them into the light. A child had the croup so that it could not speak, and its eyes were swollen and inflamed. The disease yielded to the power of Truth, and in one hour the child was singing, "Shepherd, show me how to go," as well as a baby of three years could sing.

F.J.M., Danville, Can.

NOTE

This testimony first appeared in the 226th edition in 1902 and it remained unchanged until the 1907 edition.

Chapter XVIII, page 652.

HEALED OF DISEASES.

ABOUT two years ago Christian Science was brought to my notice through the healing of my wife. We at once purchased Science and Health. I became interested in its teachings, and when about half through the book, I lost my desire for tobacco. I had been a great smoker for ten years. I kept on with the study, and physical diseases began to disappear, until I found myself perfectly well.

The joy that has come to me spiritually, the English language has no words to express. We have now nearly all the works of our dear Leader and The Christian Science Publishing Society. Their value cannot be estimated in money.

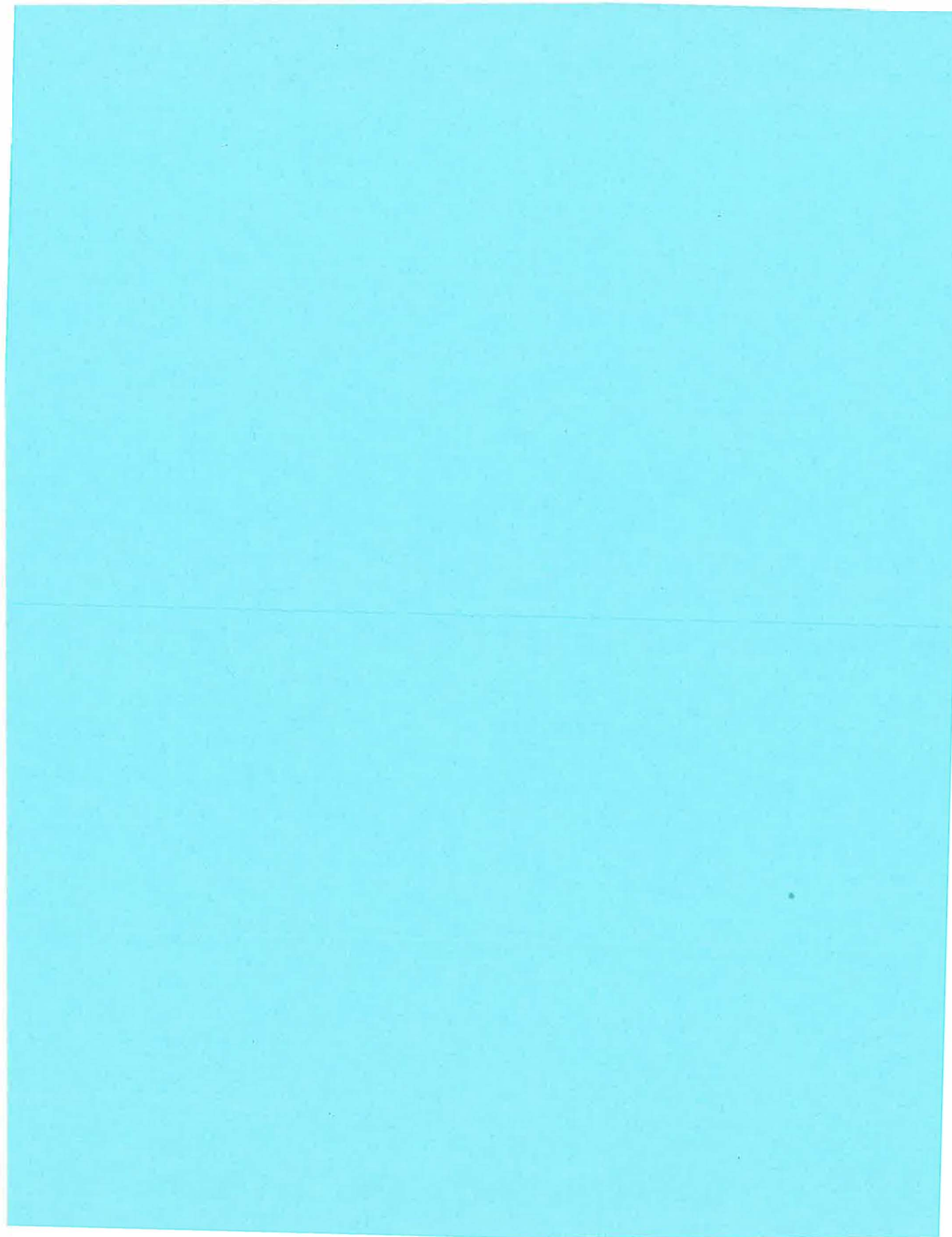
In the degree that I rise above selfish motives and aims I find myself in the attitude of thought to understand the Bible and Science and Health. My constant desire is to so demonstrate over personality and all claims of sin, that I may be led to Christ, Truth.

N.P.L., Bangor, Me.

NOTE

This testimony first appeared in the 226th edition in 1902 and it remained unchanged until the 1907 edition.

Chapter XVIII, page 652-653.



HEALED OF A TUMOR.

I WAS troubled for thirty years with a varicose-veined leg, which many physicians had failed to cure. I had to bandage it tightly in order to walk, and then could not go far.

I also suffered for twelve years with a fibrous tumor. I was operated upon many times with only temporary relief, for after each operation it grew much faster. Last spring I became so emaciated that I looked for death at any moment, and made all preparation for it, even buying my burial lot. In July a lady loaned me Science and Health. I knew nothing of its merits, nor did the lady know my condition. I had not finished reading it through, when I saw the nothingness of all material aid. I removed the bandage at once from my leg, and from that day I have never felt the need of it. My leg has assumed its normal condition, and the tumor has entirely disappeared. I write this that any one suffering as I did may go and do likewise, giving all the glory to God, and that precious little instrument, "Science and Health with Key to the Scriptures."

M.E.M., Cincinnati, O.

NOTE

This testimony first appeared in the 226th edition in 1902 and it remained unchanged until the 1907 edition.

Chapter XVIII, page 653-654.

DEAFNESS CURED.

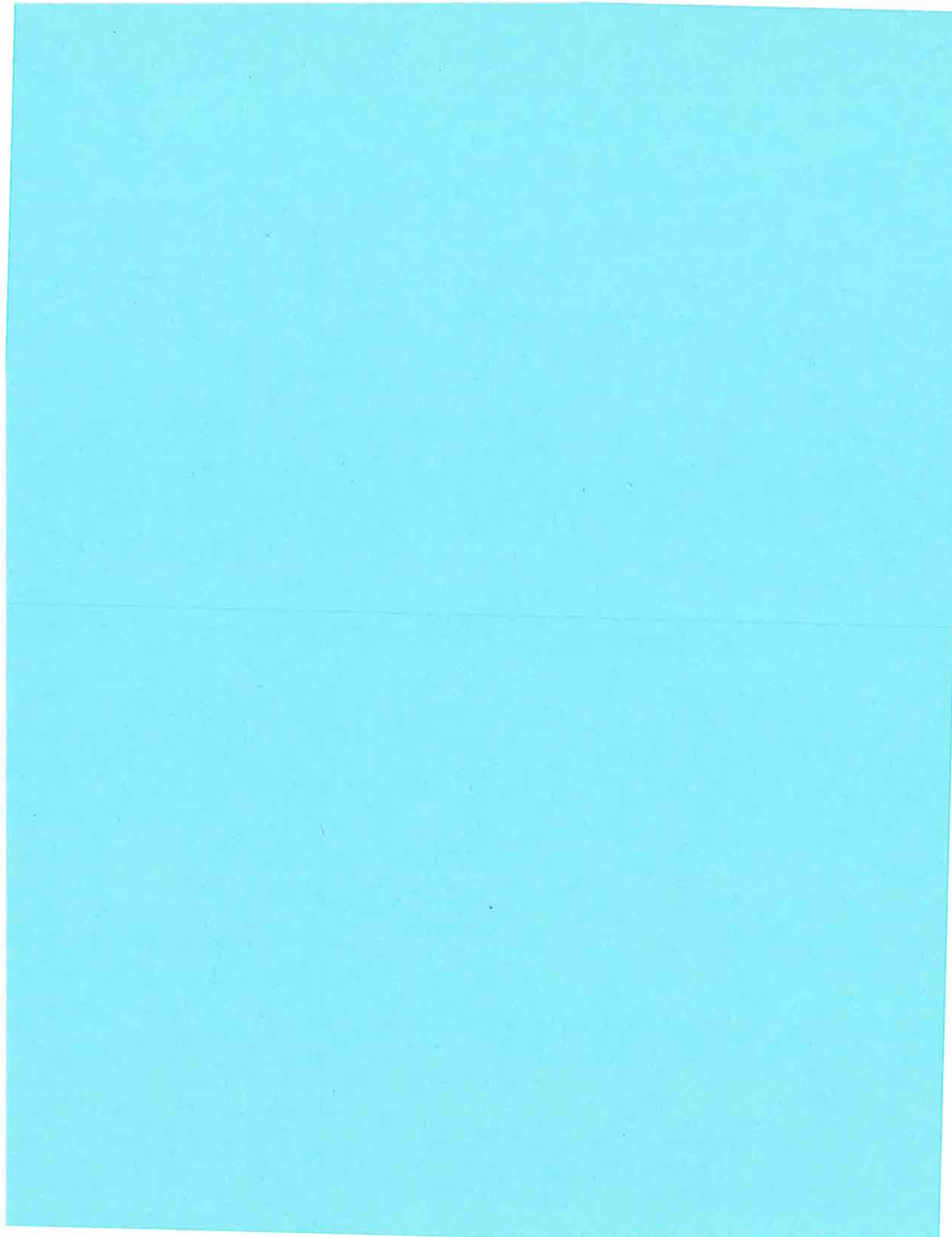
A LITTLE over a year ago I was presented with a copy of Science and Health by the friends who had at that time just organized a Scientist Sunday-school, and after reading the book through carefully I was fully convinced of the truthfulness of Christian Science. I was healed of deafness of long standing in one ear, and otherwise benefited by reading and studying that precious little book.

J.W., Frankfort, Kan.

NOTE

This testimony first appeared in the 226th edition in 1902 and it remained unchanged until the 1907 edition.

Chapter XVIII, page 654.



FOUR YEARS OF SUFFERING ABOLISHED.

ABOUT eight years ago I was a very sick woman, having gone through a severe operation, deriving but little benefit therefrom, followed by four years of great suffering. At last the physician decided that another operation was necessary. Knowing the risk, also remembering what had been promised me from the first operation, which accomplished nothing, I decided not to go through such an ordeal again.

Conditions seemed to grow worse. I had considerable trouble with my bowels, - a partial paralysis. It seemed as though there was no help for me. Just at this stage a friend called upon me who was a Christian Scientist; her presence brought the thought of Christian Science and its healing to me. I had heard of it some nine months previous, but did not connect it in any sense with myself. I asked her about Christian Science, and she loaned me some Journals. They contained a number of testimonies of healing from reading Science and Health. I decided I must have the book. I purchased it December 8, 1898, and after reading it about six weeks I was healed and pronounced so by physicians.

Through losses financially, it was necessary for me to do my housework, and I found it no effort, when, only a few months previous, some one always had to take care of me.

A little girl was born to me, February, 1899, having Science treatment only. The birth was easy and of

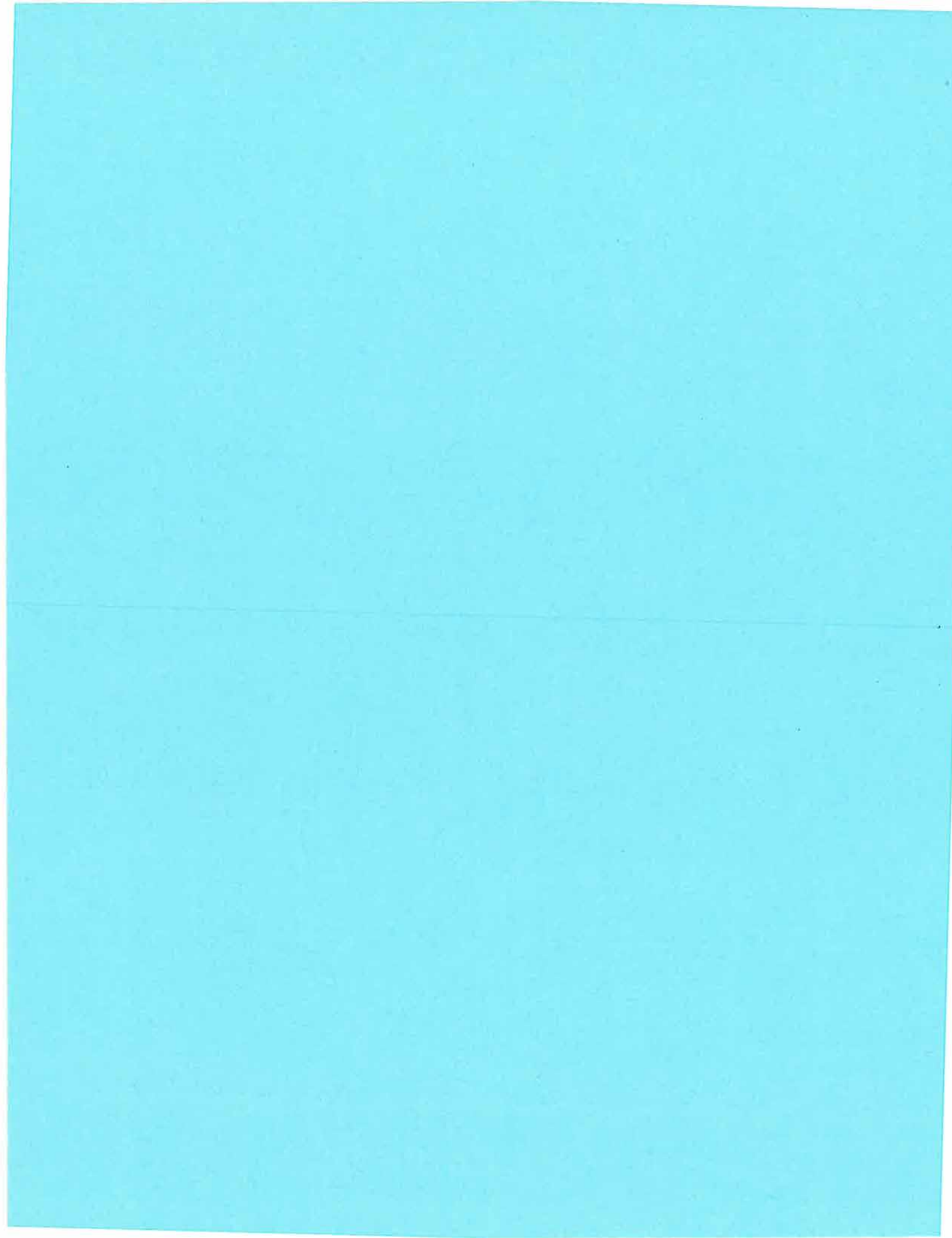
short duration, notwithstanding the laws of materia medica to the contrary; in fact, the physicians had pronounced such an event impossible.

Mere words cannot express my gratitude to our Leader, not only for the physical help, but for the spiritual uplifting, which her writings are giving me daily. I will be willing to give any one who cares to inquire further particulars.

E.M.T., Germantown, Pa.

NOTE

This testimony first appeared in the 226th edition in 1902 and it remained unchanged until the 1907 edition. Chapter XVIII, page 654-655.



HEALED OF MANY ILLS.

FOUR years ago last September, after having come home, a supposed incurable, from a sanitarium, I was perfectly healed of many illls, simply through the reading of the Christian Science text-book.

I did not study the book with any thought of receiving physical benefit. I had been told that its doctrine was of the devil, and I fully believed in the wisdom of my informant. Many were advising me to try this Science for its healing power, and it was to enable me intelligently to reason with them, and point out to such advisers the fallacies of its teaching, that I began to read Science and Health. Its first effect on me was to make me angry. What its next one was I cannot tell, for I lost sight of the "me" entirely, through the wonderful light which came to me from the thoughts expressed in that book.

One morning, just two weeks after beginning to read this Science, it dawned upon me that I was out of pain, that all sense of weakness was gone; and the thought came, Why not get up? I did get up - perfectly healed - and in a very short time, about four or five months, instead of being a family composed of invalids, ours was one of perfect health.

Among the illls which seemed to be consigned to us were consumption, dyspepsia in one of its worst forms, nervous prostration, heart disease, poor sight, and need of three operations. I had worn glasses for many years,

and both my children were wearing them. This trouble was overcome for us all in a very few days, and to-day perfect sight is ours.

In my case, surely much has been forgiven, and therefore I love much. I love this grand, uplifting, and glorious Truth which was revealed to me in "Science and Health with Key to the Scriptures," through the unselfish, faithful, and untiring efforts of Mary Baker G. Eddy.

I.F.S., Aurora, Ill.

NOTE

This testimony first appeared in the 226th edition in 1902 and it remained unchanged until the 1907 edition.

Chapter XVIII, page 655-656.

A LOCOMOTIVE ENGINEER HEALED.

MY wife was an invalid for nearly eleven years. She was sent to a hospital for treatment, but after returning was worse than ever. A friend asked her to try Christian Science. She did so, and we thank God for what it has done. She is now well, and is helping others.

For years previous to my taking up Christian Science, I had been subject to piles, rheumatism, lumbago, heart trouble, and also the habit of using tobacco. I have been healed of all these by reading and studying Science and Health.

Two years ago I thought I would have to give up work (I am a locomotive engineer), but feel now that I am good for a number of years.

W.M.C., Clinton, Ill.

NOTE

This testimony first appeared in the 226th edition in 1902 and it remained unchanged until the 1907 edition.
Chapter XVIII, page 656-657.

MANY DEMONSTRATIONS OF HEALING.

AT the birth of our first babe, three years ago, my wife suffered untold agony for twenty-one hours, with two of the best medical doctors in attendance, and when the babe was finally born, it only lived a few minutes on account of terrible injuries received. The mother lingered in bed for a long time after. Physicians said she could never give birth to a full-term child without injury to the child and great risk of her own life.

I had heard of Christian Science, and had been cured of a fever by it, in St. Louis, but I did not understand how I was healed, and got hold of misleading books on the subject.

Here, in De Funiak, we became acquainted with one of Mrs. Eddy's loyal students, who advised me to purchase Science and Health, the reading of which healed me of many diseases; and through the understanding of the Truth as taught in that book, the birth of our ten-pound boy, November 16, 1898, was "natural and safe," and without any suffering to mother or babe.

My wife was alone when this babe was born, labor beginning and ending before I could get her message and get to the house from the store, a short distance. Mother and son are in perfect health, and have been ever since his birth, neither of them having used any kind of material medicine.

This is but one instance of many demonstrations we

have had of the power of Truth over error, and words can never express our gratitude toward all our Christian Science friends, and especially to our dear Leader, for giving us and all mankind the book that has brought such light into our home.

I.P.W., De Funiak Springs, Fla.

NOTE

This testimony first appeared in the 226th edition in 1902 and it remained unchanged until the 1907 edition.

Chapter XVIII, page 657-658.

CURED OF HEART DISEASE.

LESS than one year ago I was led to commence the study of Christian Science. For many years I had been a sufferer from catarrh and dyspepsia, and for forty years I had been a steady user of tobacco, both chewing and smoking, and of liquor in moderation for many years.

For ten years I had been constantly doctoring for catarrh, trying many remedies and getting but little relief. I also continually dieted for dyspepsia. The understanding that I gained from reading "Science and Health with Key to the Scriptures" healed me of my diseases, catarrh and dyspepsia, and also of the tobacco and liquor habit. The wonderful thing in regard to the tobacco and the liquor habit is, that those habits simply left me; there was no self-denial on my part; and when I think of the happiness and comfort I have got in one short year from reading Science and Health, believing as I do that my experience is the experience in a measure of hundreds of thousands of others, is it any wonder that we love Mary Baker Eddy? I know that she is God's chosen instrument of help to a suffering world.

My wife has also been much benefited by Christian Science. Whereas, in former years, it had been drugs, doctors' bills, and liniments continually; for the past year there has been nothing of the kind. In my wife's case the doctor's verdict was heart disease, and that she would be with us but a short time. Now her health is perfect. The understanding that I got from reading Science and

Health that God is All-in-all, that God is Life, leaves no room for catarrh, dyspepsia, the tobacco or the liquor habit. Another thing, I hardly ever receive a copy of the Sentinel or the Journal that I do not find some article that is alone worth the subscription price to me. No money would buy my Science and Health if I could not get another copy.

J.A.B., Irvington, Cal.

NOTE

This testimony first appeared in the 226th edition in 1902 and it remained unchanged until the 1907 edition.

Chapter XVIII, page 658-659.

THE CURE OF RHEUMATISM.

ABOUT twelve years since I met with an accident, falling a distance of about forty feet on a pile of broken rock. It was thought at the time that I would be crippled for life, but broken bones were skilfully set and everything done for me by my kind and skilful surgeon. But in spite of the best medical skill I was left in such a condition that I was affected by every change of atmosphere, being subject to rheumatism in one of its worst forms. For eight years I continued under the care of different doctors of materia medica, and tried almost every so-called remedy suggested, sometimes having relief for a few days; but I continued to grow worse, until for the last several years previous to my investigation of Christian Science I was unable to change my position during the night without assistance, as one limb would become entirely helpless after being in one position for a little while. I required assistance most of the time to dress. This was the state, physically, that I was in when I began reading Science and Health, and it all disappeared while I was reading. I do not know at what time I was healed, but I do know that I awoke to a realization that I was free in less than a month's time, and there has been no return of the claim. It was "Science and Health with Key to the Scriptures" that unlocked my prison house, that broke the shackles of disease called rheumatism, wherewith I was bound physically. I was a tippler, an inveterate smoker, and had no hope of immor-

talities. To my darkened thought man lived and died in matter, and then nothing - darkness - void. All has been changed through the blessed Truth. I have no desire for tobacco, and have not had for nearly two years. The belief of pleasure in the cup has disappeared. My thought is now being satisfied in the contemplation of infinite Good. Christian Science has become the principle factor in my daily life, and daily I am reaping the beneficent influence of the Truth.

J.A.K., Scranton, Pa.

NOTE

This version first appeared in the 226th edition in 1902 and it remained unchanged until the 1907 edition.

Chapter XVIII, page 659-660.

THE VALUE OF THE BOOK.

WE often hear the remark, that Science and Health is too expensive. If it were cheaper, more people could have it, and it would be doing more good. To show that this is one of the false claims of mortal mind I wish to give a testimonial as it was given by a lady in one of our meetings.

"After being treated by several physicians, and trying all kinds of patent medicine, when I was gradually growing worse, my husband heard of Christian Science, and bought a copy of Science and Health, and brought it home, saying, 'I want you to read this book, it may heal you.' I said, 'How much did you pay for it?' 'Three dollars and eighteen cents,' was his reply. 'A fool and his money are soon parted,' I answered. 'What do you think that book could do for me?' 'Read it and see.' I laid it aside, thinking it was wrong to throw away so much money when we so needed it. The more I thought of it, the more I thought I must read it, as he had paid so much for it. If it had been only fifty cents or a dollar I would have left it unread.

"I commenced reading it, and had not finished before I was healed, physically and morally, and am to-day a well woman, doing my own work; and my home, instead of being one of wretchedness, is one of peace and joy. And the book has wrought this transformation. I want to say that if I could not get another copy, a thousand dollars would not purchase this one.

"If at any time I seem to be tired, my little girls will say, 'Mamma, you had better read your book.'"

This is only one of the many instances that I might name, showing that our text-book is above price.

D.E.G., Melrose Highlands, Mass.

NOTE

This testimony first appeared in the 226th edition in 1902 and it remained unchanged until the 1907 edition.

Chapter XVIII, page 660-661.

A COMPLICATION OF DISEASES.

FOR four years I had been a sufferer from a complication of diseases, - dyspepsia, catarrh, sick and nervous headache, and rheumatism.

I had been an active member of a church for years, and many an hour I had spent in prayer for my recovery, but all to no avail. I was getting worse all the time. I had the best aid materia medica could give me, but nothing helped me, until in November, 1896, I went to a Friday evening meeting of Christian Scientists. After listening to the reading of that precious book, "Science and Health with Key to the Scriptures," I learned that God was my life; that in Him I lived, moved, and had my being; that I had no need to suffer. I never had a treatment, but through the reading of Science and Health I became perfectly well, and am not only able to keep myself well, but also, through demonstrating the allness of God, I am able to help others out of darkness into the blessed gospel light.

I have also seen the power of Truth in the healing of my two children. My little boy had an attack of cholera infantum. The doctor was called in, my wife not being a Scientist at that time, but the child was still getting worse, when the aid of Christian Science was called at 7.30 P.M. At midnight he was well. My little girl was healed of diptheria by the power of Truth as taught in our textbook. Words can but feebly express the desire of my heart to declare how much Christian Science has

done for me. It has not only helped me physically but spiritually.

E.N., Pottsville, Pa.

NOTE

This testimony first appeared in the 226th edition in 1902 and it remained unchanged until the 1907 edition.

Chapter XVIII, page 661-662.

THE CURE OF CONSUMPTION.

MY health was never good, and for four or five years I was sick more or less, when, in 1895, my health failed completely and I was sent to Colorado with what every one supposed was consumption, others of my family having died with that disease. I remained West for nineteen months, growing better and worse as I changed treatment, but never getting strong. Finally, I received help from a physician which enabled me to resume my work, but I was told that I would never be strong again, and that I must never take a permanent position, as I would soon break down. This proved only too true, as I was compelled to stop and rest every few weeks.

I became so homesick and discouraged that I determined to return to Chicago, with no hope of anything but that I might be overtaken by something that would take me out of my misery. When it seemed as though the last ray of hope was gone, and all the old troubles returned, I was advised to try Christian Science. At first I did not think much about it, but Science and Health was placed in my hands and I began to read it. I know that the first time I opened the book I found something that helped me, and I soon became a constant reader of it. One by one the symptoms left me, and before I knew it, I was perfectly healed, physically. My eyes were cured of astigmatism at the first testimony meeting I ever attended. I have not worn glasses for

nearly three years, and can see better than I ever could in my life. I have a position where I am at times compelled to work very hard, but the work does not fatigue me, unless some inharmonious thought enters in. In three years I have not lost a week from my labors on account of illness. My healing all came through reading Science and Health.

Since gaining some understanding of this new-old religion, I have been enabled to overcome many physical diseases, but what is more to me, is the way in which I have, in a measure, been able to overcome selfishness, jealousy, envy, criticism, and hatred in myself. Christian Scientists know that there is always work to do; that we must constantly work, watch, and pray, and in overcoming and mastering error, day by day, we shall eventually be able to solve the whole problem.

With the understanding of God as taught in "Science and Health with Key to the Scriptures," I have been able to demonstrate out of sickness into health; out of sorrow into gladness; from discontent and unhappiness into a harmonious, peaceful condition of thought. I am most thankful for this wonderful Truth which has revealed a new world to me through our Leader, Mary Baker Eddy, and my only desire is so to live that I may reflect Love as taught by her.

M.A. McC., Chicago, Ill.

NOTE

This testimony first appeared in the 226th edition in 1902 and it remained unchanged until the 1907 edition. Ch. 18, p. 662-664.

MANY TROUBLES HEALED BY READING SCIENCE
AND HEALTH.

IN May, 1899, I first heard of Christian Science. By reading the Bible and "Science and Health with Key to the Scriptures," I have been relieved of an abnormal growth, and many other ailments have been overcome which would have prostrated me had it not been for this Truth. My husband has been healed of smoking and the liquor habit, and of Bright's disease, pronounced by the physicians to be in its worst form. Many other troubles have been healed by the studious and diligent reading of Science and Health.

I know that God is with me in this work. I feel His presence by these uplifting thoughts, and know that I am dwelling under the shadow of His wings and He is bearing me up with His hand lest I dash my foot against a stone. Under His protection, all fear disappears, and the sunlight drives away the clouds which would hide the beauties of the spiritual universe wherein man reflects his Maker.

J.W.M., Manchester, Ia.

NOTE

This testimony first appeared in the 226th edition in 1902 and it remained unchanged until the 1907 edition.

Chapter XVIII, page 664-665.

MANY TROUBLES DISAPPEARED.

I SERVED as a volunteer in the Union Army from May, 1862, until July 6, 1865, and returned home a wreck. I was wounded three times, and ruptured in my left side by being thrown from my horse. As I grew older my troubles increased, and I became a physical wreck. This brought me into drinking, and I came near filling a drunkard's grave. I became unable to work any more. I then went, two years ago, to the Soldiers' and Sailors' Home at Erie, Pa., to die, as I thought my time was short in this life. After spending nine months there I came home to see my daughter, who was dangerously ill. After her death I intended to return to the Home again, but through a friend I got acquainted with Christian Science, and attended the first meeting on November 9, 1896. I learned there and then that I was God's child. I bought "Science and Health with Key to the Scriptures," and through reading it, and by kind advice from friends, I became able to give up all my idols; and I thank God to-day I am a man and not a slave. The book's teaching at first was a bitter pill, but now it is a sweet morsel to me. It cured me of the tobacco habit, which had continued thirty-nine years. I had to wear eye-glasses for sixteen years. Now I have no use for them. My old troubles are all giving way, for Truth has made me free, and I thank God I am able to take care of myself and extend a helping hand to others.

S.M., Pottsville, Pa.

NOTE

This testimony first appeared in the 226th edition in 1902 and it remained unchanged until the 1907 edition.

Chapter XVIII, page 665-666.

EPILEPSY AND OTHER DISEASES.

FOR twenty years I was subject to epilepsy, considered by materia medica to be an incurable disease. I have had as many as twelve spasms in a day, sometimes remaining unconscious for fifteen minutes.

I took medical treatment from two specialists in epilepsy, one in New York, the other in Philadelphia. They both said my case was a hopeless one, that it had become chronic, and the older I got, the more frequent and severe the spells would be.

I had other troubles, such as dyspepsia, a weak heart, and catarrh of the head and throat, and had taken six months' treatment from a specialist in catarrh. I had an operation performed and a piece of bone removed from my nose. One month after I had stopped taking his treatment, the catarrh was as bad as ever.

I spoke to a healer about taking treatment from her for epilepsy and other troubles. She said she would be pleased to give me treatment; but she did not think I would need it. She said she believed if I would study the Bible and "Science and Health with Key to the Scriptures" in the right spirit, and gain the understanding, I would be healed of all my ills.

I thought, as I looked at her, "This is certainly a good case for an insane asylum. The idea of my being healed of an incurable disease of twenty years' standing simply by reading that book, is preposterous."

One year ago last March I began studying Science

and Health. In a few weeks the spells became less frequent and less severe, and in six months they ceased altogether. It is one year ago last August since I have had any symptom whatever of epilepsy. I have never taken a treatment, but have been healed of all my diseases through studying Science and Health and the Bible. At the present time my health is perfect, showing that Christian Science has accomplished in a few months what materia medica did not accomplish in twenty years. I never can be thankful enough for what Christian Science has done for me, as it has made a better man of me morally, physically, and spiritually.

C.S., Pittsburg, Pa.

NOTE

This testimony first appeared in the 226th edition in 1902 and it remained unchanged until the 1907 edition.

Chapter XVIII, page 666-667.

HEALED OF ECZEMA.

MY attention was first called to Christian Science by friends in 1896. For over sixteen years I was a great sufferer from eczema, my trouble seeming specially aggravated during summer and winter. I tried many physicians, among them some of the most noted in the Western States. I consulted specialists in Montreal. I tried hot springs, baths, hygiene, electricity, patent medicines, - in fact, everything that came to my notice. All these efforts and remedies failed; in fact, each left me a little worse for the experiment.

A change of climate was suggested; my business was sacrificed, and I journeyed to the Pacific coast. I found relief for a time, but on returning to my former home a few years later, I was again afflicted as before. Other diseases now manifested themselves; such as indigestion, a general inaction, and, finally, partial paralysis.

It was in this condition Christian Science found me. My friends advised me to purchase a copy of "Science and Health with Key to the Scriptures." I received my book, and began to study. I did not appear to get much out of it at first, but I kept on reading, my health began to improve, and continued to improve, and I have enjoyed good health from that time until now.

I was in Alaska in February, 1889, and Southern California in August, and felt no bad results from extreme heat or cold; thus proving to me that one can be healthy in all climates with the understanding of Christian Sci-

ence. I had been a constant smoker of tobacco for twenty-five years, but I gradually lost all pleasure in it. I realize more every day the wisdom of our Leader in the way the great work is being done through Science and Health, the Bible, and her various writings, freed from all mortal bias or interference.

W.R., Seattle, Wash.

NOTE

This testimony first appeared in the 226th edition in 1902 and it remained unchanged until the 1907 edition.

Chapter XVIII, page 667-668.

HEALED BY READING SCIENCE AND HEALTH.

SEVEN years ago I was suffering with a complication of diseases, three of which eminent physicians pronounced incurable. The fall before I had lost a baby girl, and believing that God had taken her from me as a punishment, I resolved to lead a better life. I was continually studying the Bible, earnestly searching for the Truth, when one day I was led to take up "Science and Health with Key to the Scriptures," which, by the way, had been in the house for a year or more, and I had time and again pronounced foolishness.

The book opened at the chapter on "Prayer." What a revelation! I remarked to my wife, "This book is all right." It was from that time my constant companion. It made the Scriptures plain, which before were meaningless. It made me love them, and in a short time I awoke to find my diseases gone. I found myself a free man; and although I am but a babe, I find I am happiest when I am living the nearest to the Truth as taught by our beloved Leader. Neither tongue nor pen can express the gratitude I feel towards the one who has given us this revelation. I can truthfully say that no money consideration whatever could cause me to part with Science and Health if I could not obtain another copy. I have not used a drop of medicine during these seven years for myself or family, while before that time I was spending all my living for drugs and physicians. But the physical healing is not all.

The spiritual healing is the greatest of all blessings.
This Truth that makes free, makes us free every way.
it gives us the "peace which passeth all [human]
understanding."

C.H.B., Fruita, Col.

NOTE

This testimony first appeared in the 226th edition in 1902
and it remained unchanged until the 1907 edition.
Chapter XVIII, page 668-669.

ALSO NOTE

The third from the last line in this testimony ends in a
period (.); however, the very next line begins with a small
case letter (i), - "This truth...makes us free every way.
it gives us the..." This unusual punctuation continued in
this testimony from first to last in all editions in which
the testimony appeared.

STUDY OF SCIENCE AND HEALTH BRINGS MANY
BLESSINGS.

IT has been three years since Christian Science was brought to my notice. I then felt that it was the Truth and would bring freedom from disease and suffering. After reading the Journal one afternoon and evening, I retired, knowing I had found the Truth which would set me free. After a peaceful night's sleep I awoke very much refreshed, and as usual started to put on my glasses, which I had been obliged to wear for nearly eight years. I had scarcely taken them in my hand before I realized that all supply was in Mind, and as I could not see how glasses could aid the sight God gave me I put them away and found I could see perfectly without them. Since that time I have had no further trouble with my eyes.

After reading Science and Health for nine days I found I was no longer the suffering, depressed, and heavy-laden person I had been previous to that time. I was absolutely well, being free from all the weaknesses with which many women have been bound, as with chains, these many centuries.

Many rich blessings have since followed the careful, prayerful, and systematic reading of "Science and Health with Key to the Scriptures." My Bible, first of all, is a new and open book to me.

F.E.R., London, Eng.

NOTE

This testimony first appeared in the 226th edition in 1902 and it remained unchanged until the 1907 edition.

Chapter XVIII, page 669-670.

CHRISTIAN SCIENCE CURED THEM ALL.

THE first time I saw a Christian Science Journal was in 1893, and it awoke a desire to investigate. I got a copy of "Science and Health with Key to the Scriptures," and it has been my study ever since.

I have never joined any church, but I am convinced that the Christian Science Church is the true one. When I commenced to read this blessed book, Science and Health, I had chronic inflammation of the stomach, heart disease, catarrh, and a bad habit of chewing and smoking tobacco. This great Truth has cured them all.

When I commenced to read the text-book I was nearly sixty years old; my life and health are changed to boyhood's joy.

E.N.R., Chippewa Falls, Wis.

NOTE

This testimony first appeared in the 226th edition in 1902 and it remained unchanged until the 1907 edition. Chapter XVIII, page 670.

EXPERIENCE OF A RAILWAY MAN.

I DID not commence the study of Science and Health on account of any physical sense of inharmony, but simply as an investigation of one of the topics that was absorbing so much of the attention of my friends; but, as the Divine thought grew in my consciousness, I found myself becoming better in both mind and body. About two weeks after I commenced my reading, I discovered that I no longer required my glasses, and I have not worn them since; at about the same time my nineteen years' belief in chronic constipation disappeared. I had been on the operating table for this last-named ailment, without benefit, and here it was relieved in less than three weeks and without my knowing it. I was also wearing a truss for a severe hernia. I could not stand or sit up without my truss, and the doctors expected that I would always wear it; but three and a half months after I commenced reading I dressed hurriedly one morning, forgot to put the truss on, experienced no inconvenience, and have never had it on since, and that is now nine months ago.

My weight was in the neighborhood of one hundred and thirty-two pounds, never over one hundred and thirty-seven at my best, and to-day I weigh about one hundred and eighty pounds.

B.S.F., Council Bluffs, Ia.

NOTE

This version first appeared in the 226th edition in 1902

and it remained unchanged until the 1907 edition Ch 18 p 671

WHAT I FOUND IN SCIENCE AND HEALTH.

FROM childhood I seemed to have a terrible fear and dread of all sickness, and as soon as any symptom manifested itself I was frightened and took all the medicine I could hear of that was thought good for that particular disease; but I was not satisfied with taking medicine. I thought my sickness was caused by some sin I had committed, and I would pray to God to forgive me, and try harder to please Him. When a temptation would come to me again, I would try at first to resist it, and then this thought would come, "The Bible says, God will forgive seventy times seven, and I will do this and then pray to God and He will forgive me, for the Bible said he would."

I was gloomy and fretful, and wanted to see no one. My mind was affected and my head hurt me for years. My back had been injured in childhood by a fall, and hurt me nearly all the time. My throat was sore every time the wind changed, and I had other troubles that seemed to need surgical aid. My eyes were affected; I had catarrh, and other ailments I have not mentioned.

This was my condition when I first heard the name of Christian Science. I shall never forget the day; it was one Sunday morning, when I asked one of my neighbors for a novel to read. She said she had none, but she had Science and Health, and offered that to me. I told her I knew nothing about it, but would take it to pass away the time. I read her book when she could

spare it; I would read and then pray to know of God if it was the right way, and several days I kept on in this struggle. One night I prayed very earnestly to know if Science and Health was right, and all at once I seemed to hear a voice say, "Christian Science is what you need;" that settled the question for me, and I began the study of Science and Health in earnest.

I met a great deal of opposition. My husband thought I was going off into something dreadful; said I might just as well read Tom Paine's books, and tried hard to keep me from being led astray from the Friends' Church. My friends shunned me, and one of the church members came and told me Christian Science was a lie, and all who taught it taught lies, and they know it. I listened until she got through, and then quietly said, "I am perfectly satisfied." She seemed indignant to think, after her effort to save me, I was so calm and well-satisfied. She went away vexed, and never came again. In less than three months I was healed just by reading Science and Health.

When I learned that God does not punish his children with sickness and death, but sin brings its own punishment, a great burden rolled off me. I feel like a bird that had always been in a cage, and has been set at liberty. It seemed as though my feet scarcely touched the ground when I was first turned out of bondage, and I wanted to tell everybody I saw what Science and Health had done for me. Now I am trying to live Christian Science more and talk less.

D.L.B., Wichita, Kan.

ASTIGMATISM AND OTHER TROUBLES HEALED.

THREE years ago last June, I commenced to read Christian Science. Previous to this , my health had been poor for many years, and I had given up all hope of ever being well again. Some nine years before, I went through a serious operation. The physicians told me I would be a well woman in a year's time. As the years went by one after another, and I found their words were not true, I became discouraged, and was very unhappy. I longed to die, as I thought this would free me from suffering. I was in this state of mind when Christian Science was brought to my notice by a dear friend who had just commenced to look into it. I had no idea that I could be helped by reading Science and Health, but as I read, I found there was a great deal in it for me. In three months' time I laid aside the glasses I had worn for six years. A specialist told me I would have to wear them the rest of my life, as I had astigmatism and was far-sighted, and if I attempted to go without them, I would injure my eyes. I have never worn them since the day I first left them off, and have not suffered with headache, neither have I had any trouble with my eyes. I sew, read, and do lace work by gaslight, and feel no ill effects from it. As I continued to read, one ailment after another left me. Now I can say, I am well; I am not only well but happy.

A.L.O., North Adams, Mass.

NOTE

This testimony first appeared in the 226th edition in 1902 and it remained unchanged until the 1907 edition.

Chapter XVIII, page 673-674.

CONSUMPTION AND NEURALGIA.

I HAVE been studying Christian Science for nearly two years. I had consumption and I knew there was no help for me in medicine. After hearing of a friend's recovery from insomnia and neuralgia, I thought possibly I might be benefited.

This friend loaned me "Science and Health with Key to the Scriptures," and of course I wanted one, but as we were financially embarrassed I did not think I could buy one, but my mother loaned me the money to buy that and the Quarterly. Since then I have earned the money to repay her and get "Miscellaneous Writings," and subscribe for the Journal, etc.

It is unnecessary for me to state that I was healed of consumption and neuralgia, and that many other diseases are disappearing.

Through my understanding all the members of my family have been benefited besides a few other people.

H.D., White Cloud, Kan.

NOTE

This testimony first appeared in the 226th edition in 1902 and it remained unchanged until the 1907 edition.

Chapter XVIII, page 674-675.

HEALED BY READING SCIENCE AND HEALTH.

WHEN Christian Science was presented to me I had just passed through a siege of diseases, under the charge of materia medica. I had constant care from a trained nurse for a year and a half, under the supervision of one of the best allopathic physicians of the city in which I resided. He tried all the latest methods in his efforts to overcome the troubles which seemed to resist all his efforts. At length after a year and a half he advised my being taken to a medical institution, where he hoped for better results. There, under the best care, I gradually regained enough strength to be able to attend to my own wants. In about six months I returned home, not well, but able to take care of myself.

Some of the former symptoms returned, and my physician was called upon again. He said there was nothing more he could do for me. He had tried everything that materia medica offered, and I must just bear the pain and hope for it to wear out.

At that time I received a letter from a sister living in New York asking me to come there and try Christian Science. She told me of one of her friends who had been ill for a long time and who was suddenly and completely healed through Christian Science treatment. This brought the subject to my notice. I was told it was a method of healing without medicine. This appealed to me, as I had lost all faith in medicine. I was glad to hear there was such a system of healing.

I went to visit a friend who had passed through much sickness but was not healed by the treatment of physicians. When I saw her at this time there was a great change for the better in her condition. I was astonished, and asked her what she had been doing to produce this result. She said she had been reading a book "Science and Health with Key to the Scriptures," and using what had come to her from it. She loaned it to me and said, "You read it and see if you can be helped." I commenced to read that wonderful book, and while reading it I said, "One has to deny their senses to believe what is written here." Unconsciously I spoke the truth. I said, "I will try." I began to deny the sense of pain and weakness. One day soon after, my friend proposed to walk to her mother's, a distance of a mile. I was astonished at the proposal, as she had been accustomed to drive everywhere. I responded, "I can, of course, if you can." So we started, keeping in thought the statement in Science and Health, "Mind is the source of all movement, and there is no inertia to retard or check its perpetual and harmonious action;" and this statement also, "No exhaustion follows the action of this Mind, according to the apprehension of Divine Science." We walked to the house, had a most enjoyable visit, and when we returned home, we found the statement was true, for there was no reaction or fatigue.

This was my first demonstration of the power of Mind over the body.

I continued to apply the teachings of Christian Science, and found I was gaining strength. In three weeks I went home, and the family were surprised at the change in me. I told them it had been produced by reading Science and Health, and applying the rules given therein. My mother said, "It is a good thing for you. Send for that book." I did so at once and never, from that time, have I taken a drop of medicine or used an application of any kind. That was more than twelve years ago.

I did not realize what Christian Science is, but by obeying the directions given in Science and Health, I received the blessing, and as I went on I desired to know more of Christian Science as the religion of Jesus Christ. My heart was filled with gratitude to God, and I desired to know something of the one who had brought this revelation to humanity. I began to learn who it was, and what she had endured in bringing Christian Science to the apprehension of mortals. At last I saw and felt the blessing of her love as it flows out to all people, to aid them in escaping the bonds of sickness, sin, and death.

A.S.B., Boston, Mass.

NOTE

This testimony first appeared in the 226th edition in 1902 and it remained unchanged until the 1907 edition.

Chapter XVIII, page 675-677.

HEALED OF NUMEROUS DISEASES.

NEARLY four years ago "Science and Health with Key to the Scriptures" was handed me to read, and since then it has been guide and instructor, having healed me of numerous ills, the most troublesome being extreme nervousness and affected heart action, both claims seemingly hereditary.

For this healing I am very grateful, but if it were not all one and the same leaven, I might say I am more grateful for the religion Christian Science gives me, - one which I can take with practical results into the office, the street, and the home; with it we have not only a constant rebuke to selfishness and sin, but a way is shown whereby these conditions can be overcome and forced to give place to nobler motives.

My gratitude to Mrs. Eddy for this revelation grows in accordance with my understanding of its great worth, and my effort will ever be to live it.

J.E.R., Chicago, Ill.

NOTE

This testimony first appeared in the 226th edition in 1902 and it remained unchanged until the 1907 edition.
Chapter XVIII, page 677-678.

CURED OF SPINAL DISEASE.

IN the spring of 1888 my husband and I called on a family one evening, when the gentleman said, "We have that book on Christian Science." When my husband saw the book, he said, "That is the book we want." The next day we sent to Oakland for it. When the book came we could not read it fast enough. I read in the evening aloud to my husband, and in the daytime when he was at work I read to myself. Before I had read the book through, I was cured of what our family physician called incurable spinal disease. I was at one time overpowered by the sun, and the spinal trouble followed. One day, while reading the book, what I called my severe pain came on. I got up and began to walk about, when the thought came, "See here; I have been reading that God never made a pain; well, then, I can't have a pain if God never made one." I then went out in the garden and never thought of the pain again until my husband came home from work; then I said, "This afternoon I had a pain, and I have not thought of it until now, and it is all gone."

I have never had a return of that complaint since that afternoon. We have followed, as near as we knew how, what our dear Leader teaches.

Many troubles have come to tempt us, but we have stood firm, and Science and Health has always been our healer and teacher.

C.A.C., Los Angeles, Cal.

NOTE

This testimony first appeared in the 226th edition in 1902 and it remained unchanged until the 1907 edition.

Chapter XVIII, page 678-679.

HEALED BY READING SCIENCE AND HEALTH.

FOUR years ago I purchased a copy of "Science and Health with Key to the Scriptures." By studying it and the Bible, I was healed of what the family physician called catarrh of the throat. When he said he could do nothing more for me, I tried other physicians in Chicago and was finally advised to go to a specialist. I did so; and he said he could not cure me, but promised relief. He called my disease consumption of the throat.

The healing was perfect, and not a symptom has appeared since. We are a family of seven, and not one drop of medicine has been taken by any of us in four years. Before that the doctor was a frequent visitor at our home. We all thank God for this Truth, and may His blessing be with the ones who brought it to us.

C.E.H., Buffalo, N.Y.

NOTE

This testimony first appeared in the 226th edition in 1902 and it remained unchanged until the 1907 edition.

Chapter XVIII, page 679.

YE MUST BE BORN AGAIN.

SINCE my earliest recollection the thought of invalidism has been held over me. All the diseases of my ancestors for generations seemed to be fastened upon me, and I was in the hands of the doctors from babyhood up.

I was told by the learned profession that no power on earth could make me a well, strong woman; that my parents were not well; that I had inherited all this; that I must be patient and make myself as comfortable and happy as I could. My Sunday-school teacher would tell me it was God's will, and perhaps He needed me in His home above, and that I must prepare to die. The picture of heaven was drawn, to show me how lovely it would be. Nevertheless I wanted to stay on earth.

So time passed until nine years ago all hopes were lost of my being restored to even partial health, the physicians saying there was a complication of diseases, but the most serious difficulty was a tumor beyond the reach of surgery. As I was failing fast, it was not thought possible I could live longer than two months.

Just at this time, when I had given up very unwillingly to die, a lady living thirty miles away, hearing of me through my husband, begged him to have me read a book she owned, and said simply reading it had done wonderful things. I secured the book, opened it indifferently, little knowing its contents. After reading awhile, - shall I tell you the words which held me spell-

bound, caused a load to fall from me, and lifted thought heavenward, in praise and thanksgiving? It was the words which, even to-day, seem illuminated: "There is no death." How fully that statement was accepted I scarce can tell, but it changed the entire current of thought. It caused me to say, "Go, take down the clothes prepared for the burial, put them with other clothing, for I am not going to die. God does not require it." My order was obeyed. How they pitied me for having false hope!

From that time medicine was discarded; everything burned which would burn, even to a porous plaster. Bottles were thrown away with their contents; and I read the wonderful, beautiful words of Truth.

As I had never heard of Christian Science before, I knew not where to find a healer. What was I to do? "Deny the evidence of the senses," said the inspired word, Science and Health. I did so when the senses cried out, "I am a reality and I will be heard." Many a hard battle was fought, and many a victory won. I have rejoiced over the downfall of many diseases, and realize how "trials are proofs of God's care."

M.J.D., Mansfield, O.

NOTE

This testimony first appeared in the 226th edition in 1902 and it remained unchanged until the 1907 edition.

Chapter XVIII, page 679-681.

A GRATIFYING EXPERIENCE.

I WAS led to investigate Christian Science a little more than a year and a half ago, through the influence of a niece, who came here from the State of Minnesota for a visit among friends and relatives. It needed only one glance into her face to tell us that a wondrous change had taken place, for instead of the weary, sickly woman who had never been strong enough, as we once knew, to endure anything, she was now the picture of health, life, and enjoyment.

Among the various articles unpacked from her travelling satchel I noticed a book entitled "Science and Health with Key to the Scriptures," together with a small Bible, both showing evident marks of having been used. I knew before this that she was an advocate of Christian Science, for her letters had frequently contained references to the subject, but beyond some anxiety lest in her devotion to its Cause she might some time let herself or some of her family die, when medical aid might save them, I had treated the whole matter with indifference.

Now, however, indifference changed to wonder; from that to interest, and a desire to know for myself something about Christian Science; and before our niece departed for her own home, my brother and I had decided that we must at least subscribe for the Journal.

She advised us if we could not afford both, to get Science and Health first; this advice resulting in our

sending for both at the same time.

Science and Health came to hand first; my brother commenced the study right away. He had not read the book through, when I noticed his pipe had disappeared; where, I knew not, but asked no questions, for I was only too glad to have it gone from sight. We had remonstrated with him so often about the use of tobacco, all to no purpose, that I instantly knew Christian Science must have credit for the victory now, and I began to look forward with hope for further victories. They were not long in coming, we can all see so many victories and so much of the goodness of God in everything when we once begin to open our eyes to Truth. About this time we commenced attending the Church services held here. A few weeks later my husband consented to give Christian Science a trial in his own case. For many years he had been subject to very sudden and dangerous attacks of an illness which often threatened his life, every attack leaving him prostrated in strength for several days after. Many doctors were tried, and much medicine recommended had been purchased at the drug-stores, all in vain. He was growing worse, for his illness was becoming more alarming by becoming more frequent. Christian Science was the last and only hope. But it stood the test; he was saved, and is now a well man, endures work, fatigue, exposure to all kinds of weather with a cheerfulness I never saw in him before.

My own healing has also been most gratifying. I

have been helped in such a general way, I can hardly make mention of any special illness.

Since the commencement of this writing, my brother has told me, for the first time, of how the love and desire for tobacco left him one day while he sat by the fire reading Science and Health. He said he felt all at once he should never want it any more, and immediately opened the stove door and threw his pipe therein, and has never wished to use it since that time.

If any one should wish to ask any more questions with reference to this, I shall be willing to answer them. In conclusion would like to say that I am thankful, truly thankful, every day and every hour, that God has given us so good and faithful a leader as found in the person of the Discoverer and Founder of Christian Science.

A.D.J., Battle Creek, Mich.

NOTE

This testimony first appeared in the 226th edition in 1902 and it remained unchanged until the 1907 edition.

Chapter XVIII, page 681-683.

HEALED PHYSICALLY AND SPIRITUALLY.

SOME seven years ago I began to investigate Christian Science. For three or four years previous the subject had forced itself into my consciousness through various cases of healing among my acquaintances. These were not nervous or hysterical cases, and some of them were cases of long standing. One of these was that of a married lady who had not walked for many years, the daughter of an eminent physician. A few treatments completely restored her, and the following year she made a tour of Europe with her husband. This demonstration interested me very much, and every time I thought of it something within said, "Investigate."

About this time I secured the text-book, "Science and Health with Key to the Scriptures," and began its perusal. My first impressions of the book were not favorable, but I was determined to give it a fair hearing, and as I persistently continued the investigation, the light soon began to dawn. I want to say here that I did not undertake the investigation simply to get relief from physical suffering, although I had been a mild sufferer from several chronic ailments for years, but I took up the study mainly because I was very much dissatisfied with the life I had been living for the previous quarter of a century. It was not satisfying. I longed for that peace which passeth understanding, but which I had not found.

When I began reading the text-book, I had been

afflicted with a serious case of nasal catarrh for about thirty years. This was accompanied by partial deafness, impaired sense of smell, catarrhal headaches, frequent colds, etc. For over twenty years I had been a sufferer from stomach and bowel troubles, neuralgia, frequent malarial attacks, and other minor difficulties. With a view to getting relief from these various ailments, all of which had become chronic, I had taken medicine almost constantly during all these years.

By the time I had read the text-book through the first time, these various troubles commenced to assume a milder form, and presently began to disappear, one by one, until all were gone. Thus I was healed physically as well as spiritually. These splendid results were not obtained in any miraculous way or in a brief space of time, but they were the fruits of a systematic course of study as laid down in the text-book, regular attendance at the services, reading Christian Science literature, a gradual growth in grace, a gradual putting off of the old and putting on the new.

In addition to my own healing there were two remarkable demonstrations in our family. A large tumor of three years' growth was removed from the neck of our son, a young man of twenty-five, by two or three months' treatment in Science. This tumor was as large as a man's clenched hand and exceedingly hard. One of our daughters was cured of an abscess in her head, the result of a severe cold, by two treatments, after many days and nights of suffering before she would

accept Science.

W.A.S., Omaha, Neb.

NOTE

This testimony first appeared in the 226th edition in 1902 and it remained unchanged until the 1907 edition.

Chapter XVIII, page 683-685.

HEALED BY READING SCIENCE AND HEALTH.

I WAS in poor health for eight years, and grew worse all the time, until at last I went to a hospital in Montreal and submitted to an operation. This left me in a worse condition in some ways than I was before. That was in November, 1894. We lived in Canada at that time, but the next summer we came to Vermont to take care of an old gentleman whose daughter is a Christian Scientist and is away from home all the year, except during the month of August.

I did not know anything about Christian Science. I remember telling my husband that I supposed Miss C. would preach her Spiritualism all the time.

By this time I had ceased to use medicine of any kind, having lost all faith in it, and was convinced that nothing but God could heal me. I could not believe that God was the author of sickness, but I thought I ought to be reconciled to my lot as long as I did not have faith enough to be healed. I prayed all the time for health, and believed I could find it if I only knew how. I felt discouraged and worried all the time.

This was my condition when Miss C. came home in August, 1896. I saw right away that she was happy and in good health; but to my surprise she did not mention her "Spiritualism" to me until I became very anxious to know what her belief was. One morning I introduced the subject, and found her very willing to talk.

I shall always remember the talk we had that morning. I accepted some ideas very readily, but when she told me about "Science and Health with Key to the Scriptures" I thought I would be on my guard, and not be led astray. However, I decided to read the book and see if I would be healed. I could not understand it, but I continued to read, for I was determined to give it a fair trial. In two days I was very much stirred up. I would lay the book aside, thinking I would let it alone, but in a few minutes would pick it up and read again. The third day I began to get better, but did not say anything about it, for fear I would get worse again. In about a week I became aware that a cloud was lifted from my mind. I felt happier than I had for years, and was free from worry. Then I said I was getting better. I continued to study, for I knew I was being healed. I knew very little of the value of Science and Health. Although I was much better, I was not "every whit whole," and had many battles with error, but Truth was always victor. Last March I began to help others, and have found God a very present help.

C.A.M., Waterford, Vt.

NOTE

This testimony first appeared in the 226th edition in 1902 and it remained unchanged until the 1907 edition. Chapter XVIII, page 685-687.

CASES OF HEALING.

WHEN I began reading "Science and Health with Key to the Scriptures," two years ago, I thought I was nearing insanity, that I would either lose my mind or die of a broken heart. I seemed to be surrounded by trouble. I had been a member of a well-known church for twenty years, and although I tried to serve God and earnestly prayed to Him for help and guidance, yet He seemed too far away to hear me. In this seeming state of desperation I took up Christian Science. Within a few days I seemed to enter a different sphere. I became acquainted with God. I found that He was very near to me, that I was not alone and friendless, that He did love me and had always loved me. What a blessed revelation it was to me! A ray of God's everlasting sunshine poured into a weary, heavy-laden, sin-sick heart. It came to stay to dispel sorrow, sickness, and sin.

At that time I was wearing one pair of glasses all the time for the belief of astigmatism, and when I wished to read or sew I put on the second pair. In less than a month after I began reading Science and Health I laid off both pairs, and I know that I can see just as well as I ever did.

My daughter when but four years old was stricken with hip disease. Everything that money could do for her was done, and I feel like saying that every conceivable form of torture was put upon her. For ten months

she lived in an iron brace, eight months she lay in bed with a weight on her limb. After these months of torture the attending physician said nothing but an operation would save her life, that it would be necessary to take out a portion of bone in the leg about six inches long. It seemed to me that she could live but a short time.

After a day of earnest prayer and thought I said to the physician, "You cannot operate on my child; if she must die, I am ready to give her up." He left the house, saying, "I can do no more; I leave the case with you." I carefully nursed her day and night. I watched her. I saw her grow a little stronger, a little brighter. The weight was taken off, and after three years of anxious care she stood up on crutches, one limb three inches shorter than the other. She grew strong enough to walk without crutches, then she wore a cork sole shoe. She was very delicate and could endure but little. Just previous to my taking up Christian Science she seemed to pass into the last stage of consumption. She was treated by two of the best physicians in the town where we lived, but was not helped. I then took her to one of the best physicians in Chicago. He said nothing could save her, that she had inherited consumption, and could live but a short time. Again I believed that I must give her up. Then and there I took the little book, Science and Health, and through it I got a better understanding of God as Life, Love, Truth. In one night she was healed of consumption. This was nearly

two years ago. She has also been healed of astigmatism, after having worn glasses for ten years. She has laid off the cork sole shoe, and while one limb is yet a little shorter than the other, the lameness is hardly noticeable. This is the greatest demonstration we have had of God's love and power, but we have many others, each one enough to prove beyond any doubt that divine Love can and will meet our every need. Words cannot express our gratitude to dear Mrs. Eddy for her book, Science and Health, which is our "daily strength for daily needs." I would like to tell her all it has done for us.

M.L.S., Chicago, Ill.

NOTE

This testimony first appeared in the 226th edition in 1902 and it remained unchanged until the 1907 edition.
Chapter XVIII, page 687-689.

ANAEMIA HEALED.

BECAUSE many would-be friends complain, and others remark that the instances of healing never show what is being done in England for the glory of God and the advancement of Christian Science, I offer three testimonials.

A little over two years ago I heard of Christian Science and attended the opening service of our new church. At the close of that first service I bought "Science and Health with Key to the Scriptures," and after reading it for nine days I became healed of a malady I had borne for thirty-five years; periodical attacks of biliousness and severe sick headaches, laying me aside for days together. I had tried every known remedy and had studied physiology, hygiene, chemistry, etc., to obtain relief and possible cure, but all failed. I have not had a single attack since, or taken a grain of medicine of any kind. I can now enjoy a sail on the stormy ocean without even a sense of sea-sickness, but instead receive the greatest pleasure and enjoyment from a sail on the ocean wave.

But more. With growth in the divine understanding I am becoming a healer of others. In November last I was informed of a man dying in our Croydon Hospital. He had been sent there after his doctor had given him up. His complaint, anaemia, was of the worst kind. There apparently was not a drop of blood left in his body. Every means was resorted to by the doctors, but

of no avail. After he had been there a week the doctor gave him up, telling his wife nothing could save him, and it was expected he would die during the night; but see the result: I declared the Truth, and the demonstration of the Truth in relation to this dying man resulted in his awaking in the morning quite well, quite strong. I visited him, found him up and dressed, and he is now doing his daily work again. I distributed Christian Science literature to ten other patients.

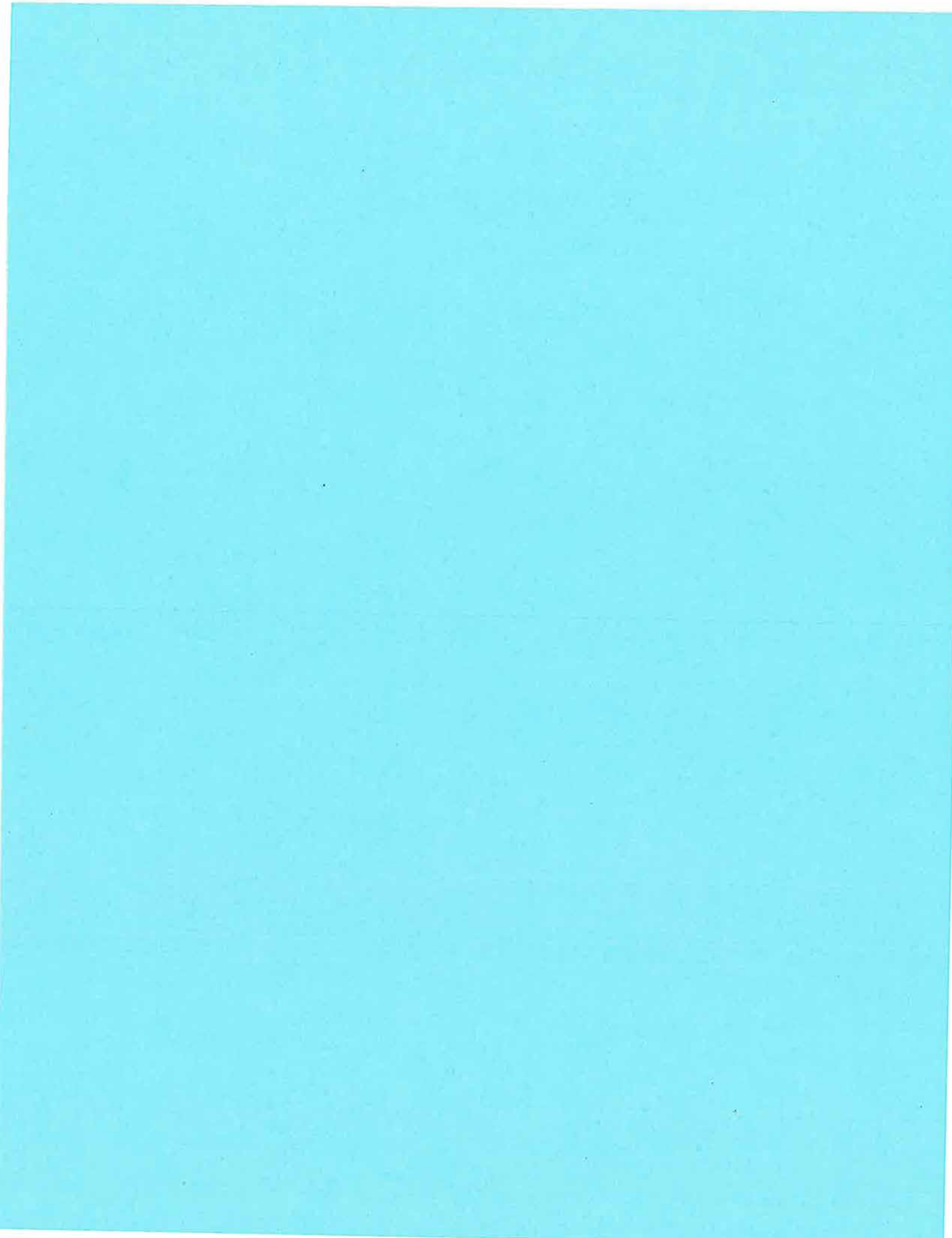
In the month of December, 1899, a patient in the same hospital underwent an operation; he caught cold, erysipelas set in, had brain fever, temperature rose to 107. I called at the man's home, got permission to treat this case, and sent word to the man himself (I was known to him). Four days after treatment I visited the hospital. The man had recovered. A few days after he left the hospital and is now quite well, back at his employment. To our triune God - Life, Truth, and Love - be all the glory.

H.F., London, Eng.

NOTE

This testimony first appeared in the 226th edition in 1902 and it remained unchanged until the 1907 edition.

Chapter XVIII, page 689-690.



INTERESTED THROUGH READING SCIENCE AND HEALTH.

I HAVE heard it argued that all who come into Christian Science become interested through the healing. I did not become interested through a desire for healing, but through reading "Science and Health with Key to the Scriptures." It explained the Bible so that I could understand it. I could not understand it previous to reading Science and Health, although I had tried to do so. I was also very much impressed by this fact, - that Christian Scientists practised their religion as well as preached it.

After learning of the benefits to be derived from this beautiful Truth, I had a great desire to be able to help others who needed the help Christian Science could give. With this thought I began to read and study Science and Health. After several months, I was healed of a disease of five years' standing. Besides taking many kinds of patent medicines, I had been treated by several of the best physicians, and seemingly helped at times, but never healed until I was healed through the understanding of the Truth.

M.E.C., Cambridge, Mass.

NOTE

This testimony first appeared in the 226th edition in 1902 and it remained unchanged until the 1907 edition.

Chapter XVIII, page 691.

HEALED BY READING SCIENCE AND HEALTH.

WHEN I came in contact with Christian Science I was hopelessly miserable. I felt as if life were a failure and there was more sin and suffering than anything else. Afflictions of many kinds had fallen thick and fast around us. Some were such as could be put down with a brave heart, but those which struck at me through my children were more than I could bear. I lost courage, my health failed, and I was so miserable and cross that I wonder at my husband's patience with me.

About this time I had occasion to spend several months in New York City, and there I was thrown with Christian Scientists. I was at once impressed with their cheerful, happy, loving ways. This was so unusual that I knew there must be some power back of Christian Science, and when in the course of conversation they told me that right thinking was the basis of right acting, and if one's thoughts were filled with good there would be no room for evil, it at least made me think. I attended the church three times, and it never failed to bring a sweet sense of peace and cheer.

After I left New York I studied the Bible closely and soon found that Christian Scientists put the proper interpretation on it, and I wrote to New York for Science and Health.

Strange to say, at this time I had a great desire to read this book. Drugs had failed to help me, but I did not suppose Christian Science would heal me physically.

I only hoped it would bind up my broken heart and show me how to be better and how to help others. It did more than this; far more, it healed me of sick headaches, indigestion, internal trouble, terrible colds and coughs, and many other things; but the sweetest thing and the one I am most thankful for was, it taught me how to love.

Out of my heart of hearts I thank and love Mrs. Eddy, not only for my own healing and saving, but for those whom I have helped. It may bring joy to them, but it brings more to me. I have had difficulties to overcome, but "His grace is sufficient."

A.C.B., Macon, Ga.

NOTE

This version first appeared in the 226th edition in 1902 and it remained unchanged until the 1907 edition.

Chapter XVIII, page 691-692.

HEALED BY FAITHFUL STUDY OF SCIENCE AND HEALTH.

THE half can never be told of what Christian Science has done for me, but I desire to relate my healing of inherited consumption. It was five years before I could say, with solid conviction, I am healed, - healed by the Truth as revealed to my understanding by the study of Science and Health. The healing was the result of constant and earnest striving to know the Truth which will make all men free. Science and Health was my healer. My mother and all her family and also a sister of my father's had passed away with lingering consumption.

My sister and myself had received our so-called inheritance of the flesh, - consumption. We were both given up by the doctors as incurable. I was confined to my bed the greater part of twelve years. The last physician whom I employed was a noted practitioner, a specialist in San Francisco. He was well known in Europe as an eminent physician. He knew of no climate that could help me. He said, "I can only compare you to a sensitive plant. Touch you with either heat or cold and you wither." Such was my condition until I became a student of Science and Health. I have been healed six years, and am now trying to do all the good I can in the name of him who said, "He that believeth on me, the works that I do shall he do also."

If there are any who are waiting longer than they wish for their healing, let me say, "Be of good cheer,

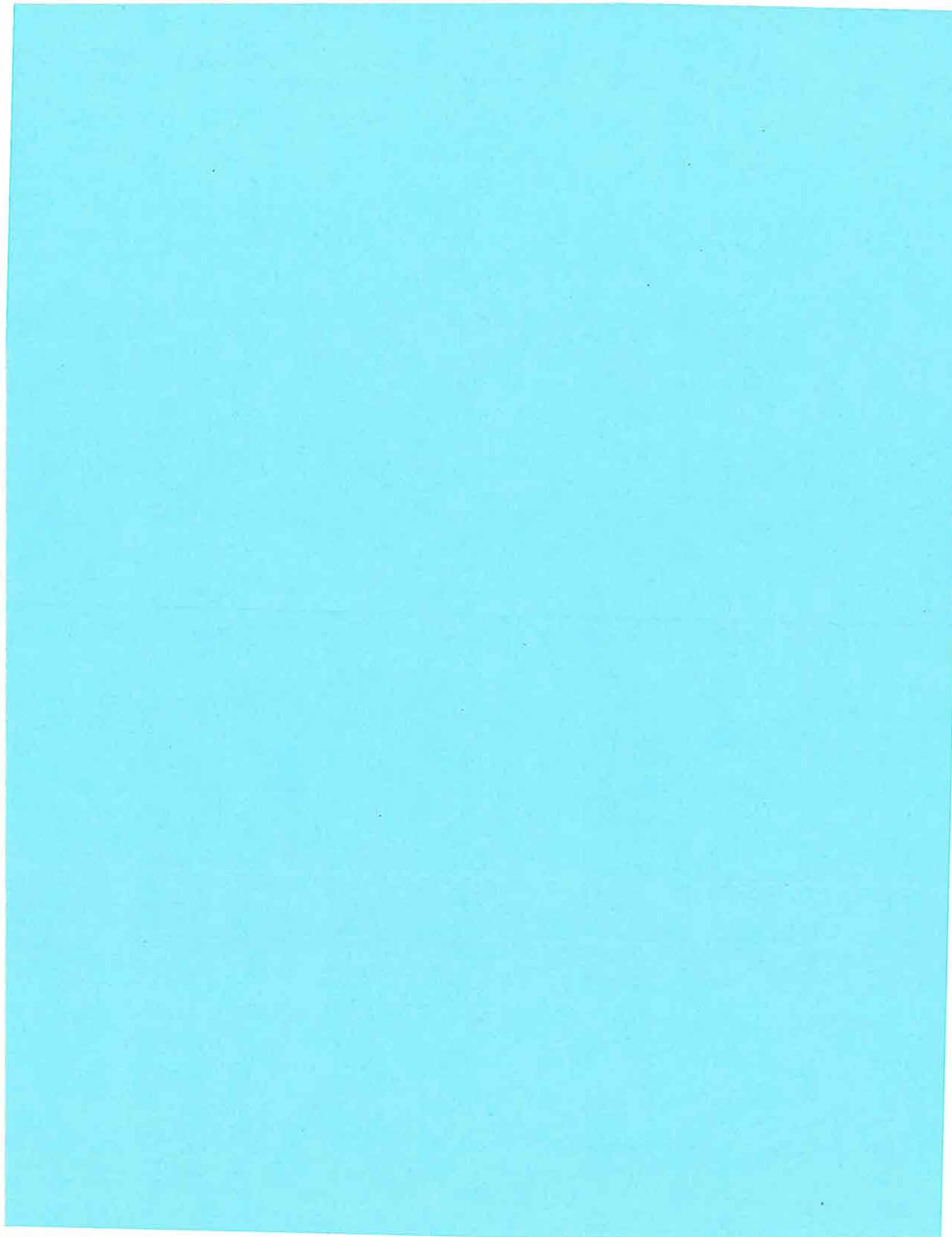
it will certainly come, if you trust and faint not."

L.A.Y., Los Angeles, Cal.

NOTE

This testimony first appeared in the 226th edition in 1902 and it remained unchanged until the 1907 edition.

Chapter XVIII, page 693.



AWAKENED TO HEALTH AND HAPPINESS.

ABOUT four years ago I was liberated from bondage by the still, small voice of Truth. When I first heard of Christian Science I was at a sanitarium. The physician told me that a doctor who would say I could be healed, either knew nothing about his profession or had no regard for the truth. That night my pillow was wet with tears. Suddenly the sweet thought came, "The doctor is mistaken, you will get well." The tears were wiped away, and I rested sweetly.

In a short time I received a letter from my mother, which told me of the healing of a friend who had been an invalid several years, and whose case was considered hopeless. She had been under the constant care of prominent specialists in the North, and finally, when all material means had failed, she, as a last resort, had Christian Science treatment and was healed. She sent me the name and address of the lady who had treated her, with the request that I apply to her for help.

The thought of Christian healing appealed strongly to me, but I did not understand how a lady in Chicago could help me, while I was so far away. I thought if this is God's work, why cannot I go direct to Him for help? This I decided to do. I went home, and while using material remedies, I prayed to a corporeal God to bless them, and to please let me get well.

Seeing that our prayers and remedies were unavailing, we decided that travel and a change of climate would

prove beneficial; so we went to Texas, travelled from place to place, drank mineral waters, and consulted physicians. Finally, we went to San Antonio, and I was placed under the care of a noted specialist. After four months' faithful work he gave up the case. He was puzzled to note that the medicine had the opposite effect from that intended. The last physician who treated me gave me morphine in large doses to quiet the terrible agony I suffered at times. He did not hope to cure me.

About seven years from the time I first heard of Christian Science, I was visiting my mother in Mississippi. A young lady called, whose presence animated me with hope. I had met her in San Antonio a few months before, where she had gone for treatment, and judging from appearances, I thought she would never get well. At the time of her visit she seemed the very embodiment of health and happiness. I said at once, "What has brought about this wonderful transformation?" She told me about her healing and about Science and Health, and that many were healed by simply reading it. I saw in the expression of her face, and felt by the mental touch, that she was in possession of the Truth for which I was famishing. I said, "What you have I want." I ordered the book from the nearest available point. So hungry was I that I could scarcely wait for it to come. When it did come, on my birthday, I gave myself up entirely to its perusal. Day by day I read and pondered the words in my heart and was awakened. Never shall I for-

get the sweet uplifting that came. I forgot I had been sick, I forgot all else, in a sweet realization of the ever-presence of Love. In a short time I was healed. The last four years have been years of health and happiness, and I owe it all to Christian Science.

J.M.M., Houston, Tex.

NOTE

This testimony first appeared in the 226th edition in 1902 and it remained unchanged until the 1907 edition.

Chapter XVIII, page 694-695.

LOVE SUPPLIES ALL OUR NEEDS.

AFTER reading Science and Health for some few months I saw that I must stop hating. At that time my sense of hate was centred on one who had been with me in a mining enterprise and who caused me to lose a large sum of money. By meeting the thought of hate with love every time it presented itself, it was finally utterly destroyed in my own consciousness. About that time, in my efforts to be established as a Christian Science practitioner, our finances became very low, and with nothing in sight from which to replenish our stock of needful things. With the cupboard about empty and the rent almost due, error screamed louder and louder, and the greater the lack seemed to be the harder my wife and I worked to meet it with Truth, but seemingly without success. When our cash on hand got down to thirty cents, with rent due and no sign of an income, there seemed to be but one thing to do and we did it. We sold our household goods and went to boarding.

I then looked for material work, but still held in thought that I had God's plenty and would demonstrate it. I could find nothing to do but to solicit orders for a coal firm, and that did not bring much income. Going about in this work, I went to the gentleman above mentioned to get an order from him. At this meeting (though we had stormy ones before) there was not a sign of that old evil - hate - present. Meeting him again the following day, he requested that I should join him and

his partner in their business. The thought of becoming his partner had never occurred to me. The proposition was that I was to put in no money and get one-third of the profits of the concern, to which I agreed, and with the result that during the past eighteen months I have had our living expenses out of the business, and on December 8 last received thirty-five hundred dollars cash as my share of profits.

L.H., St. Louis, Mo.

NOTE

This testimony first appeared in the 226th edition in 1902 and it remained unchanged until the 1907 edition.

Chapter XVIII, page 696-697.

HEALED BY READING THE BOOK.

TWO years ago I knew nothing whatever of Christian Science, and when it was first brought to my notice, I asked numerous questions in regard to it in a skeptical way, having no faith in such a thing as mental healing. For upwards of fifteen years I had been an agnostic. In my early days I had been a member of a Protestant church, and not having received the comfort and peace I was looking for at that time, and becoming, in consequence, very much dissatisfied, I finally drifted away from religious circles altogether, until I became practically an infidel, or at least an agnostic.

When asking questions about Christian Science, I was referred to Science and Health, and commenced reading this book. At first I was puzzled, but stuck to it (for I was looking for the Truth at this time), and having imbibed somewhat of the spirit, conceived the idea of putting it into practice. For some time I had been compelled to wear glasses specially ground for a bad case, as the oculist pronounced it, of astigmatism. If I did not wear them when working, I would soon have a headache, which would compel me to stop. I was enabled, through the simple reading of this inspired book, to lay aside these glasses, and have not felt the need of them for more than eighteen months. Also I have been an inveterate tobacco smoker for a number of years, and considered this habit my chief source of enjoyment; but at the same time that I removed my glasses, I stopped smoking,

and have not had any desire to resume the habit from that day up to the present time.

But more than this, far more, is the wonderful revelation of the Truth, the finding of a God that can be understood and reached.

Once more I wish to express my gratitude to the Founder of Christian Science and author of Science and Health, and my daily prayer is to obtain more and more of the understanding which is set forth in her cherished works.

J.P.H., Chicago, Ill.

NOTE

This testimony first appeared in the 226th edition in 1902 and it remained unchanged until the 1907 edition.

Chapter XVIII, page 697-698.

HEALED BY READING SCIENCE AND HEALTH.

ABOUT four years ago I met two young ladies who told me of their, to me, wonderful healing through Christian Science. They were very earnest and honest, and as I had an opportunity to watch their every-day life I had positive proof that they had perfect health without the use of drugs, - and no fear of food, climate, or disease; above all, they had peace and happiness. These things I desired above all else, for I was a great sufferer, with a miserable disposition, and was afraid of everything in the world. I was afflicted with catarrh, female trouble, lung and throat trouble, neuralgia, rheumatism, and indigestion.

I was a physical wreck. The doctors had failed to cure me of anything, but for a while relieved me somewhat. Soon I had to drink hot water and apply hot water as my only relief from pain.

What happiness I experienced when I became convinced that God had not sent this suffering on me, as I had been taught. I persuaded my husband, who was bed-ridden, to try the Christian Science treatment, and he was healed in a month.

I thought as soon as I could afford to pay for treatment I would take it, but felt in no hurry, as I had suffered so long I had become accustomed to pain and was in no fear of immediate death.

While I waited I bought a copy of "Science and Health with Key to the Scriptures," by making a sacrifice. I went to the Christian Science Church regularly,

and listened to every conversation on the subject, picking up crumbs of Truth, for I was starving, suffering, and miserable.

I accepted willingly the statements I read in Science and Health, whether I understood them all or not, and to my astonishment I began to get well without treatment from any one. Nothing I ate hurt me; weather began to lose its power also.

As sunshine banishes clouds and light darkness, the diseases disappeared from my body. I have used no drugs and am in perfect health; and this healing, being lasting, caused my relations to know that in Christian Science there is help for the sick when doctors fail, so they are now in health also, having tried the same fountain from which flows only pure, good water - Truth's fountain - Science and Health.

A.L., Dallas, Tex.

NOTE

This testimony first appeared in the 226th edition in 1902 and it remained unchanged until the 1907 edition.

Chapter XVIII, page 698-699.

HEALED AFTER MATERIAL MEANS HAD FAILED.

IN the fall of 1895 I first heard of Christian Science. I was at that time confined to my bed with no expectation of ever recovering, as my physician, who was one of the leading physicians in Philadelphia, where I then resided, had told me he could do no more for me. I had undergone a serious operation in the hospital, where I remained four months without receiving any benefit. I was then brought home in a much weaker condition than when I went. I kept my room and most of the time was confined to my bed, eight months longer, until Christian Science was brought to me. The operation at the hospital had greatly aggravated the nervous prostration from which I was suffering in addition to many other troubles. The stomach could not retain food. I was wasted to a skeleton. The eyesight was badly impaired from a painful form of astigmatism. There were times when I could not bear the light, and other times when I could not endure the darkness and had to keep a light burning all night. I was fitted to glasses, but was unable to wear any of them. Words cannot describe the agony of those months, both mental and physical, but Christian Science has changed it all, giving me a new heaven and a new earth; the heaven and earth of the scientific understanding of God as Love, who heals all our diseases.

From a condition of extreme suffering and emaciation, I have come to a realization of perfect health, strength, and happiness, through the teaching of the Christian

Science text-book, "Science and Health with Key to the Scriptures."

I.F.L., Baltimore, Md.

NOTE

This testimony first appeared in the 226th edition in 1902 and it remained unchanged until the 1907 edition.

Chapter XVIII, page 699-700.

